

Curriculum Vitae

Mickey Sperlich, PhD, MSW, MA, CPM

CONTACT

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EDUCATION

- 2014 PhD Dual Title in Social Work and Infant Mental Health, Wayne State University
Dissertation; *Trauma Exposure, Posttraumatic Stress, and Depression in a Community Sample of First-Time Mothers* (Dr. Arlene Weisz, Chair)
- 2012 MSW School of Social Work, Wayne State University
- 1994 MA English Literature, Eastern Michigan University
- 1983 BS Special Education, Eastern Michigan University

RESEARCH STATEMENT

I am committed to developing trans-disciplinary approaches to address the sequelae of sexual violence and other trauma, particularly for childbearing women. This includes developing and evaluating interventions which address issues experienced by survivors of trauma and which are directed at interrupting intergenerational cycles of violence and psychiatric vulnerability.

ACADEMIC EMPLOYMENT

- 2015-Present Assistant Professor, School of Social Work, University at Buffalo
- 2014-Present Adjunct Clinical Instructor, School of Nursing, University of Michigan
- 2013-2015 Adjunct Faculty, School of Social Work, Wayne State University
- 2014 Adjunct Faculty, School of Social Work, University of Michigan

OTHER EMPLOYMENT EXPERIENCE

- 2013 Dean's Assignment, School of Social Work, Wayne State University, Detroit, MI
Summarized instrumentation and survey methodology and updated psychometric data for the CDC-funded project *Strengthening supports for healthy relationships: A Gender-sensitive, mixed methods analysis of protective factors for intimate partner violence* (Kernsmith, PI)
- 2011-2012 Internship, The Guidance Center, Kids-TALK Child Advocacy Center, Detroit, MI
Performed intake assessments with new clients and developed individualized treatment plans, and provided therapy for children with disclosed abuse, utilizing trauma- focused cognitive behavioral therapy techniques

- 2010-2011 Internship, Matrix Human Services, Readers are Leaders Program, Detroit, MI
Assisted with mother-baby playgroups and parenting sessions in Southwest Detroit; assisted with home-visiting program to perform developmental assessments for infants and toddlers; attended community organizing meetings to learn about issues and actions to promote civil rights for undocumented workers, and prepared grant applications for RAL program funding
- 2005-2011 Childbearing Studies Projects Manager, University of Michigan, Ann Arbor, MI
Project Director and/or Co-Investigator in Dr. Julia Seng's lab at the Institute for Research on Women and Gender, working on several grant initiatives focused on the effects of traumatic stress on childbearing outcomes
- 1987-2004 Certified Professional Midwife, New Moon Midwifery, Ann Arbor, MI
Provided prenatal, birth, and postpartum care in busy private practice partnership, serving women and families of southeast Michigan. Trained 12 women as midwife apprentices during this time.
- 1985-1992 Childbirth Educator, Informed Birth and Parenting, Ann Arbor, MI
Taught on-going series of childbirth classes to expectant families.
- 1985-1989 Special Education Teacher, Washtenaw Intermediate School District, MI
Placed, mentored, supervised and evaluated high-school aged students in district-wide community-based vocational training program. Taught job-seeking skills and fostered community placement sites for student instruction in hands-on employment skills.

AWARDS

- 2013-2014 Selected as Merrill Palmer Skillman Institute Graduate Fellow, Detroit, MI
- 2013-2014 Awarded the Wayne State University Graduate School Graduate-Professional Scholarship
- 2014 Wayne State University Graduate School/School of Social Work Doctoral Student Conference Travel Award Winner
- 2014 Awarded the Wayne State University Faculty Teaching Travel Grant for the presentation "*Defining Trauma after DSM-5: Theoretical Perspectives on Trauma Exposure in Childbearing Women*" to the Council for Social Work Education Annual Program Meeting in Tampa, FL
- 2012-2013 Selected as Merrill Palmer Skillman Institute Graduate Fellow, Detroit, MI
- 2012-2103 Recipient of the Wayne State Thomas C. Rumble University Graduate Fellowship
- 2010-2012 Pre-doctoral trainee, Merrill Palmer Skillman Institute, Wayne State University
- 2011-2012 Recipient of the Wayne State Thomas C. Rumble University Graduate Fellowship
- 2010-2011 Awarded the Wayne State University Graduate School Graduate-Professional Scholarship
- 2010-2011 Recipient of the Wayne State University Graduate Research Fellowship

- 2011 Recipient of Wayne State University Graduate School Fellowship Writing Boot Camp Award for successful submission of federal grant, Ruth L. Kirschstein National Research Service Awards for Individual Predoctoral Fellows (NRSA)
- 2011 Inducted into the Omicron Omicron Chapter of the Phi Alpha National Society for Social Work, December

HONORS

- 2015 Honorable Mention, Society for Social Work and Research Outstanding Social Work Doctoral Dissertation Award
- 2014 One of three finalists for the Journal of Midwifery & Women's Health (JMWH) Best Research Article Award, for the article "Child abuse history, posttraumatic stress disorder, postpartum mental health, and bonding: A prospective cohort study" (Seng, Sperlich, Kane Low, Ronis, Muzik, & Liberzon. *Journal of Midwifery & Women's Health*, 58, 57-68.).
- 2012 Winner, Wayne State University School of Social Work's Elizabeth N. Brehler Scholar's Program, for the manuscript, *Asking Why: Confronting Child Sexual Abuse*
- 2012 Best Violence Research, *Psychology of Violence* Award for the article "Marginalized identities, discrimination burden, and mental health: Empirical exploration of an interpersonal-level approach to modeling intersectionality," (Seng, Lopez, Sperlich, Hamama, & Meldrum. *Social Science & Medicine*, 75(12), 2437-2445).
- 2008 Book of the Year, American College of Nurse Midwives and Elsevier Publishing Award for *Survivor Moms: Women's Stories of Birthing, Mothering, and Healing after Sexual Abuse* (Sperlich & Seng)
- 2011 Third Place, Wayne State University Graduate Student Poster Exhibit, for the poster, *depression in a community sample of pregnant women* (Sperlich, M., & Seng, J. S.)
- 2010 Awarded First Place, Merrill Palmer Skillman Institute Annual Student Symposium, for the poster, *The "Survivor Moms' Companion:" A PTSD-specific psychoeducation pilot intervention for childbearing* (Sperlich, M., Cameron, H., & Seng, J. S.)

PROFESSIONAL MEMBERSHIPS

- 2017 (June) Attendee, SUNY Quality by Design online instruction course
- 2016 (October) Attendee, NIH Regional Seminar on Program Funding & Grant Submission, Chicago, IL
- 2016-Present Member, Society for Research on Child Development
- 2014-2015 Member, Suicidality Research Group, Wayne State University
- 2010-Present Member, National Association of Social Workers
- 2013-Present Member, Michigan Association for Evaluation
- 2012-Present Member, Council on Social Work Education
- 2013-Present Member, Society for Social Work Research
- 2013-Present Member, Michigan Association for Infant Mental Health
- 2016-Present Member, New York State Association for Infant Mental Health

1982-Present	Member, Past Board Member - Michigan Midwives Association
1992-Present	Member, Midwives' Alliance of North America
1992-Present	Certified Midwife, Michigan Midwives' Association
1995-Present	Certified Professional Midwife – North American Registry of Midwives
2009	Participant, Spanish immersion program, Solexico Language and Cultural Center, Playa Del Carmen, Mexico

RESEARCH

Ongoing Grant Research Support

Baldy Center Research Grants	6/1/2017-5/31/2018
University at Buffalo Baldy Center for Law & Social Policy	\$1740

Addressing the role of frontline social workers in preventing gun violence.

This is a proposal to fund a series of focus groups to ascertain social workers' attitudes and behaviors regarding gun safety with clients. A phenomenological methodology will be employed for data collection and analysis, with the goal of addressing identified gaps in the literature regarding the social work response to gun violence, particularly among those with sub-specialty experience working with adolescents and children, with families experiencing violence, and with individuals with mental health challenges at-risk for suicide.

Role: Co-PI

Health Foundation of Western & Central New York, New York (Mendel & Sperlich, Co-PIs)	11/01/2016-07/31/2017 \$9,200
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Surveying Services and Programs in WNY Engaging Women and Children Who Have Experienced Trauma

The goal of this project is to synthesize current statistics across eight counties of Western NY regarding trauma experience in the community of women and children. Data will be analyzed and compiled in order to foster development of a request for proposals (rfp) to foster research and programs to address trauma for women and children in western NY.

Role: Co-PI

Les Brun Research Endowment Fund/ Buffalo Center for Social Research (Sperlich, PI)	12/2015-06/30/17 \$11,500
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The Survivor Moms' Companion Postpartum Pilot Project

The goal of this project is to research a new postpartum version of an existing trauma- and PTSD-specific psycho-education intervention for the childbearing year.

Role: PI

CARSS (Center Advancing Research Solutions for Society) (Seng, PI)	12/2011-12/31/17
Total costs reviewed annually:	\$14,000 year one, to \$350,000 maximum

Stopping the Intergenerational Transmission of Child Abuse and Psychiatric Vulnerability

This is a project chosen for incubator support as a high-promise, high-impact area of intervention research conducted across disciplines and three international institutions focusing on the parenting needs of pregnant women with posttraumatic stress disorder related to childhood maltreatment or sexual trauma.

Role: Co-I

Contracts

National Center for the Prevention of Cruelty to Children (Seng, PI) 1/2016-12/31/2018
\$45,000 (over 3 years)

Survivor Mums' Companion Hybrid Effectiveness-Implementation Science Project in Blackpool

This project is to embed the SMC intervention into a suite of services being provided as part of the NSPCC's Better Start Initiative in Blackpool, UK. As co-developers of the SMC, Seng and Sperlich are working in partnership with the NSPCC and Better Start Initiative to pilot the intervention, and with researchers at University of Birmingham to evaluate the research and disseminate findings.

Role: Consultant

Completed Grant Research Support

Coordinated Care Services, Inc. (Nochajski, PI) 01/14/2016-04/17

NYS Success: Trauma Informed Care Assessment Tool \$1,000

This project is a partnership with Coordinated Care Services and the Institute on Trauma and Trauma-Informed Care/Buffalo Center for Social Research to develop a trauma-informed agency assessment tool.

Role: Co-I

BCBSMF 1266.11 Seng (PI) 2/1/08 – 7/31/10
Blue Cross and Blue Shield of Michigan Foundation \$73,000

The Survivor Moms' Companion: A Pilot PTSD Intervention.

The goal of this project was to obtain Phase 2 clinical trial data about a psychoeducation intervention for pregnant women with PTSD.

Role: Co-I

R01 NR008767 (Seng, PI) 5/1/05-4/30/09
NIH/NINR \$1,464,277

Psychobiology of PTSD & Adverse Outcomes of Childbearing

The major goal of the project was to determine the effects of Posttraumatic Stress Disorder on pregnancy, labor, lactation, and postpartum mental health.

Role: Study Coordinator

R01 NRR008767-03S2 (Seng, PI) 9/29/07-4/30/10
NIH/NINR \$249,542

Genetic Polymorphisms as Additional Predictors of Women's Psychiatric and Perinatal Morbidity

This competing supplement project assessed genetic predictors of PTSD and preterm birth in these cohorts of Detroit-area women.

Role: Study Coordinator

M01-RR00042 Protocol 2078 (Seng, PI) 11/15/04-6/30/06
General Clinical Research Center \$17,000

PTSD as a Biopsychosocial Etiology of Hyperemesis

This was a pilot case-control inpatient study combining psychiatric interviews, neuroendocrine measures, and electrogastrography, preparatory for an application for external funding.

Role: Study Coordinator

Grant #U013786 (Seng, PI) 11/15/04-6/30/06
Office of the Vice President for Research, University of Michigan \$14,000

PTSD as a Biopsychosocial Etiology of Hyperemesis

This funding supplemented the GCRC funding (above), providing participant fees, study coordinator time, and laboratory costs for assays not covered under GCRC regulations.

Role: Study Coordinator

P20 Grant #F011662 (Seng, PI) 11/15/04-6/30/06
NIH/NINR (MESA Center for Health Disparities Research) \$9,996

African Americans and Hyperemesis: Recruiting and Interviewing an At-Risk Group

The goal of this grant was to develop enhanced recruitment materials and recruitment relationships to achieve oversampling of African American women into a study of hyperemesis gravidarum, a condition for which they may be at increased risk. Qualitative interviews related to cultural knowledge and care-seeking practices were included in this project.

Role: Study Coordinator

Submitted & Pending Research Support

Pending/Submitted

N/A

Submitted (not funded)

National Association of Perinatal Social Workers Innovative Program Award and Research Grant (Sperlich, PI) 05/01/2017-04/31/2018 \$1,000

Engaging at-risk mothers and their infants: Pilot study of acceptability of a brief trauma-informed social work intervention in an integrated perinatal health care setting.

This is a proposal to fund a qualitative investigation into the perceived effectiveness of an early pregnancy trauma-informed screening intervention by a social worker in an integrated perinatal setting. Analysis of face-to-face interviews with the perinatal clinic's clinicians and patients will provide preliminary data regarding the perceived efficacy and acceptability of the intervention, and be used to design a cluster randomized trial with the aim of understanding the impact of the intervention on maternal mental health and treatment seeking.

Role: PI

Institute for Research and Education on Women and Gender, University at Buffalo (Sperlich, PI) 06/01/2017-08/31/2017 \$2,000

“Tell Me about Your Journey”: Narrative Exposure Therapy and Doula Care with Pregnant Refugee Women

This is a proposal to fund training for the PI in Narrative Exposure Therapy (NET) in Eremo, Italy, by an international development team with expertise in clinical psychology, trauma-spectrum disorders, brain research and public mental health service provision in complex emergency situations. The PI will use this training to consider appropriate adaptations of NET for use with the doulas and clients in an innovative program for pregnant refugee women, Jericho Road Community Health Center's Priscilla Project of Buffalo.

Role: PI

Michigan Institute for Clinical & Health Research, University of MI (Seng, PI) 01/01/2017-12/2017
Translational Science Program \$30,000

Survivor Moms' Companion (SMC): Community Based Participatory Web Development

This is a proposal in development to beta test and optimize the technical assistance, training materials, and web portal of the SMC intervention with the Sidran Traumatic Stress Institute as a community partner.

Role: Co-PI

Gerber Foundation, Michigan (Sperlich, PI) 01/01/2017-12/2019
Research Grant \$190,000

Evaluating an Integrated and Trauma-Informed Model of Care: Pilot Study of a Brief Social Work Assessment to Engage At-Risk Mothers and their Infants.

This is a proposal in development to evaluate the effectiveness of a novel brief social work assessment to engage at-risk mothers during their prenatal visits to treatment or supportive services for trauma-related mental health sequelae, intimate partner violence, and substance use services. We will also be assessing the extent to which routine engagement with a social worker integrated into a perinatal setting effects levels of postpartum depression.

Role: PI

Department for Education, United Kingdom (Taylor, PI) 01/01/2017-04/2018
Children's Social Care Program \$2,000,000

Survivor Mums' Companion (SMC): Piloting and Scaling

This was a proposal submitted in 2016 with collaborators at University of Birmingham to pilot, enhance, and scale up the SMC initiative currently underway in Blackpool, UK. Not funded.

Role: Co-I

NIH NICHD R01 09/2016-8/2021

NIH/NICHD (National Center for Child Health & Human Development) \$4,327,810

Survivor Moms' Companion: A PTSD-specific Pregnancy Intervention to Address Intergenerational Cycles of Child Maltreatment, Psychiatric Vulnerability, and Health Disparities

This was a submission to fund a US randomized clinical trial of the Survivor Moms' Companion psychoeducation intervention, submitted October 2015. Scored 34th percentile. Despite encouragement from the program officer and waiver of policy to exceed grant funding limit, this proposal was not funded.

Role: Co-I.

NIH P01 HD080677 (Seng, PI) 07/14-06/2019

NIH/NICHD (National Center for Child Health & Human Development) \$5,000,000

CASEY Collaboration: Trauma-specific Psychoeducation for the Childbearing Year

This was a three-nation randomized clinical trial of the *Survivor Moms' Companion* psychoeducation intervention, submitted 9/2013, and reviewed 4/2014. The sites are in US, UK, and Australia. Scored 51st percentile. Not funded. Reviews suggested that individual, country-level RCTs would meet with better funding success, so planned accordingly to break this proposal into individual grants that can be combined by virtue of common design and data elements.

Role: Co-I

NIH R21 MH087920 (Seng, PI) 10/2009-09/2011

NIH (National Institutes of Health) \$275,000

Survivor Moms' Companion: PTSD Psychoeducation for Childbearing Women

This was a proposal to complete pilot funding. Not funded.

Role: Co-I

NIH R21 HD055104-01 (Seng, PI) 01/2007-12/2009

A PTSD-Specific Psychoeducation Intervention for the Childbearing Year

NIH (National Institutes of Health) \$1,200,000

This was a proposal submitted in 2006 to pilot the Survivor Moms' Companion Intervention, tailored to fit the low-resource settings administered by HRSA. Not funded.

Role: Co-I

Unfunded Current Research

Defining Trauma (Sperlich, PI). 06/2016-current

This unfunded research involves a thorough review for extant definitions of trauma across professional websites, position papers, and policy statements. We will also explore how trauma is defined in research through assessment of the specific types of tools used to assess for trauma and ascertaining how the varying definitions of trauma are operationalized.

Role: PI

The Doulas of the Priscilla Project (Sperlich & Mendel, Co-PIs). 02/2017-current

This unfunded research involves a community-based participatory research project to understand the experiences and perceptions of the individuals working as doulas for low-income pregnant refugee women at Jericho Road's Priscilla Project. A series of focus groups and structured interviews with the doulas will provide preliminary understanding of the priority needs of refugee women in Buffalo, NY.

Role: Co-PI

Defining Wellness in Light of Trauma (Fava, PI).

08/2016-current

The objective of this unfunded research is to bridge the resilience, trauma, and sexual health literatures to understand how individuals self-define trauma and sexual wellness. The study will recruit at least 400 participants from Amazon's Mechanical Turk (MTurk) to complete surveys, questionnaires, and open-ended responses that will provide detailed information about participants' Adverse Childhood Experiences, and complex constructs related to behaviors, health, and sexual wellness.

Role: Co-I

Out of Hospital Birth (Sperlich, PI).

01/2014-current

The objective of this unfunded research is to bring attention to two subgroups of childbearing women, including African American women and women survivors of sexual childhood maltreatment. Together with anthropologist Dr. Cynthia Gabriel, we focus on women's relationship to maternity care and reasons for choosing out of hospital birth.

Role: PI

PUBLICATIONS

Peer-reviewed articles

Sperlich, M., Seng, J., Yang, L., Taylor, J., & Bradbury-Jones, C. (Accepted at *Journal of Midwifery & Women's Health*). Integrating trauma-informed care into midwifery practice: Conceptual and practical issues.

Sperlich, M., Seng, J., Rowe, H., Fisher, J., Cuthbert, C., & Taylor, J. (2017). A cycles-breaking framework to disrupt intergenerational patterns of maltreatment and vulnerability during the childbearing year. *Journal of Obstetric, Gynecologic & Neonatal Nursing*.

Sperlich, M., Gabriel, C., & Seng, J. (2016). Where do you feel safest? Demographic factors and place of birth. *Journal of Midwifery & Women's Health*. doi: 10.1111/jmwh.12498

Rowe, H., **Sperlich, M.**, Cameron, H., & Seng, J. (2014). A quasi-experimental outcomes analysis of a psychoeducation intervention for pregnant women with abuse-related posttraumatic stress. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 43(3), 282-293.

Seng, J. S., **Sperlich, M.**, Kane Low, L., Ronis, D. L., Muzik, M., & Liberzon, I. (2013). Child abuse history, posttraumatic stress disorder, postpartum mental health, and bonding: A prospective cohort study. *Journal of Midwifery & Women's Health*, 58, 57-68. doi: 10.1111/j.1542-2011.2012.00237.x. PMID: 23374491

Seng, J. S., Miller, J. M., **Sperlich, M.**, van de Ven, C. J. M., Brown, S., Carter, S., & Liberzon, I. (2013). Exploring dissociation and oxytocin as pathways between trauma exposure and trauma-related hyperemesis gravidarum: a test-of-concept pilot. *Journal of Trauma & Dissociation*, 13, 40-55. doi: 10.1080/15299732.2012.694594. PMID: 23282046

Seng, J. S., Lopez, W. D., **Sperlich, M.**, Hamama, L., & Meldrum, C. D. R. (2012). Marginalized identities, discrimination burden, and mental health: Empirical exploration of an interpersonal-level approach to modeling intersectionality. *Social Science & Medicine*, 75(12), 2437-2445. doi: 10.1016/j.socscimed.2012.09.023. Epub 2012 Sep 26. PMID: 23089613.

- Seng, J., Low, L. K., **Sperlich, M.**, Ronis, D., & Liberzon, I. (2012). Post-traumatic stress disorder and birthweight: methodological challenges. *BJOG: An International Journal of Obstetrics & Gynaecology*, *119*(1), 111-111.
- Seng, J. S., Kohn-Wood, L., McPherson, M., & **Sperlich, M.** (2011). Disparity in posttraumatic stress disorder among African American pregnant women. *Archives of Women's Mental Health*, *14*(4), 295-306. doi: 10.1007/s00737-011-0218-2. Epub 2011 May 15. PMID: 21573930
- Seng, J. S., Kane Low, L., **Sperlich, M.**, Ronis, D., & Liberzon, I. (2011). Posttraumatic stress disorder, child abuse history, birthweight and gestational age: A prospective cohort study. *BJOG: British Journal of Obstetrics and Gynaecology*, *118*, 1329-1339. doi: 10.1111/j.1471-0528.2011.03071.x. Epub 2011 Jul 27. PMID: 21790957
- Sperlich, M.**, Seng, J. S., Rowe, H., Cameron, H. G., Harris, A., McCracken, A., Rauch, S. A. M., & Bell, S. A. (2011) The *Survivor Moms' Companion*: Safety, feasibility, and acceptability of a posttraumatic stress specific psychoeducation program for pregnant survivors of childhood maltreatment and sexual trauma. *International Journal of Childbirth*, *1*(2), 122-135. doi: 10.1891/2156-5287.1.2.122
- Seng, J. S., **Sperlich, M.**, Rowe, H., Cameron, H. G., Harris, A., Rauch, S. A. M., & Bell, S. A. (2011). The *Survivor Moms' Companion*: Open pilot of a posttraumatic stress specific psychoeducation program for pregnant survivors of childhood maltreatment and sexual trauma. *International Journal of Childbirth*, *1*(2), 111-121. doi:10.1891/2156-5287.1.2.111
- Hamama, L., Rauch, S., **Sperlich, M.**, Defever, E., & Seng, J. (2010). Previous experience of spontaneous or elective abortion and risk for posttraumatic stress and depression during subsequent pregnancy. *Depression & Anxiety*, *27*(8), 699-707. doi: 10.1002/da.20714. PMID: 20577979
- Seng, J. S., Kane Low, L. M., **Sperlich, M. I.**, Ronis, D. L., & Liberzon, I. (2009). Prevalence, trauma history and risk for PTSD among nulliparous women in maternity care. *Obstetrics & Gynecology*, *114*(4), 839-847. doi: 10.1097/AOG.0b013e181b8f8a2. PMID: 19888043
- Seng, J., King, A., Gabriel, C., Reed, C., **Sperlich, M.**, Dunbar, S., Fraker, E., & Ronis, D. (2008). Ecological salivary cortisol specimen collection: Methodological consideration of yield, error, and effects of sampling decisions in a perinatal mental health study. *Journal of the American Psychiatric Nurses Association*, *14*(4), 273-284. doi: 10.1177/1078390308322944. PMID: 21665771
- Seng, J., **Sperlich, M.**, & Kane Low, L. (2008). Mental health, demographic, and risk behavior profiles of pregnant survivors of childhood and adult abuse. *Journal of Midwifery & Women's Health*, *53*(6), 511-521. doi: 10.1016/j.jmwh.2008.04.013. PMID: 18984507

Invited

- Sperlich, M.** (2009). Survivor moms: Multiple trauma exposures and the development of posttraumatic stress disorder. *Midwifery Today*, *90*, 32-4, 67. PMID: 19627060
- Sperlich, M.** (2008). Listening to survivor moms. *Midwifery Today*, *85*, 32-5, 63-5. PMID: 18429519
- Brennan, P., **Sperlich, M.**, Rush, M., & Hartigan, H. (2000). Midwifery Arts Center: Establishing our vision. *Midwifery Today*, *56*, 14-5. PMID: 11984887

Under Review

- Dayton, C., Brown, S., Goletz, J., Hicks, L., Barron, C., **Sperlich, M.**, & Smith-Darden, J. (Under review at *Child & Family Social Work*). Pathways to parenting: Prenatal bonding in a sample of expectant mothers and fathers exposed to contextual risk.
- Logan-Greene, P., **Sperlich, M.**, & Finucane, A. (Under review at *Advances in Social Work*). Is the silencer on? Social work practice and gun safety in the United States.

Seng, J. S., Li, Y., Yang, J. J., King, A. P., Kane Low, L. M., **Sperlich, M.**, Rowe, H., Lee, H., Muzik, M., Ronis, D., Ford, J. D., & Liberzon, I. (In revise and re-submit at *Psychoneuroendocrinology*). Gestational and postnatal cortisol profiles for women with posttraumatic stress disorder and the dissociative subtype.

Gabriel, C., & **Sperlich, M.** (Under review at *Journal of Midwifery & Women's Health*). Agency, knowledge, and access: Health disparities in midwifery care, doula care, and childbirth education.

In Progress

Sperlich, M. & Waldrop, D. (In preparation). Recreating the village: The rise of the doula.

Heagle, E., Diebold, J., **Sperlich, M.**, & Green, S. (In preparation). Trauma Talks: A podcast model for using personal narrative to explore trauma-informed care and service delivery.

Sperlich, M., & Seng, J. (In preparation: Invited chapter for book, "Motherhood in the Face of Trauma", Musik, M., & Rosenblum, K., Eds.). Maternal trauma and toxic stress: A large-scale problem calling for population health perspectives. Expected publication date: January 2018.

Sperlich, M. (In preparation). Bridging the silos: Connections between trauma exposure, posttraumatic stress, and depression in a community sample of first-time mothers.

Sperlich, M. (In preparation). Defining trauma after *DSM-5*: Theoretical perspectives on trauma exposure in childbearing women.

Book/Book Chapters

Sperlich, M. & Seng, J. (2008). *Survivor moms: Women's stories of birthing, mothering, and healing after sexual abuse*. Eugene, OR: Motherbaby Press.

Sperlich, M. (2015). How does focusing on posttraumatic stress disorder shift perinatal mental health paradigms? In J. Seng & J. Taylor (Eds.), *Trauma informed care in the perinatal period* (p. 42-56). Edinburgh: Dunedin Academic Press.

Sperlich, M., & Seng, J. (2015). What does trauma informed perinatal care look like? In J. Seng & J. Taylor (Eds.), *Trauma informed care in the perinatal period* (p. 93-106). Edinburgh: Dunedin Academic Press.

Book Reviews

Reviewer, *Prenatal Development and Parents' Lived Experiences: How Early Events Shape Our Psychophysiology and Relationships* by Dr. Ann Diamond Weinstein, 2016

PRESENTATIONS

Peer-Reviewed

International

Sperlich, M., Seng, J., Cuthbert, C., Fisher, J., Rowe, H., & Taylor, J. (2014, June). *Trauma-informed and trauma-specific maternity services: The CASEY collaboration*. Symposium presentation to the 14th Congress of the World Association for Infant Mental Health, Edinburgh, Scotland. Also presented September, 2014 to the Metro Detroit MI-AIMH chapter meeting, Detroit, MI.

Sperlich, M., Rowe, H., Cameron, H., & Seng, J. (2012, October). *The Survivor Moms' Companion: Assessing the effect on posttraumatic stress during pregnancy*. Paper presentation to the International Biennial Congress of the Marce' Society, Paris, France.

Seng, J., & Sperlich, M. (2011, November). *Survivor moms: Addressing complex PTSD during the childbearing year*. International Society for the Study of Trauma and Dissociation 28th Annual Conference, Montreal, Canada.

- Rowe, H., Harris, A., Sperlich, M., & Seng, J. S. (2010, October). *A psycho-educational program for women with abuse-related posttraumatic stress symptoms during the perinatal period: Phase one/two trial of the "Survivor Moms' Companion"*. International Society for Psychosomatic Obstetrics and Gynecology, Annual Meeting, Venice, Italy.
- Seng, .S., Sperlich, M., Kane Low, L., & Liberzon, I. (2010, March). "Prenatal PTSD: From estimating the effects to integrating interventions into maternity care." Anxiety Disorders Association of American Annual Meeting, Baltimore, Maryland.
- Sperlich, M., & Gabriel, C. (2010). *Finding the invisible option: How women choose physiologic birth*. Guest lecture to the Normal Labour & Birth: 5th International Research Conference, Vancouver, BC, Canada.
- Hairson, I., Wojnar, J., Sperlich, M., Seng, J., Muzik, M. (2009, October). *Sleep difficulty among infants of trauma survivor mothers as a predictor of toddler behavior problems*. Society for Study of Human Development, University of Michigan, Ann Arbor, Michigan.
- King, A. P., Seng, J., Taylor, A., Sperlich, M., Abelson, J., & Liberzon, I. (2009). *Effects of childhood adversity, socioeconomic risk, and Triallelic 5-HTTLPR genotype on PTSD, neuroticism, and cortisol in a cohort of Detroit-area trauma-exposed mothers*. Society for Biological Psychiatry, Vancouver, Canada.
- Sperlich, M., & Gabriel, C. (2006, October). *Birth place preference: How do women choose? And how does their preference affect their mental and physical health?* Guest lecture to the Canadian Association of Midwives Conference, "The Cascade of Normal: Reclaiming Confidence in Birth," Ottawa, Ontario.

National

- Sperlich, M. (2017). *Maternal trauma, posttraumatic stress and perinatal depression: New findings with policy implications*. Paper presentation in symposium, "Parenting infants in the context of socio-demographic risk and maternal trauma experiences," to the 2017 Society for Research in Child Development Biennial Meeting, Austin, TX, April, 2017.
- Mendel, W., & Sperlich, M. (2017). *Doulas of the Priscilla Project: Understanding the experience of helping refugee women navigate the US maternity care system*. Paper presentation accepted to the American Public Health Association 2017 Annual Meeting & Expo, Atlanta, GA, November, 2017.
- Sperlich, M. (2016). *Maternal Trauma, posttraumatic stress and antenatal depression and prediction of postpartum depression*. Poster presentation to the Council on Social Work Education 62nd Annual Program Meeting, Atlanta, GA, November, 2016.
- Sperlich, M. (2015). *Trauma, posttraumatic stress, and depression during the childbearing year*. Poster presentation to the 28th Annual Postpartum Support International (PSI) Conference, Plymouth, MI, June, 2015.
- Sperlich, M. (2015). *Bridging the silos: Connections between trauma exposure, posttraumatic stress, and depression in a community sample of first-time mothers*. Oral paper presentation to the Annual Conference of the Society for Social Work and Research, New Orleans, LA, January, 2015.
- Sperlich, M. (2014). *Defining trauma after DSM-5: Theoretical perspectives on trauma exposure in childbearing women*. Poster presentation to the Council on Social Work Education 60th Annual Program Meeting, Tampa, FL, October, 2014.
- Sperlich, M., Seng, J., & King, A. (2013). *Posttraumatic stress, depression, dissociation, and hypercortisolemia in pregnancy: A cohort study*. Poster presentation to the Society for Social Work Research 18th Annual Conference (January 2014), San Antonio, Texas. Also presented to the Wayne State University Graduate Student Poster Exhibit, Detroit, Michigan, March, 2014.
- Sperlich, M. (2012, November). *Empirical exploration of an interpersonal-level approach to modeling intersectionality*. Paper presentation to the Council on Social Work Education 58th Annual Program Meeting, Washington, DC.

- Sperlich, M., & Hartigan, H. (2011, May). *What about birth?* Workshop presentation for the Unsettling Feminisms Un-Conference, Co-sponsored by Affilia /Journal of Women and Social Work, the UIC/Jane Addams College of Social Work, Chicago, Illinois.
- Sperlich, M., & Gabriel, C. (2010, October). *Trauma, discrimination, and what makes people choose homebirth.* Co-presentation to the Midwives Alliance of North America annual meeting, Nashville, Tennessee.
- King, A. P., Seng, J. S., & Sperlich, M. (2008, December). *Case-control genetic association study of trauma-exposed mothers: Factors affecting PTSD outcome, personality and neuroendocrine variables.* Poster presentation to the American College of Neuropsychopharmacology 47th Annual Meeting, Scottsdale, Arizona.
- King, A. P., Seng, J., Taylor, A., Sperlich, M., & Liberzon, I. (sponsor Abelson, J). (2008). *Effects of childhood trauma and socioeconomic risk on PTSD, neuroticism, and cortisol in a case-control genetic association cohort of trauma-exposed mothers.* Poster presentation to the American College of Neuropsychopharmacology (ACNP), Scottsdale, Arizona.
- Sperlich, M. (2008, October). *Caring for survivor moms.* Workshop presentation to the Midwives' Alliance of North America Annual Conference, Traverse City, Michigan.
- Seng, J., & Sperlich, M. (2008, May). *New research on traumatic stress and childbearing: Implications for caring for survivor moms.* Co- Presenter to the American College of Nurse-Midwives 53rd Annual Meeting, Boston, Massachusetts.
- Sperlich, M. (1998, November). *Beginning midwifery skills.* Workshop presentation to the Midwives' Alliance of North America Annual Conference, Traverse City, MI.
- Sperlich, M. (1998, November). *Sharing survivors' stories.* Workshop presentation to the Midwives' Alliance of North America Annual Conference, Traverse City, Michigan.

State

- Sperlich, M. (2014, February). *Trauma exposure and depression in a community sample of first-time mothers.* Paper presentation to the Merrill Palmer Skillman Institute & the Institute for Gerontology's Lifespan Alliance Research Day, Detroit, Michigan. Honored with second place award.
- Sperlich, M. (2013). *Promoting emergent literacy: A summative evaluation of Matrix Human Services' "Readers are Leaders" primary prevention program.* Poster presentation to the University of Toledo Graduate Student Association Midwest Research Symposium.
- Sperlich, M., Seng, J. S., Kane Low, L., Ronis, D., Muzik, M., & Liberzon, I. (2011). *Posttraumatic stress disorder, child abuse history, postpartum mental health and bonding: A prospective cohort study.* Poster presentation to the Wayne State University Graduate Student Poster Exhibit, Detroit, Michigan.
- Sperlich, M. (2011, May). *Survivor Mom's Companion: A novel approach to reflecting on past trauma, current behaviors, preparation for parenting, and prevention of intergenerational abuse.* Guest Lecture to Michigan Association of Infant Mental Health Conference, Ann Arbor, Michigan.
- Sperlich, M., Seng, J. S. (2011). *Posttraumatic depression in a community sample of pregnant women.* Poster presentation to the Wayne State University Graduate Student Poster Exhibit, Detroit, Michigan. Honored with third place award. Also presented to the Michigan Association of Infant Mental Health Conference student poster session, Ann Arbor, MI, May, 2010.
- Sperlich, M., Cameron, H., & Seng, J. S. (2010). *The "Survivor Moms' Companion": A PTSD-specific psychoeducation pilot intervention for childbearing.* Poster presentation to the Merrill Palmer Skillman Institute at Wayne State University annual student symposium, Detroit, Michigan. Honored with first place award. Also accepted to the 22nd Annual Albert J. Silverman Research Conference, "Maternal Psychiatric Risk Impact on Public Health," hosted by the University of Michigan Department of Psychiatry (2011).

- Cameron, H., Sperlich, M., & Seng, J. S. (2010). *The effectiveness of a pilot intervention program: Trauma and the childbearing year*. Poster presentation to the University of Michigan School of Public Health poster symposium, Ann Arbor, Michigan.
- Sperlich, M. (2010, June). *Survivor moms and breastfeeding*. Guest Lecture to the Healthy Mothers Healthy Babies Coalition annual conference, Mt. Pleasant, Michigan.
- Seng, J., & Sperlich, M. (2005, October). *Narratives of trauma-related concerns in childbearing and early mothering*. Guest Lecture to Michigan Association of Infant Mental Health Conference, Ann Arbor, Michigan.

Invited

Research-based

- Sperlich, M. (2017, October). *Trauma-informed care*. Planned workshop for the UK's Blackpool Better Start Third Annual Conference for Early Years Professionals, Blackpool, UK.
- Sperlich, M. (2017, October). *Surviving to thriving: Transforming intergenerational cycles of violence, risk, and vulnerability*. Planned keynote address to the American Association of Birth Centers 11th Annual Birth Institute, Anchorage, Alaska.
- Sperlich, M. (2017, October). *Trauma-informed care for midwives*. Planned breakout session presentation to the American Association of Birth Centers 11th Annual Birth Institute, Anchorage, Alaska.
- Sperlich, M. (2017, March). *Gender and mental health*. Chair of paper presentation session for the International Conference on Nurturing Global Mental Health, Amrita Vishwa Vidyapeetham University, Coimbatore, India.
- Sperlich, M. (2017, March). *Community mental health/ Social change and mental health*. Chair of paper presentation session for the International Conference on Nurturing Global Mental Health, Amrita Vishwa Vidyapeetham University, Coimbatore, India.
- Sperlich, M. (2017, March). *LGBT and mental health*. Panel presentation to the International Conference on Nurturing Global Mental Health, Amrita Vishwa Vidyapeetham University, Coimbatore, India.
- Sperlich, M. (2016, November). *Trauma-informed perinatal interventions: Addressing intergenerational cycles of abuse and psychiatric vulnerability*. Guest lecture to the University at Buffalo School of Public Health and Health Profession/Department of Epidemiology and Environmental Health's Seminar Series, Buffalo, New York.
- Sperlich, M. (2015, February). *Traumatic stress and the childbearing year*. Presenter to the WSU Merrill Palmer Skillman Institute Winter 2015 Colloquium Series, Detroit, Michigan.
- Sperlich, M. (2013, September). *The influence of trauma on pregnancy, birth, and the early postpartum period*. Workshop presentation for the WSU Merrill Palmer Skillman Institute for Child and Family Development's 2013 Explorations in Development conference, "Reducing Infant Mortality: Emerging Trends in Prevention and Developmentally Informed Care," Lathrup Village, Michigan.
- Sperlich, M. (2012, October). *Addressing the intergenerational transmission of abuse and psychiatric vulnerability*. Doctoral Fellow Presentation to the Merrill Palmer Skillman Institute National Steering Committee Meeting.
- Sperlich, M. (2011, 2012, 2013, 2014). *Traumatic stress: Implications for intrapartum nursing*. Guest lectures to University of Michigan School of Nursing Intrapartum Graduate Seminar, Ann Arbor, Michigan.
- Sperlich, M. (2011, September). *The Survivor Moms' Companion: A posttraumatic stress-specific psychoeducation program for pregnant survivors of childhood maltreatment and sexual trauma*. Guest lecture to the Second International Meeting on Indigenous Women's Health, sponsored by the University of New Mexico, School of Medicine, Albuquerque, New Mexico.

- Sperlich, M. (2010, February). *Traumatic stress and childbearing*. Guest lecture to the Turning Point All Staff meeting in Mt. Clemens, Michigan.
- Sperlich, M. (2010, January). *Traumatic stress and childbearing*. Guest lecture to University of Michigan School of Nursing Antepartum Graduate Seminar, Ann Arbor, Michigan.
- Sperlich, M. (2009, October). *Caring for survivor moms during labor and birth*. Guest Lecture to the University of Michigan Labor Support Conference, Ann Arbor, Michigan.
- Sperlich, M. (2009, September). *Survivor moms and breastfeeding*. Guest Lecture to the Michigan Mother-to-Mother Breastfeeding Initiative Program Peer Counselors meeting, Lansing, Michigan.
- Sperlich, M. (2009, March). *Survivor narratives*. Round Table presentation to the Midwifery Today Conference, Eugene, Oregon.
- Sperlich, M. (2009, March). *Helping in the healing process: The Survivor Moms' Companion*. Workshop presentation to the Midwifery Today Conference, Eugene, Oregon.
- Sperlich, M., & Tritten, J. (2009, March). *Nurturing a better future through birth*. Co-presentation to the Opening General Session of the Midwifery Today Conference, Eugene, Oregon.
- Sperlich, M. (2009, March). *New research on traumatic stress and childbearing: Implications for survivor moms*. Guest Lecture to Washington State University Graduate Psychology Colloquium, Vancouver, Washington.
- Sperlich, M., & Seng, J. (2008, October). *Survivor moms: Women's healing after sexual abuse*. Co-presentation as part of the "Perspectives on Healing" series co-sponsored by the University of Michigan's Institute for Research on Women and Gender /School of Social Work, Ann Arbor, Michigan.
- Sperlich, M. (2008, May). *Survivor moms roundtables*. Facilitator for Culminating Activity at the Midwifery Today Conference "Hope and Healing: Collaborating to Bring Midwifery and Mental Health Care to Survivor Moms," Ann Arbor, Michigan.
- Sperlich, M. (2008, May). *Survivor moms: Narratives of both challenges and growth across the childbearing year*. Workshop presentation to the Midwifery Today Conference "Hope and Healing: Collaborating to Bring Midwifery and Mental Health Care to Survivor Moms," Ann Arbor, Michigan.
- Seng, J., & Sperlich, M. (2008, May). *Hope and healing*. Co-Presenter to the Opening to the General Session for the Midwifery Today Conference "Hope and Healing: Collaborating to Bring Midwifery and Mental Health Care to Survivor Moms", Ann Arbor, Michigan.
- Seng, J., & Sperlich, M. (2007, September). *Perinatal PTSD: What is it? Why does it matter? What can we do?* Co-Presenter to the Western Michigan meeting of Maternity Health Support Services Professionals, Fremont, Michigan.
- Sperlich, M. (2007, September). *Narratives of trauma-related concerns in childbearing and early mothering*. Guest Lecture to Annual Birth Network Conference and Expo: Mother-Friendly Childbirth; Making Safe, Satisfying Birth a Reality, Oakland University, Rochester, Michigan.
- Sperlich, M. & Seng, J. (2006, October). *Narratives of trauma-related concerns in childbearing and early mothering*. Guest Lecture to University of Michigan Medical School Annual Child Abuse and Neglect Conference, Ypsilanti, Michigan.
- Sperlich, M. & Seng, J. (2006, May). *Caring for women with a history of sexual trauma*. Guest lecture to the Center for the Childbearing Year Quarterly Forum series "With Women: Emerging Issues in Care for the Childbearing Year," Ann Arbor, Michigan.
- Sperlich, M. (2003, November). *Sexual abuse and pregnancy*. Guest lecture to the Healthy Mothers, Healthy Babies Initiative meeting, Detroit, Michigan.

- Sperlich, M. (2003, May). *Caring with women with a history of sexual abuse*. Guest lecture to the St. John Detroit Riverview Hospital Maternal / Child Services Conference, "Caring with Women," Grosse Pointe, Michigan.
- Sperlich, M. (2003, February). *Sexual abuse and pregnancy*. Presentation to the Center for the Childbearing Year public forum, Ann Arbor, Michigan.
- Sperlich, M. (1998). *Care for the sexually abused midwifery client*. Workshop presentation to the Michigan Midwives' Association Conference, Lansing, Michigan.
- Midwifery training & professional development
- Sperlich, M. *Getting published*. (2008, October). Workshop presentation to the Midwives' Alliance of North America Annual Conference, Traverse City, Michigan.
- Sperlich, M. (2009, December, 2008, December, 2007, December, 2002, March). *Community - Based midwifery*. Guest Lecture to the University of Michigan Nurse-Midwifery Program, Ann Arbor, Michigan.
- Sperlich, M. (2007, July). *Neonatal loss*. Guest presentation to the Center for the Childbearing Year/ Doulas Care Program Meeting, Ann Arbor, Michigan.
- Sperlich, M. (2004, October). *Negotiating hospital transports*. Guest lecture to the Michigan Midwives Association Conference, Lansing, Michigan.
- Sperlich, M. (2003, December). *Careers in complementary health care*. Panelist for presentation to The Center for the Education of Women/University of Michigan, Ann Arbor, Michigan.
- Sperlich, M. (2001, April). *Current professional challenges*. Panelist for presentation to the Michigan Midwives Association Conference, Lansing, Michigan.
- Sperlich, M. (1998, April). *Prenatal skills I*. Workshop presentation to the Michigan Midwives' Association Conference, Lansing, Michigan.

OTHER RESEARCH DISSEMINATION

Reports

- **Sperlich, M.** (2012). Summative evaluation of Matrix Human Services' "Readers are Leaders" primary prevention program: June 2008-June 2011.

Newsletters

- **Sperlich, M.** (1993-1994). Boundary Waters: a series of articles on caring for sexually abused midwifery clients. *Michigan Midwives Association Newsletter*. Reprinted in the *Above a Whisper* newsletter in 1993 and the *Texas Midwives' Association* newsletter, 1994.

Blogs

- Sperlich, M. (2016, March). *Trauma-Informed care during the childbearing year*. Blog post for Prevention & Treatment of Trauma in Childbirth (PATTCCh). Available at <http://pattch.org/wp-content/uploads/2016/03/Sperlich-PATTCCh-blog.pdf>

Tutor Training

- **Sperlich, M.** (2016). Two-day training (April) for Infant Mental Health Specialists who will serve as tutors for the Survivor Moms' Companion, Postpartum Version pilot intervention at the Guidance Center in Detroit, Michigan.
- **Sperlich, M.** (2016). Two-day training (May) for Social Workers who will serve as tutors for the Survivor Moms' Companion, Prenatal Version pilot intervention at the National Society for the Prevention of Cruelty to Children/Better Start Initiative in Blackpool, England.

UNIVERSITY TEACHING EXPERIENCE

State University of New York at Buffalo School of Social Work, September 2015-current

- *Perspectives on Trauma and Human Rights: Contemporary Theory, Research, Policy, and Practice* (graduate level; hybrid online/seated; SW 542, fall 2015, fall 2016, fall 2017)
- *Working with Adult Survivors of Sexual Abuse* (graduate level; online with synchronous sessions; SW 589, spring 2016, spring 2017, fall 2017)
- *Introduction to Infant Mental Health* (graduate level; hybrid online/seated; SW 972, spring 2017)

Wayne State University School of Social Work, April 2013-May 2015

- *Application of DSM Assessment System in Social Work Practice* (graduate level; SW 8115, sections 002 & 003, winter semester 2015)
- *Research Methods in Social Work 2* (graduate level; SW 7830, winter semester 2015)
- *Research Methods, Data Analysis, and Practice Evaluation I* (undergraduate level; SW 3810, winter semester 2014)
- *Research Methods, Data Analysis, and Practice Evaluation II* (undergraduate level; SW 4810, fall semesters 2013, 2014)
- *Using and Conducting Research in Social Work* (graduate level; SW 7810, summer 2013)

University of Michigan School of Social Work, September 2014-December 2014

- *Statistics in Policy Analysis and Evaluation* (graduate level; SW 673, fall semester 2014)

Research Supervision

University at Buffalo

Academic Advising, 10-20 MSW students during each academic year.

Wayne State University

Julie Lupo and Amy Runkle, BSW students, BSW Joint Honors Project, "Challenges for Individuals Aging Out of the Foster Care System," 2014-2015

Mary Glass, BSW Student, BSW Honors Project, "Developing a Resource Manual for South Warren Area Homeless Residents," 2013-2014

Frontier Nursing University

External Content Expert for Lakieta Edwards Doctoral Capstone Project, "Sensitive Care during the Intrapartum Period for Multidisciplinary Maternity Health Care Providers," 2014-2015

Seattle University College of Nursing

Reader for Katherine Eilers and Elina Frumkin, MSN Students, Scholarly Project, "The Antenatal Effects of Childhood Sexual Abuse: A Systematic Review," 2012-2013

Specialized Educational Programs

Curricula

"Survivor Moms' Companion (SMC)" by Julia Seng and **Mickey Sperlich** with Sara Dunbar.

- Co-authored a manualized 10-module psychoeducational intervention with client materials, including a low-literacy version, tutor manual, training program, learning outcomes, and dose-fidelity measures (2011).
- Spanish version completed (2012).
- MP3 Audioplay version completed (2012).
- SMC Postpartum Version completed 2013 by Rowe H, Fisher JRW, Sperlich M, & Seng JS with Elizabeth Nielson.

Pregnancy and Birth Preparation

- **Sperlich, M.** (2011). Designed a series of childbirth education classes for American Indian Health and Family Services in Detroit, Michigan. The classes are continuing to be offered at AIHFS with additional sponsorship from the Detroit area *Healthy Start* and also *Alternatives for Girls* organizations.

SERVICE

School of Social Work, University at Buffalo, Buffalo NY

Faculty Facilitator, University at Buffalo Interprofessional Education Day (“Confronting Opioid Dependence”) University at Buffalo, November 7th, 2016

Panel Member, Reproductive Justice Round Table, University at Buffalo School of Social Work, April 19th, 2016

Member, ad hoc committee on University at Buffalo School of Social Work Trauma-Informed Teaching, January 2016 – May 2016

Member, Personnel committee on University at Buffalo School of Social Work Trauma-Informed Teaching, January 2016 – current

Professional Service

Journal Reviewing

Reviewer, *Journal of Affective Disorders*, December 2016-current

Reviewer, *Journal of Women’s Health*, September 2016-current

Reviewer, *Assessment*, September 2016-current

Reviewer, *Trauma, Violence, & Abuse*, September 2016-current

Reviewer, *Infant and Child Development*, September 2015-current

Reviewer, *Journal of Social Work Education (JSWE)*, July 2015-current

Reviewer, *Journal of the American Psychiatric Nurses Association (JAPNA)*, 2011-current

Reviewer, *Journal of Clinical Psychiatry (JCP)*, 2013-current

Reviewer, *Child Maltreatment Journal*, January 2012-current

Reviewer, *Birth (Issues in Perinatal Care)*, January 2015 – current

Community Service

Sperlich, M. (2017, November). *Disrupting cycles of violence and psychiatric vulnerability during the childbearing year*. Planned three-hour presentation for the University at Buffalo School of Social Work Office of Continuing Education, Center for Tomorrow, University at Buffalo, Buffalo, NY.

Sperlich, M. (2017, April). *Perinatal mental health*. Guest lecture to SUNY/University at Buffalo School of Social Work SW578/Gender Issues Seminar, Buffalo, NY.

Sperlich, M. (2014-Present). Advisory Board Member, Prevention & Treatment of Trauma in Childbirth (PATTCh)

Sperlich, M. (2016, September). *Overview of traumatic stress and pregnancy*. Guest Lecture for Michigan Childbirth Connections membership meeting, Troy, MI.

Sperlich, M. (2016, February). *Overview of trauma-informed care*. Guest lecture for New York Harbor Health Care System, Department of Veterans Affairs, Buffalo, NY.

- Sperlich, M. (2016, February). *Trauma-informed care in the perinatal period*. Guest speaker to March of Dimes of Western New York Advisory Board Meeting, Buffalo, NY.
- Sperlich, M. (2015, October; 2016; October). *Family nursing with childbearing families: Considering the effects of trauma*. Guest lecture to SUNY/University at Buffalo School of Nursing Family Nursing Seminar, Buffalo, NY.
- Kubiak, S., & Sperlich, M. (2015, September; 2015, June; 2016, June). *Advancing clinical care of women affected by trauma, stress, substance use, and co-occurring mental health disorders*. Full-day presentations to the Wayne County Mental Health Authority and the Michigan Association of Community Mental Health Board.
- Sperlich, M. (2015, May). *Intrapartum care for survivors of abuse*. Presenter to the La Vida Partnership/Community Health and Social Services staff, CHASS Southwest Center, Detroit, Michigan

-Updated 06/28/2017