Bibliography on Professional Self-Care for Social Workers
(Adapted from materials very generously provided by Sandra A. Lopez, LCSW, ACSW)

Strategies for Promoting Professional Self-Care and Resilience


Impact of Helping: Secondary/Vicarious Trauma and Retraumatization


**Impact of Helping: Burnout and Stress**


Impact of Helping: Compassion Fatigue


**Social Work Settings**

**Child Welfare/Sexual Abuse**


**End of Life/Hospice/Grief**


**Family Social Work/Family Therapy/Family Violence**


**Gerontology/Health Care/Hospital/APS/AmS**


**Mental Health/Natural Disasters/Terrorism**


Saakvitne, K. W. & Hudall-Stamm, B. (ND). Fostering resilience in response to terrorism among mental health workers. **APA Task Force on Resilience in Response to Terrorism**


**Military**


**Schools**


**Standards of Practice**


(** A PDF of this article is available on the UB-SSW UBLearns Self-Care Website)**