

## **Video Library: Aging Issues**

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## Video Library: Aging Issues

**Preface: This video library is organized by concentrations and sequences of the department with each section sorted by title. A different reviewer of the videos may place them in different categories. Furthermore, there is some cross-listing between the different sections, which reflects some videos being relevant for more than one area. Most of the videos came from the Health Sciences Library with some coming from Instructional Technology Services, and one video was obtained from Lockwood Library. Furthermore, videos that were too medically inclined were not reviewed, and those films that seemed applicable to the social work classroom were viewed. Besides organizing the videos and providing a brief description of each video, there is some annotation written on each one.**

## Interventions

Title: A road map to home and community services—for people who need long term care

Contributor: Pfeiffer, Eric

Location: Health Science Library

Year: 1994 Length of video: 8 min., 32 sec.

Summary: This video makes elderly persons aware of home and community services which allow them to remain in their own homes as long as possible; heightens the viewer's awareness about long term care problems and possible solutions; enhances the viewer's knowledge of various home and community services which may be available; and increases the viewer's motivation to plan for long term care.

Annotation: This short and simplistic video outlines some resources for the aging population. It provides a good starting point, but to gain full knowledge the professor or class must expand on this video. Also, it should be noted that the video is coming from the perspective of a doctor, and doesn't deliver totally what it promises.

Title: Alzheimer's disease: Pieces of the puzzle.

Contributor: Allender, James Robert

Location: Health Science Library

Year: 1990 Length of video: 119 min. (5 videos)

Summary: This training program provides practical information designed to improve understanding of Alzheimer' disease, and enhance empathy and care giving skills of direct service staff and family.

Annotation: The first 2 videos do not apply to social work as they talk about medical definitions and recreational activities. The other 3 videos are helpful in giving communication tips, intervening with clients who have problem behaviours, making changes in the environment, and how groups can have an impact. The 5<sup>th</sup> video briefly illustrates a social work intake. Also, these 3 video highlight the values of individuality, respect for dignity, and individual-environment interaction applying a systems theory.

Title: Bringing the circle together

Contributor: Aquarius Health Care Videos (Firm) Rainmaker Productions

Location: Health Science Library

Year: 1999 Length of video: 56 min.

Summary: Four men in their 90's express their views on old age and its challenges, death, money, work, and the qualities they have come to find most essential in life.

Annotation: This video gives a different perspective since most of the aging research focuses on women, and allows direct practice workers to gain some empathy.

Title: Choice and challenge: caring for aggressive older adults across levels of care

Contributor: Maxon, Ellen. American Psychiatric Nurses Association

Location: Health Science Library

Year: 1998 Length of video: 23 min.

Summary: This video highlights the challenges of caring for older aggressive adults and some of the challenges professionals must deal with when looking after these types of clients.

Annotation: Although from a nursing perspective, there are parts of the video useful for social workers.

Title: Complaints of a dutiful daughter

Contributor: Deborah Hoffman

Location: Media Library Instructional Technology Services

Year: 1994 Length of video: 44 min.

Summary: Chronicles the various stages of a mother's Alzheimer's disease and the evolution of a daughter's response to the illness. The desire to cure the incurable finally gives way to an acceptance which is liberating for both. Neither depressing nor medical, this film is ultimately a life-affirming exploration of family relations, aging and change, the meaning of memory and love.

Annotation: There are some social work values applied, and this is another good video in developing empathy for this population.

Title: Dying, death & bereavement

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 58 min.

Summary: This program looks at the prospects of death and dying. Older people share their views on widowhood and grief.

Annotation: There is a brief assessment by a hospice coordinator. It brings out issues concerning the social work profession and highlights some values. This video also discusses resources, and gives a good overview of societal and clinical issues to consider. There are some assessment and intervention skills outlined. Also, the issue of support is discussed.

Title: Gerontology part 1: Meeting mental health needs

Contributors: Bradham-Lewis, Gwendolyn

Location: Health Science Library

Year: 1987 Length of video: 29 min.

Summary: Presents techniques for performing a mental health assessment of the elderly patient, and discusses common problems, including depression, confusion and dementia.

Annotation: It looks at how to assess an elderly client. There are some mental health concepts defined at the beginning relevant to social work. This video comes from a nursing perspective, and the second half of the video focuses more on how to improve the orientation of an elderly person. Last minute or two would apply to social work.

Title: Illness & disability: Growing old in a new age

Contributor: Lenzer, A., & Curlee, J.

Location: Health Sciences Library

Year: 1993 Length of video: 58 min

Summary: This program examines chronic health problems of the elderly and availability of support services. Older people discuss how they cope with physical and mental illness and face tough decisions regarding institutionalization and costs of long-term care

Annotation: I would suggest the use of this video in almost any class, but particularly for those in gerontology, diversity, interventions, and health, mental health and disability classes. These physical conditions can have a profound effect on mental health. There are good points about bio-psycho-social issues.

Title: Institutional abuse: Everyone's responsibility

Contributor: Baycrest Centre for Geriatric Care

Location: Health Science Library

Year: 1996 Length of video: 17 min.

Summary: This video discusses and demonstrates abuse problems in institutions including sexual, physical, verbal and psychological abuse.

Annotation: There are 4 scenarios looking at institutional abuse. Some of the issues may be common sense, while other matters are applicable to present day social work professionals.

Title: Lifeline dealing with difficult behaviors: guidelines for nursing assistants.

Contributor: Mosby's

Location: Health Sciences Library

Year: 1996 Length of video: 20 min.

Abstract: Designed to give caregivers an understanding of the different behaviors they are likely to encounter when caring for clients, patients, family members or friends who are either physically or mentally ill.

Annotation: This video is mostly about nursing homes, so it would be especially appropriate for gerontology classes. Given the preponderance of younger people with traumatic brain injuries or other dementias (alcohol related, MS, etc.) who may also be in nursing homes or other long-term care facilities, it is also appropriate for interventions classes, and of course health, mental health, and disability classes. Perhaps the most important is the issue of choice; even in a nursing home.

Title: Look out for Annie

Contributor: National Center for Vision and Aging

Location: Health Science Library

Year: 1986 Length of video: 27 min

Summary: Describes how the loss of vision later in life affects daily living and the elderly person's relationship with family and friends. Gives positive suggestions for coping.

Annotation: It brings up the ethical dilemma of independence versus safety, and portrays the value of the individual interacting with the environment. Since this video does not explicitly state any concepts, it would be better to show at the end of a course or students that have been in the field for a while to gain a full understanding.

Title: Myths and realities of aging

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 58 min.

Summary: This program debunks the common myths of aging: that older people are ill; there is no sex after 60; aging brings memory loss; and older family members are ignored.

Annotation: Possibly, this video is more for a gerontology class, but a video helpful for clinicians to develop empathy towards the aged and future policy makers to consider issues related to the aging population.

Title: Not alone in the world: Caring for someone with Alzheimer's disease

Contributor: Southern Illinois University School of Medicine

Location: Media Library Instructional Technology Services

Year: 1987 Length of video: 22 min

Summary: The disease is described and discussed, patients and family members are interviewed, and changes in lifestyle necessitated by specific situations are outlined. Particularly sensitive to the emotional and psychological needs of both patients and family members.

Annotation: This video seemed not so much to give assessment or intervention tips, but is good for providing info and empathy for the professional working with this population.

Title: Preventing and reducing negative and abusive responses

Contributor: Whiteford-Hadary

Location: Health Science Library

Year: 1997 Length of video: 20 min.

Summary: The tape reviews a series of situations which can easily precipitate inappropriate caregiver responses. Appropriate and positive management for each situation is presented. These cases demonstrate how the elimination of inappropriate caregiver responses can prevent situations from escalating. It also examines what positive actions can be taken to de-escalate a situation which has already reached an "out-of-control" state.

Annotation: Although this video is targeted to the caregiver, there are tips for assessment and intervention that can be helpful to the social worker.

Title: Trigger. Verbal violence

Contributor: Rabins, Peter V. Whiteford-Hadary (Firm)

Location: Health Science Library

Year: 2002 Length of video: 19 min.

Summary: This is a video specifically looking at verbal abuse, which provides tips for intervening and knowledge about abuse.

Annotation: The well-organized video targets nurses, but there is information beneficial to the social work profession.

## Advanced Interventions

Title: Alzheimer's disease: How families cope

Contributor: FFH

Location: Media Library Instructional Technology Services

Year: 1997 Length of video: 28 min.

Summary: Alzheimer's specialists and families, who are caregivers, provide practical information on how to manage the in-home care of a loved one who has Alzheimer's. Important decisions such as whether to use outside day care or in-home health aides are discussed. Two Alzheimer's specialists describe the stages of the disease, and discuss how caregivers can modify its effects on both the patient and the family.

Annotation: This video seemed more medical and geared to the nursing population, but there are some assessment and intervention considerations for the social work professional.

Title: Doing right: Clinical ethics in primary care

Contributor: Keller, Albert H

Location: Health Science Library

Year: 1999 Length of video: 60 min.

Summary: For most physicians, clinical ethics is most often associated with critical care medicine. In this program, a family doctor, geriatrics specialist, and an ethicist discuss these issues.

Annotation: There were some difficulties with the visual as there were a couple minutes where nothing appeared on the screen. Although the target audience is doctors, there are ethical dilemmas applicable to direct and community social work practice.

Title: Memory loss among American Indians: the care giving experience

Contributor: Montana Office of Aging, Video Visions Production

Location: Health Science Library

Year: 1995 Length of video: 16 min.

Summary: This video discusses Alzheimer disease among Native Americans.

Annotation: Although the focus of this video is the disease, there are underlying and explicit Native issues discussed. Also, it can help the direct service social worker develop empathy with this client group.

Title: Peeg.

Contributor: Phoenix Films/Coronet

Location: Media Library Instructional Technology Services

Year: 1973 Length of video: 28 min.

Summary: A family visiting an elderly, dying grandmother in a nursing home exhibit discomfort in the face of the woman's isolation and infirmity. But the eldest grandson, cherishing loving memories, reminds her of moments shared. His touching and gentle efforts succeed despite the barriers of age and disease. When he leaves, although alone again, Peege holds onto a feeling of worth, knowing that someone still cares.

Annotation: This is an old video that highlights a family dealing with an older relative. It exemplifies certain social work values. Also, this would be a good case example for a class to assess and give an intervention plan.

## Health, Mental Health and Disability

Title: Be well: health in the later years

Contributor: Berle, M., & McDonald, J. E.

Location: Health Sciences Library

Year: 1983 Length of video: 24 min.

Summary: Host/narrator Milton Berle tries to convince older people that aging does not equal disability. He gives a general overview of the main health concerns for people over sixty years of age, with advice on medical care, medication, self prescription, and smoking. He also shows the importance of nutrition, physical fitness and stress reduction

Annotation: Best for use in a gerontology section, but *good example of ageism!* This video emphasizes over-all fitness and life-long exercise and could be used well in health, mental health, and disability section.

Title: The bright side of depression

Contributor: UW Hospital & Clinics

Location: Health Science Library

Year: 1994 Length of video: 29 min.

Summary: Discusses depression in older adults, its treatment, conditions that can make someone less vulnerable to depression and symptoms that indicate when someone needs help.

Annotation: There is a medical expert that talks in layman terms about the causes, psychosocial issues and stressors of depression among older adults. There is some comparison to younger populations.

Title: Clinical strategies for successful aging: management of geriatric syndromes

Contributor: Gambert, S. R., Frishman, W. H., Sivak, S., & Wolf-Klein, G. P.

Location: Health Sciences Library

Year: 1996 Length of video: 60 min.

Abstract: Despite efforts of health promotion, aging takes an inevitable toll, leaving older patients vulnerable to increasing illness and progressive disability. In this second segment of a two-part series on aging, a panel of geriatricians and internists discusses specific strategies to decrease morbidity and mortality and minimize disability in elderly patients.

Annotation: This video is fairly technical, but could be useful in health, mental health, and disability classes or in a class on gerontology. The video discusses co-morbid diagnoses, like alzheimer's disease and depression. There is reference to people with disabilities being a "burden to society" which doesn't sit well with this reviewer. On a side note, it appears that the moderator is either deaf or hearing impaired.

Title: Experiencing Sensory Loss

Contributors: Jefferson Area Board for Aging/ Joyce Deily

Location: Health Science Library

Year: 1988 Length of video: 16 min.

Summary: Demonstrates loss, and teaches techniques for overcoming communication/identification problems.

Annotation: This video gives a brief overview of some of the common age-related hearing and visual disorders. Also, there are tips for the professional to interact with the older individual. Overall, this is a good overview of issues to consider and describes medical conditions in layman terms. There was one moment difficulties with sound.

Title: Elderly suicide/ a Film for the Humanities and Sciences presentation

Contributors: Multimedia Entertainment Inc; Donahue, Phil.

Location: Health Science Library

Year: 1987 Length of video: 30 min.

Summary: Examines the problem of high suicide rates among post retirement males.

What do we as a society do to contribute to this problem? Interviews with survivors, psychologist, and audience. Deals with clues for intervention, signs of depression, and guilt felt by survivors.

Annotation: This video opens with statistics on the issue and family member's experiences of losing someone who committed suicide. Then a medical expert talks about some of the risk factors and triggers causing suicide. There is some talk at the end about male suicide and retirement. Although the focus is on the elderly, there are parts of the video that can be used for teen suicide. Furthermore, there is a point where Donahue talks within a macro perspective to the issue. There was one point in the video where there were sound difficulties.

Title: Gerontology part 1: Meeting mental health needs

Contributors: Bradham-Lewis, Gwendolyn

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Title: Illness & disability: Growing old in a new age

Contributor: Lenzer, A., & Curlee, J.

Location: Health Sciences Library

Year: 1993 Length of video: 58 min.

Summary: This program examines chronic health problems of the elderly and availability of support services. Older people discuss how they cope with physical and mental illness and face tough decisions regarding institutionalization and costs of long-term care

Annotation: I would suggest the use of this video in almost any class, but particularly for those in gerontology, diversity, interventions, and health, mental health and disability classes. These physical conditions can have a profound effect on mental health. There

are good points about bio-psycho-social issues.

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Contributor: Mosby's

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Year: 1986 Length of video: 27 min

Summary: Describes how the loss of vision later in life affects daily living and the elderly person's relationship with family and friends. Gives positive suggestions for coping.

Annotation: It brings up the ethical dilemma of independence versus safety, and portrays the value of the individual interacting with the environment. Since this video does not explicitly state any concepts, it would be better to show at the end of a course or students that have been in the field for a while to gain a full understanding.

Title: Survivors

Contributor: Corbet, B.

Location: Health Sciences Library

Year: 1988 Length of Video: 28 min.

Summary: A film about long term disability: how it was then, how it is now, how it may be. A quality of life statement about getting old with a disability.

Annotation: This is an excellent view of disability from the point of a person with a disability, rather than a film *about* people with disabilities. Mr. Corbet shows through narrative, music and visuals what the world is like for those with physical disabilities; the difficulty in gaining employment, forming relationships, and being independent. These things are not difficult because of the person's disability, but rather due to the negative attitudes held by the able-bodied majority about people with disabilities. It is vital that films like this be included in classroom materials throughout the curriculum for both the master's and Ph.D. programs if the School of Social Work is to combat oppression of people with disabilities.

## Community

Title: Discovering psychology. Program 17-18

Contributors: WGBH Boston in association with the American Psychological Association;,. Zimbardo, Philip G  
Health Science Library

Year: 1989 Length of video: 60 min.

Summary: Program 17 questions whether men and women are psychologically different or if they are similar in some ways. Also examines how sex roles reflect social values. Program 18 looks at physical and psychological aging and shows how society reacts to the last stages of life.

Annotation: Although this video comes from a psychology perspective there are components that would apply to a macro social work class.

Title: Family & intergenerational relationships

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 58 min.

Summary: This program profiles old people as spouses, parents and grandparents, and discusses how they sustain family traditions.

Annotation: This video looks at the societal issues of family and intergenerational relationships in terms of how they impact the individual.

Title: Love, intimacy & sexuality

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 57 min.

Summary: In this program, older couples speak frankly about their enjoyment of sex. Experts examine physical and emotional issues of sexuality.

Annotation: This video considers societal roles in terms of aging and sexuality issues. The first part of the movie is applicable for social work, while the remainder might be more useful for a gerontology class.

Title: Middle adulthood. Intimate relationships and the sandwich generation

Contributor: Wright, Anne Hall

Location: Health Science Library

Year: 2000 Length of video: 28 min.

Summary: Examines intimate relationships and how they adapt and change in middle adulthood. Includes discussion of gender role convergence, and an overview of issues that middle adults confront such as when they must continue to care for their children while assuming greater responsibility for their aging parents.

Annotation: This is not a well organized video, but it does give a good overview of gender roles and societal norms. There are parts that could be applicable to a macro social work class. Also, it cites research in general and looks briefly at the world population.

Title: Myths and realities of aging

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 58 min.

Summary: This program debunks the common myths of aging: that most older people are ill; there is no sex after 60; aging brings memory loss; and older family members are ignored.

Annotation: Possibly, this video is more for a gerontology class, but a video helpful for clinicians to develop empathy towards the aged and future policy makers to consider issues related to the aging population.

Title: Social roles & relationships in old age

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 57 min.

Summary: This program looks at how family, friendship and work roles evolve and continue as we age. The pioneering of new roles is also explored.

Annotation: This video looks at the roles that society has defined for the older person. Also, there is some political considerations, and discussion of research methods. Then, the focus shifts to a Vietnamese older man, which reflects the interaction of society and the individual. Lastly, there is some discussion of homelessness and other system issues. This video does a good job of connecting macro and micro aspects. There is a moment where there was a visual difficulty, and talk about theories more relevant to gerontology than social work.

Title: Societal and political aspects of aging

Contributor: Lenzer, Anthony & Curlee, Jay.

Location: Health Science Library

Year: 1993 Length of video: 58 min.

Summary: This program considers individual and government responsibilities for the financial support of older citizens.

Annotation: Parts of the video has a micro perspective and may be better for a gerontology class. However, other parts are appropriate for a macro social work class. This video looks at how society responds to the aging population. Also, it gives a historical context of politics and aging. In addition, it talks about myths and stereotypes of aging. Also, there is talk about the population pyramid. Furthermore, there is discussion about the cohort effect and other research considerations.

Title: The coming of age

Contributor: Wisconsin Public Television

Location: Health Science Library

Year: 1993 Length of video: 30 min each (5 videocassettes)

Summary: Examines the stereotypes of aging and systematically takes them apart to create a new image of what growing older is really like.

Annotation: The first video applies social role theory and exemplifies intergenerational relationships. Also, it highlights the political activism of older adults. The second and third videos tackle societal labels like geriatric, and political activism respectively. The 4<sup>th</sup> video looks at health and health care with a little political spin. The final video examines creativity and aging and emphasizes life long learning. There are a few sections in each video that could be applicable to a social work class.

## Diversity

Title: Bringing the circle together

Contributor: Aquarius Health Care Videos (Firm) Rainmaker Productions

Location: Health Science Library

Year: 1999 Length of video: 56 min.

Summary: Four men in their 90's express their views on old age and it's challenges, death, money, work, and the qualities they have come to find most essential in life.

Annotation: This video gives a different perspective since most of the aging research focuses on women, and allows direct practice workers to gain some empathy.

Title: Life support

Contributor: PBS Video

Location: Health Science Library

Year: 1983 Length of video: 57 min.

Summary: This video looks at how the role of medicine at the end of life is being tested in three cultures: Sun City, Arizona; Clifton, Ireland; and Benares, India.

Annotation: Clearly contrasts 3 societies and this video might be used in other concentrations, but this video seemed to best fit this category.

Title: Illness & disability: Growing old in a new age

Contributor: Lenzer, A., & Curlee, J.

Location: Health Sciences Library

Year: 1993 Length of video: 58 min.

Summary: This program examines chronic health problems of the elderly and availability of support services. Older people discuss how they cope with physical and mental illness and face tough decisions regarding institutionalization and costs of long-term care

Annotation: I would suggest the use of this video in almost any class, but particularly for those in gerontology, diversity, interventions, and health, mental health and disability classes. These physical conditions can have a profound effect on mental health. There are good points about bio-psycho-social issues.

Title: Memory loss among American Indians: the care giving experience

Contributor: Montana Office of Aging, Video Visions Production

Location: Health Science Library

Year: 1995 Length of video: 16 min.

Summary: This video discusses Alzheimer disease among Native Americans.

Annotation: Although the focus of this video is the disease, there are underlying and explicit Native issues discussed. Also, it can help the direct service social worker develop empathy with this client group.

Title: Number our days

Contributor: Centerboard: Direct Cinema Ltd

Location: Media Library Instructional Technology Services

Year: 1977 Length of video: 29 min.

Summary: A portrait of a California community of elderly Eastern European Jews sustaining their vivid culture in the face of poverty, loneliness and old age in modern America.

Annotation: This is a good movie and although the focus is Jewish older adults there are ideas that can be applied to other cultures. Also, it shows somewhat how to do an ethnography even if it is not being done by a social worker.

## Research

Title: Middle adulthood. Intimate relationships and the sandwich generation

Contributor: Wright, Anne Hall

Location: Health Science Library

Year: 2000 Length of video: 28 min.

Summary: Examines intimate relationships and how they adapt and change in middle adulthood. Includes discussion of gender role convergence, and an overview of issues that middle adults confront such as when they must continue to care for their children while assuming greater responsibility for their aging parents.

Annotation: This is not a well organized video, but it does give a good overview of gender roles and societal norms. There are parts that could be applicable to a macro social work class. Also, it cites research in general and looks briefly at the world population.

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## HBSE

Title: Discovering psychology. Program 17-18/

Contributors: WGBH Boston in association with the American Psychological Association; . Zimbardo, Philip G

Health Science Library

Year: 1989 Length of video: 60 min.

Summary: Program 17 questions whether men and women are psychologically different or if they are similar in some ways. Also examines how sex roles reflect social values. Program 18 looks at physical and psychological aging and shows how society reacts to the last stages of life.

Annotation: Although this video comes from a psychology perspective there are components that would apply to a macro social work class. Also, there are parts that might be applicable to life cycle and other theories.

Title: Seasons of life # 5: Late adulthood

Contributor: WQED/Interlunation

Location: Media Library Instructional Technology Services

Year: 1990 Length of video: 57 min.

Summary: Ages 60+. The final season of life is dominated by the psychological clock, while the biological clock begins to wind down. Examines this last stage of development when people consider whether the story of their life has been a good one. What might they still do to change or add to their lives in this last season?

Annotation: This video examines medical and social issues effectively. Parts of the video might be useful for a human development class.

Title: The coming of age

Contributor: Wisconsin Public Television

Location: Health Science Library

Year: 1993 Length of video: 30 min each (5 videocassettes)

Summary: Examines the stereotypes of aging and systematically takes them apart to create a new image of what growing older is really like.

Annotation: The first applies social role theory and exemplifies intergenerational relationships. Also, it highlights the political activism of older adults. The second and third videos tackle societal labels like geriatric, and political activism respectively. The 4<sup>th</sup> video looks at health and health care with a little political spin. The final video examines creativity and aging emphasizing life long learning. There are a few sections in each video that could be applicable to a social work class.

## Policy

Title: White house conference on aging,

. Contributor: U.S. Congress

Location: Lockwood Library,

Year: 1995 Length of video: 26 min.

Summary: Brief excerpts of speeches at the conference.

Annotation: This video provides a good starting point of knowing what policies and issues relating to older adults. There is a small section on woman's issues, which partially does not relate to aging issues. Probably, best not to show the whole video since one gets the impression that the video is jumping around and there is quite a bit of political rhetoric. However, the video is divided into sections and makes it relatively easy to show clips of the video.