

# **CENTERING ON MOM: A TRAUMA-INFORMED APPROACH TO MATERNITY CARE**

**WHITNEY MENDEL MSW, PHD**

There is a great need to center our attention on mom during pregnancy, labor, delivery, and early parenting, as the focus, all too often, is on the growing baby. A mother's health and well-being arguably create the foundation for the health and well-being of the baby. Understanding the role that psychological trauma can play in a mother's experience of pregnancy, labor, delivery, and early parenting is crucial to promoting healthy development and attachment between mother and baby. This presentation will illustrate the potential manifestations of psychological trauma during the perinatal period and explore ways in which to engage with mom using a Trauma-Informed approach to maternity care, highlighting the role of a doula.

*Presentation will be followed by a Q & A session*

*Light refreshments will be available*

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**FRIDAY MAY 31<sup>ST</sup>**  
**8:30 AM – 10:00 AM**

**768 DELAWARE AVE.**  
**BUFFALO, NY 14209**  
BUILDING BEHIND RED  
CROSS MANSION

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**Trauma Informed Community  
Initiative of WNY**