#### **BIOGRAPHICAL SKETCH**

Provide the following information for the key personnel in the order listed for Form Page 2. Follow the sample format for each person. **DO NOT EXCEED FOUR PAGES.** 

| NAME  | POSITION TITLE               |
|---|------------------------------|
| Robinson, Elizabeth A.R. eRA COMMONS USER NAME earrobin | Research Assistant Professor |

| EDUCATION/TRAINING (Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.) |                                  |  |  |  |
|--|----------------------------------|--|--|--|
|  | GREE YEAR(s)                     | FIELD OF STUDY   |  |  |
| University of Michigan  University of Michigan  M.   | P.H. 1974 Epid<br>S.W. 1986 Inte | rchology<br>demiology<br>rpersonal Practice<br>rchology and Social Wk. |  |  |

### A. Positions and Honors

### **Positions and Employment:**

| <u>i Ositions and Employment.</u> |   |
|-----------------------------------|---|
| 9/90-6/92                         | Assistant Professor, School of Social Work, State University of New York at Buffalo.          |
| 9/92-6/97                         | Assistant Professor, Mandel School of Applied Social Sciences, Case Western Reserve           |
|                                   | University, Cleveland, Ohio   |
| 10/97-10/98                       | Research Consultant, Dual Diagnosis Programs, Washtenaw and Livingston Counties (Michigan)    |
|                                   | Community Mental Health Centers   |
| 10/98-6/06                        | Therapist, Chelsea Arbor Treatment Center.  |
| 10/98-9/01                        | Postdoctoral fellow, University of Michigan Department of Psychiatry, Alcohol Research Center |
|                                   | (now Addiction Research Center).  |
| 10/01-now                         | Research Assistant Professor, Univ. Mich. Dept. Psychiatry, Addiction Research Center         |
|                                   |   |

#### Other experience, honors, and professional memberships:

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|--------------|--|
| 7/70-8/72    | Research Assistant, Research Center for Group Dynamics and Survey Research Center,                   |
|              | Institute for Social Research, University of Michigan.   |
| 7/74-5/76    | Research Associate, Research Center for Group Dynamics and Center for Research on the                |
|              | Utilization of Scientific Knowledge, Institute for Social Research, University of Michigan.          |
| 10/76-12/77  | Research Associate, United Community Services, Detroit.  |
| 1/78-3/79    | Research Associate, Family Group Homes for Youth, Ann Arbor, Mi.                                     |
| 6/2000       | Certificate of Appreciation, Department of Psychiatry, Univ. Michigan for work studying spirituality |
|              | and its role in substance abuse recovery   |
| 2003-2004    | Teacher training in Mindfulness-Based Stress Reduction & Mindfulness-Based Cognitive                 |
|              | Therapy  |

Current professional memberships: Research Society on Alcoholism, American Psychological Association (Div. 50: Addictions; Div. 36: Psychology of Religion; Div. 35: Psychology of Women); National Association of Social Workers; Society for Spirituality & Social Work.

# **B. Peer-reviewed publications:**

- Caplan, R.D., E.A.R. Robinson, J.R.P. French, Jr., J. Caldwell & M. Shinn. (1976). *Adhering to Medical Regimens: Pilot Experiments in Patient Education and Social Support*. Ann Arbor, Mi.: Research Center for Group Dynamics, Institute for Social Research.
- Shinn, M., R.D. Caplan, E.A.R. Robinson, J.R. French, Jr., & J.R. Caldwell. (1977). Advances in antihypertensive adherence: Social support and patient education. *Urban Health*, 6, 57-59.
- Ivanoff, A., E.A.R. Robinson & B.J. Blythe. (1987). Empirical clinical practice from a feminist perspective. *Social Work*, 32(5), Sept.-Oct., 417-423.

- Robinson, E.A.R., D.E. Bronson & B.J. Blythe. (1988). An analysis of the implementation of single-case evaluation by practitioners. *Social Service Review*, 62(2), June, 285-301.
- Ivanoff, A., E.A.R. Robinson & B.J. Blythe. (1989). Empirical clinical practice from a feminist perspective: A reply to Davis. *Social Work*, 34(6), Nov., 558-559.
- Robinson, E.A.R., Jaffe, M. & Edwards, R.L. (1993). A unique collaboration by a community mental health board and a school of social work to train mental health professionals. *Innovations & Research*, 2(3), 33-38.
- Robinson, E.A.R. & Doueck, H.J. (1994). Implications of the pre/post/then design for evaluating social group work. *Research in Social Work Practice*, 4(2), 224-239.
- Robinson, E.A.R. (1996). Causal attributions about mental illness: Relationship to family functioning. *American Journal of Orthopsychiatry*, 66 (2), 282-295.
- Stromwall, L.K. & Robinson, E.A.R.R. (1998). When a family member has a schizophrenic disorder: Practice issues across the family life cycle. *American Journal of Orthopsychiatry*.
- Biegel, D.B., Robinson, E.A.R. & Kennedy, M. (2000). A review of empirical studies of interventions for families of persons with mental illness. In Morrissey, J.P. (Ed.)., <u>Research in Community Mental Health: Social Factors in Mental Health and Illness</u>. Stamford, Conn: JAI Press, pp. 87-130.
- Robinson, E.A.R., Brower, K.J. & Gomberg, E.S.L. (2001). Explaining unexpected gender differences in hostility among treatment seekers. <u>Journal of Studies on Alcohol</u>, 62(5), 667-674.
- Brower, K.J., Aldrich, M.S., Robinson, E.A.R., Zucker, R.A. & Greden, J.S. (2001). Insomnia, self-medication and relapse to alcohol. <u>American Journal of Psychiatry</u>, 158 (3), 399-404.
- Mowbray, C.T., Robinson, E.A.R. & Holter, M.A. (2002). Consumer drop-in centers: Operations, services, and consumer involvement. <u>Health and Social Work</u>, 27 (4), 248-261.
- Robinson, E.A.R., Brower, K.J., Kurtz, E. (2003). Life-changing experiences, spirituality and religiousness of persons entering alcohol treatment. Alcoholism Treatment Quarterly, 21 (4), 3-17.
- Webb, J. R., Robinson, E.A.R., Brower, K.J. & Zucker, R.A. (2006). Forgiveness and alcohol problems among people entering substance abuse treatment. <u>Journal of Addictive Diseases</u>, 25 (3), 55-67.
- Robinson, E.A.R., Cranford, J.A., Webb, J.R., & Brower, K.J. (2007). Six-Month Changes in Spirituality, Religiousness, and Heavy Drinking in a Treatment-Seeking Sample. <u>Journal of Studies on Alcohol & Drugs</u>, 68 (2), 282-290.
- Webb, J.R., Robinson, E.A.R., & Brower, K.J. (2009; in press). Forgiveness and mental health among people entering substance abuse treatment with alcohol problems. <u>Alcoholism Treatment Quarterly</u>.

# C. Ongoing and Completed Research Support:

R01 AA014442 Robinson (PI)

6/04-5/09

Long-Term Spiritual Changes in Recovery from Alcoholism.

The research goals of this project are to document long-term changes in the spirituality and religiousness of treated alcoholics from 3 treatment sites and untreated alcoholics recruited from the community. The relationship of those changes to alcohol use, AA involvement, severity of dependence, psychiatric symptoms, social support, sleep quality, and demographics are being investigated. Data collection is concluded & analysis has begun.