

Skill Intervention Course List

Select one 12-hour skill intervention course from our [Trauma Trainings offered in Buffalo, New York](#). If you take more than one, the additional hours can be used toward your elective requirements. One skill intervention course is offered each year and topics vary. Topics may include: Schema Focused Therapy, Psychological First Aid; EMDR; Acute Critical Incident Trauma Management, Trauma-Focused Cognitive Behavioral Therapy and others.

Application of outside courses to the 12-hour skill intervention requirement:

Select courses from other providers that are approved in advance may be used to fulfill our skill intervention requirement. There is an additional \$100 fee for this service. This process allows the certificate program to be more accessible to those outside the Western New York area or those with schedule conflicts. Courses that may be used to fulfill this requirement include:

- [Trauma-Focused CBT Course](#) - free, web-based course. Email us for the form to submit this document along with your certificate of completion and the additional fee. May also be used as elective hours.
- [Cognitive Processing Therapy Course](#) - free, web-based course. Email us for the form to submit this document along with your certificate of completion and the additional fee. May also be used as elective hours.
- [Parent Child Interaction Therapy \(PCIT\) for Traumatized Children](#) - free, web-based course. Email us for the form to submit this document along with your certificate of completion and the additional fee. May also be used as elective hours.
- **EMDR Basic Training** - Provide your certificate of completion from an EMDRIA approved EMDR provider. Approved providers include Western New York organizations that have permission to specify that their EMDR Basic Training course may be applied to our trauma-informed certificate programs; courses taught through Francine Shapiro's EMDR organization; courses taught by an EMDRIA approved instructor; or EMDR courses taught through Ricky Greenwald's Trauma Institute/Child Trauma Institute. Email us for the form to submit this document along with your certificate of completion and the additional fee.
Note: [EMDR courses taught by PESI or The Bodymind Institute are not approved by EMDRIA](#) and cannot be accepted as our Skill Intervention hours.
- **Western New York trauma training offered by Annie Monaco, LCSW-R and her colleagues:** Applicability of the hours to this requirement will be specified in the brochure and marketing email. Contact us at sw-ce@buffalo.edu for the form with fee and instructions to apply these hours to our program.