

Curriculum Vitae

Alexander J. Rubin, LCSW
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EDUCATION

- 2015 Master of Social Work
University at Buffalo School of Social Work
Buffalo, NY
- 2009 Bachelor of Arts in Drama
University of Toronto
Toronto, ON

PROFESSIONAL CREDENTIALS

- 2019 – Present New York State Licensed Clinical Social Worker (LCSW)
2016 – 2021 New York State Licensed Master Social Worker (LMSW)

EMPLOYMENT HISTORY

Academic Experience

- 2023 - Present Clinical Assistant Professor
University at Buffalo School of Social Work, Buffalo, NY
- Faculty specializing in MSW student field education, community partnership development, and field-specific teaching.

Social Work Practice Experience

- 2021 – 2023 Senior Clinical Trainer and Innovator
BestSelf Behavioral Health, Buffalo NY
- Collaborated with agency management teams to formulate and implement trainings, and supervised team members.
- 2020 – 2021 Clinical Trainer and Innovator
BestSelf Behavioral Health, Buffalo, NY
- Independently designed, developed, and presented training curriculum for agency staff, including CEU-certified material.

- 2018 – 2020 Counselor II
BestSelf Behavioral Health, Buffalo, NY
- Provided individual and group psychotherapy in a community mental health clinic to a diverse range of adult clients.
- 2015 – 2018 Social Worker III
Catholic Charities of Buffalo, Buffalo, NY
- Provided therapeutic supervised visitation with children and parents referred through Child Protective Services and Erie County Family Court.

ADDITIONAL SOCIAL WORK EXPERIENCE

- 2014 – 2015 Medical Social Work MSW Intern
Erie County Medical Center, Buffalo, NY
- 2013 – 2014 School Social Work MSW Intern
Cheektowaga-Sloan Union Free School District, Sloan, NY

ACADEMIC APPOINTMENTS

- 2020 – 2021 Master of Social Work Program Field Educator
BestSelf Behavioral Health, Buffalo, NY
- 2017 – 2018 Master of Social Work Program Field Educator
Catholic Charities of Buffalo, Buffalo, NY

HONORS

- 2021 Field Office Special Recognition, University at Buffalo School of Social Work
- 2015 Louisa Cielen Award [nominated], University at Buffalo School of Social Work
- 2014 Provost Scholarship, University at Buffalo
- 2014 Dorothy Lynn Honorary Award [nominated], University at Buffalo School of Social Work
- 2014 Phi Alpha National Social Work Honor Society, Rho Kappa Chapter, University at Buffalo School of Social Work

SERVICE

Service to the University

Spring 2025	Facilitator, Interprofessional Education Forum
Fall 2024	Facilitator, Interprofessional Education Forum
Fall 2023	Facilitator, Interprofessional Education Forum

Service to the School

2024 – Present	Project Coordinator, Safe Exchange Fellowship
2024 – Present	Member, Strategic Plan Community Engagement Committee
2024 – Present	Member, MSW Summer Admissions Committee
2024 – Present	Placement Coordinator, Foundation Year Erie/Niagara
Spring 2024	Working group to revitalize School's field education website
2023 – Present	Member, Committee on Students
2023 – Present	Member, MSW Admissions Committee
2023 – Present	Field Faculty Liaison (10-20 students/year)

Service to the Profession

2023 – Present	Member, Field Community Advisory Board
2023 – Present	Member, North Central Field Directors Consortium
2023	Reviewer for book proposal, <i>The Healing Self: Developing Who You Are as a Clinician</i> , Cambridge University Press

TEACHING

University at Buffalo

2025-2026

SW555: Field Seminar	MSW, Online
Safe Exchange Fellowship Seminar	MSW, Online

2024-2025

SW555: Field Seminar	MSW, Online
SW974XCE: Acceptance and Commitment Therapy	MSW/Buffalo Niagara Summer Institute

2023-2024

SW555: Field Seminar	MSW, Online
SW974XCE: Acceptance and Commitment Therapy	MSW/Buffalo Niagara Summer Institute

Teaching in Field Education (Annually)

New Field Educator Orientation
Part-Time Advanced Year Field Refresher
Part-Time Advanced Standing Orientation to Field Education
Field Placement Information Session for Foundation and Advanced Year Students
Advanced Year Field Placement Advising Sessions

Continuing Education Courses (Annually)

Preparing for Effective Field Instruction [2023-Present], University at Buffalo School of Social Work Office of Continuing Education, 2 CEU hours

Acceptance and Commitment Therapy: An Introductory Course [2024-Present]. University at Buffalo School of Social Work Office of Continuing Education, 12.5 CEU hours

Artificial Intelligence: A Broad Overview of How the Technology Can Help Clients and Enhance Student Learning [2025-Present], University at Buffalo School of Social Work Office of Continuing Education, 2 CEU hours

SCHOLARSHIP

Grants Received

Stalker, K. (PI), Ball, A. (Co-PI), Lynch, M. (Co-I), & **Rubin, A. (Co-I)**, United States Department of Education, *The Buffalo Mental Health Service Professional Fellowship: Training School Social Workers to Address the Youth Mental Health Crisis*, 1/1/2025 – 12/31/2029, \$3,592,936

Publications

Rubin, A., Lynch, M., Sage, T., & Sage, M. (2024). *Embracing AI chatbots in social work education: A guide for social work practicum educators*.
<https://doi.org/10.6084/m9.figshare.25374337.v1>

Peer-Reviewed Presentations

Rubin, A., Stalker, K., Lynch, M., Quartley, M., & James, S. (upcoming, 2025, October). *Empowering students with disabilities in practicum settings: Best practices and paths forward*. Council on Social Work Education 71st Annual Program Meeting. Denver, CO.

McClain-Meeder, K., **Rubin, A.**, & Lynch, M. (upcoming, 2025, October). *Friend or foe? Exploring the use of AI in SW education for diverse learners*. Council on Social Work Education 71st Annual Program Meeting. Denver, CO.

Rubin, A. (2025, March). *Finding your “why”: Utilizing ACT values to reignite your social work drive*. Millennial Social Work Conference. Atlanta, GA.

Rubin, A., Eadie, D., & Lynch, M. (2024, October). *Bridging the academy and the community: Socially just field education strategies to broaden access to an MSW*. New York State Social Work Education Association 57th Annual Conference. Saratoga Springs, NY.

Rubin, A. & Lynch, M. (2024, April). *Shifting ground: Responding to trends and the needs of part-time students*. Social Work Distance Education Virtual Conference. Virtual.

Invited Presentations: National

Rubin, A. & Lynch, M. (2025, January). *Generative artificial intelligence in social work practice*. Presentation to the Social Work Distance Education Field Consortium Winter Meeting. Virtual.

Invited Presentations: Local & Regional

Rubin, A. & Lynch, M. (2025, March). *Generative artificial intelligence in social work practice*. Presentation for faculty and staff of the University of Alabama at Birmingham. Virtual.

Rubin, A. (2025, April). *Acceptance and commitment therapy basics: Part II*. Autism Roadmaps. Virtual.

Rubin, A. (2025, February). *Acceptance and commitment therapy basics*. Autism Roadmaps. Virtual.

Rubin, A. (2024, May). *Cognitive behavior therapy in medical settings: Utilizing basic counseling techniques to improve patient health outcomes*. Presentation to the UB Family Medicine Resident Grand Rounds. Erie County Medical Center. Buffalo, NY.

Rubin, A. (2024, February). *Cognitive behavior therapy in medical settings: Utilizing basic counseling techniques to improve patient health outcomes*. Presentation to the Primary Care Training and Enhancement Champion Program, Buffalo, NY.

Rubin, A. (2023, November). *Cognitive behavior therapy in medical settings: Utilizing basic counseling techniques to improve patient health outcomes*. Presentation to the Addiction Medicine Didactics Series, Buffalo, NY.

Stalker, K. & **Rubin, A.** (2023, June). *Trauma-informed care in higher ed: Tips for promoting staff and student wellbeing*. Presentation for University at Buffalo Division of Student Life Professional Development Day. Buffalo, NY

Other Activities

Rubin, A. & Lynch, M. (2024, February). *Field education at the UB school of social work*. Presentation to Horizon Health Services, Buffalo, NY.

Rubin, A. & Lynch, M. (2023, December). *Field education at the UB school of social work*. Presentation to Spectrum Health and Human Services, Buffalo, NY.

Rubin, A. (2023). *Introduction to trauma and trauma-informed care*. Presentation to BestSelf Behavioral Health, Buffalo, NY.

Rubin, A. (2020-2022). *Acceptance and commitment therapy*. Presentation to BestSelf Behavioral Health, Buffalo, NY.

Rubin, A. (2020-2022). *Behaviorism*. Presentation to BestSelf Behavioral Health, Buffalo, NY.

Rubin, A. (2020-2022). *Cognitive behavior therapy individual and group sessions*. Presentation to BestSelf Behavioral Health, Buffalo, NY.

Rubin, A. (2020-2022). *Introduction to cognitive behavior therapy and therapeutic engagement*. Presentation to BestSelf Behavioral Health, Buffalo, NY.

Rubin, A. (2022). *Change management*. Presentation to consortium of BestSelf Behavioral Health, Endeavor Health Services, Horizon Health Services, and Spectrum Health and Human Services. Virtual.

Curry-Izzo, S. & **Rubin, A.** (2021). *Telehealth for the community: Lessons learned from 2020*. Presentation to Niagara University students. Virtual.

Curry-Izzo, S. & **Rubin, A.** (2021). *Introduction to telehealth*. Presentation to Niagara University faculty. Virtual.

Curry-Izzo, S. & **Rubin, A.** (2020). *Medication-assisted recovery*. Presentation to consortium of BestSelf Behavioral Health, Endeavor Health Services, Horizon Health Services, and Spectrum Health and Human Services. Buffalo, NY.