

## Curriculum Vitae

### Mickey Sperlich, PhD, MSW, MA, CPM, FNAP

#### **CONTACT**

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#### **EDUCATION**

2014	PhD	Dual Title in Social Work and Infant Mental Health, Wayne State University Dissertation; <i>Trauma Exposure, Posttraumatic Stress, and Depression in a Community Sample of First-Time Mothers</i> (Dr. Arlene Weisz, Chair)
2012	MSW	School of Social Work, Wayne State University
1994	MA	English Literature, Eastern Michigan University
1983	BS	Special Education, Eastern Michigan University

#### **RESEARCH STATEMENT**

I am committed to developing trans-disciplinary approaches to address the sequelae of sexual violence and other trauma, particularly for childbearing persons and families with young children. This includes analyzing ways in which trauma is defined and experienced and developing and evaluating interventions which address issues experienced by survivors of trauma and which are directed at interrupting intergenerational cycles of violence and psychiatric vulnerability.

#### **ACADEMIC EMPLOYMENT**

2023-Present	Associate Professor, School of Social Work, University at Buffalo
2023-Present	Affiliate Faculty, Gender Institute, University at Buffalo
2015-2023	Assistant Professor, School of Social Work, University at Buffalo
2020-Present	Adjunct Assistant Professor, School of Nursing, University of Michigan
2014-2020	Adjunct Clinical Instructor, School of Nursing, University of Michigan
2013-2015	Adjunct Faculty, School of Social Work, Wayne State University
2014	Adjunct Faculty, School of Social Work, University of Michigan

#### **RESEARCH**

##### **Ongoing Research Grants/Awards**

National Institutes of Health IMPROVE Initiative/Connecting the Community for Maternal Health Challenge Grant (Part B)

(Sperlich, Co-PI) 11/01/2024-10/31/2026  
**Survivor Moms' Companion: A Perinatal PTSD Program (\$208,000)**

UB Research Foundation Private Sponsor 12/21/2022-12/20/2027  
(Sperlich, PI)  
**Health Disparities in the Perinatal Period (\$5000 over 5 years)**

**Ongoing Contracts**

Health Foundation of Western & Central New York 01/15/2025-10/15/2026  
(Logan-Greene, Sperlich, Co-PIs)  
**Enhancing the Social workers Address Firearms Risks (SAFR) Intervention (\$17, 496)**

**Completed Research Grants**

UB Research Foundation Private Sponsor 12/31/2019-12/31/2024  
(Logan-Greene, Sperlich, Co-PIs)  
**Leveraging Social Workers' Connections and Knowledge to Prevent Gun Violence (\$15,500)**

New York State Office of Addiction Services and Support and University at Buffalo's Clinical and Research  
Institute of Addictions (Sperlich, PI; Green, Co-PI)  
04/01/24 to 09/30/2024  
**Trauma-Informed Parenting Education Support: A Group Intervention for Parents with Trauma  
Histories in Substance Use Recovery  
(\$50,000)**

University at Buffalo Gender Institute Faculty Research Grant  
(Sperlich, PI) 01/01/24 to 12/31/2024  
***Survivor Moms' Companion*, a Psychoeducational Intervention for Pregnant and Parenting Survivors  
of Abuse and Trauma: Development of Spanish Language Translations  
(\$5000)**

Patient-Centered Outcomes Research Institute (PCORI)  
(Sperlich, Consultant) 11/01/22 to 10/31/2024  
**Community-Based, Family-Centered, Trauma-Informed Approach to Timely Detection and  
Management of Postpartum Hypertension  
(\$12,582)**

National Institutes of Health IMPROVE Initiative/Connecting the Community for Maternal Health  
Challenge Grant (Part A)  
(Sperlich, Co-PI) 07/01/2023-06/30/2024  
**Survivor Moms' Companion: A Perinatal PTSD Program (\$150,000)**

University at Buffalo Clinical and Translational Science Institute 01/01/2023-06/30/2024  
Translational Pilot Study Program (Logan-Greene, PI; Sperlich, Wilding, Co-Is)  
**Evaluating the Social Workers Addressing Firearm Risk (SAFR) Intervention: A Pilot Study  
(\$37,800)**

Office of the SUNY Provost and the Innovative Instruction Research Council (IIRC) 07/01/2023-  
06/30/2024  
Innovative Instruction Technology Grant (Bakk, Co-PI; Sperlich, Co-PI, Sturman, Co-PI, Heffernan, Co-PI)  
**Scaling Up and Sustaining an Immersive Virtual Reality (VR) Learning Environment: Using VR to  
Build Student Knowledge, Skills, and Empathy for Integrating Trauma Informed Practices (\$43,500)**

University Hospitals Cleveland Medical Center (Sperlich, Bascug, Co-PIs) <b>Trauma Informed Parenting Support – Part B (\$1,999)</b>	11/01/2021-10/31/2022
Health Foundation of Western & Central New York (Sperlich, Bascug, Co-PIs) <b>Co-Creating Well Being Qualitative (CCWBQ) – Phase 3 (\$14, 129)</b>	03/01/2020-03/31/2022
University Hospitals Cleveland Medical Center (Sperlich, Bascug, Co-PIs) <b>Trauma Informed Parenting Support – Part A (\$1,947)</b>	02/01/2021-06/30/2021
University of Michigan School of Nursing CASCAID Allen Fund Award (Seng, Granner, & Sperlich, Co-PIs) <b>Switching to Remote: Maintaining Grant Partner Engagement while Evaluating a Modified <i>Survivor Moms’ Companion</i> Training Program (\$2,300)</b>	08/25/2020-08/24/2021
Health Foundation of Western & Central New York (Sperlich, Green, Nochajski, Co-PIs) <b>Maternal &amp; Child Hot Spot Booster (\$25,000)</b>	11/01/2017-04/31/2020
Garman Family Foundation (Sperlich, PI) <b>Survivor Moms’ Companion: Addressing Trauma and Posttraumatic Stress in the Childbearing Year. (\$22,609)</b>	01/01/2019-12/31/2019
Health Foundation of Western & Central New York, New York (Sperlich, PI) <b>Co-Creating Well Being (Formerly Children, Families and Trauma – Building Resiliency) – Phase 2 (\$8,022)</b>	04/01/2019-12/31/2019
Health Foundation of Western & Central New York, New York (Sperlich, PI) <b>Children, Families and Trauma – Building Resiliency – Phase 1 (\$18,700)</b>	04/01/2018-03/31/2019
Health Foundation of Western & Central New York, New York (Sperlich, PI) <b>Survivor Moms’ Companion (SMC) Perinatal Intervention/NY Implementation (\$125,000)</b>	11/01/2017-12/31/2019
Baldy Center Research Grants University at Buffalo Baldy Center for Law & Social Policy (Logan-Greene, Sperlich, Co-PIs) <b>Addressing the Role of Frontline Social Workers in Preventing Gun Violence (\$1,740)</b>	06/01/2017-05/31/2018
CARSS (Center Advancing Research Solutions for Society) (Seng, PI; Sperlich, Co-I) <b>Stopping the Intergenerational Transmission of Child Abuse and Psychiatric Vulnerability (\$84,000)</b>	12/01/2011-12/31/17
Health Foundation of Western & Central New York, New York (Mendel & Sperlich, Co-PIs) <b>Surveying Services and Programs in WNY Engaging Women and Children Who Have Experienced Trauma (\$12,460)</b>	11/01/2016-09/30/2017

Les Brun Research Endowment Fund/ Buffalo Center for Social Research (Sperlich, PI) <b>The Survivor Moms' Companion Postpartum Pilot Project (\$11,500)</b>	12/01/2015-06/30/17
Coordinated Care Services, Inc. (Nochajski, Green, Sperlich Co-PIs) <b>NYS Success: Trauma Informed Care Assessment Tool (\$1,000)</b>	01/14/2016-04/30/17
BCBSMF 1266.11 (Seng PI; Sperlich Co-I) Blue Cross and Blue Shield of Michigan Foundation <b>The Survivor Moms' Companion: A Pilot PTSD Intervention (\$73,000)</b>	02/01/2008 – 7/31/2010
R01 NR008767 (Seng, PI; Sperlich, Study Coordinator) NIH/NINR <b>Psychobiology of PTSD &amp; Adverse Outcomes of Childbearing (\$1,464,277)</b>	05/01/2005-4/30/2009
R01 NRR008767-03S2 (Seng, PI; Sperlich, Study Coordinator) NIH/NINR <b>Genetic Polymorphisms as Additional Predictors of Women's Psychiatric and Perinatal Morbidity (\$249,542)</b>	09/29/2007-04/30/2010
M01-RR00042 Protocol 2078 (Seng, PI; Sperlich, Study Coordinator) General Clinical Research Center <b>PTSD as a Biopsychosocial Etiology of Hyperemesis (\$17,000)</b>	11/15/04-06/30/06
Grant #U013786 (Seng, PI ; Sperlich, Study Coordinator) Office of the Vice President for Research, University of Michigan <b>PTSD as a Biopsychosocial Etiology of Hyperemesis (\$14,000)</b>	11/15/04-06/30/06
P20 Grant #F011662 (Seng, PI; Sperlich, Study Coordinator) NIH/NINR (MESA Center for Health Disparities Research) <b>African Americans and Hyperemesis: Recruiting and Interviewing an At-Risk Group (\$9,996)</b>	11/15/04-06/30/06

### Completed Contracts

United Way of Buffalo & Erie County (Sperlich, PI) <b>Go Buffalo Moms: Co-Creating Well-Being (\$5,000)</b>	01/01/2022-06/30/2023
National Health Society England (Blackpool Better Start, PI; Sperlich, CO-I) <b>Trauma-informed Care in Maternity &amp; Perinatal Mental Health Services: Development of Best Practice Guidance and Maternity-Perinatal Care Pathways (£25,000)</b>	10/23/2018-01/31/2020
National Center for the Prevention of Cruelty to Children (Seng, PI; Sperlich, Consultant) <b>Survivor Mums' Companion Hybrid Effectiveness-Implementation Science Project in Blackpool (\$45,000 – Total for 3 years)</b>	01/01/2016-12/31/2018

### Grants Under Review

Submitted 2504649 (Nwogu, PI; Sperlich, Co-PI) National Science Foundation	06/01/25 to 05/31/28
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**HCC: Small: A Computational Framework useful in Assessing the Affective Responses of Infants to Ragas (\$1,195,950)**

Submitted (not funded)

2343337 (Nwogu, PI; Sperlich, Co-I)

03/01/24 to 02/28/29

National Science Foundation

**HCC: Small: A Computational Framework useful in Assessing the Affective Responses of Infants to Ragas (\$597,373)**

Kaiser Permanente Center for Gun Violence Research and Education (Letter of Intent)

(Logan-Greene, PI; Sperlich, Co-PI)

04/01/24 to 03/31/2026

**Leveraging Frontline Social Workers to Recognize and Respond to Firearm Risks: A Test of a Novel Intervention (\$200,000)**

R34 PAR-21-131 (Sperlich, PI) **(Resubmission)**

12/01/25-11/30/28

NIMH

**Development of a Brief Intervention for PTSD in a Diverse Sample of Pregnant Women: The Survivor Moms' Companion (\$724,796)**

Gordon and Betty Moore Foundation Inventors Fellowship  
(Sperlich, PI)

09/01/2023-08/31/2026

**"Is this the place for me?": Development of an immersive Virtual Reality Learning Environment that integrates trauma informed principles into human service agency settings (\$675,000)**

R34 PAR-21-131 (Sperlich, PI)

12/01/22-11/30/25

NIMH

**Development of a Brief Intervention for PTSD un a Diverse Sample of Pregnant Women: The Survivor Moms' Companion (\$731,431)**

Department for Education, United Kingdom Children's Social Care Program  
(Taylor, PI. Sperlich Co-I)

01/01/2017-04/30/2018

**Survivor Mums' Companion (SMC): Piloting and Scaling (\$2,000,000)**

NIH NICHD R01

09/01/2016-08/31/2021

NIH/NICHD (National Center for Child Health & Human Development)

(Seng, PI, Sperlich, Co-I)

**Survivor Moms' Companion: A PTSD-specific Pregnancy Intervention to Address Intergenerational Cycles of Child Maltreatment, Psychiatric Vulnerability, and Health Disparities (\$4,327,810)**

NIH P01 HD080677

(Seng, PI, Sperlich, Co-I)

07/01/14-06/30/2019

NIH/NICHD (National Center for Child Health & Human Development)

**CASEY Collaboration: Trauma-specific Psychoeducation for the Childbearing Year (\$5,000,000)**

**Other Research Projects**

**Defining Trauma** (Sperlich, PI).

06/2016-current

**The Doulas of the Priscilla Project** (Sperlich & Mendel, Co-PIs).

02/01/2017-12/31/2019

**Out of Hospital Birth** (Sperlich, PI).

01/01/2014-12/31/2020

## **PUBLICATIONS**

\*Indicates student co-author at time of publication

### **Peer-reviewed articles**

- Logan-Greene, P., Speck Glennon, S., & **Sperlich, M.** (Accepted at *Advances in Social Work*). Preparing social work students to recognize and respond to risks of firearm violence.
- Collins, C., Speck Glennon, A., Logan-Greene, P., **Sperlich, M.**, & \*Seong, E. (2025). Assessing for firearm risks: A rapid review of clinical assessment measures. *Research on Social Work Practice*, 0(0). <https://doi.org/10.1177/10497315251329998>
- Doerzbacher, M., **Sperlich, M.**, Hequembourg, A., & Chang, Y-P. (2024). A longitudinal qualitative study of barriers and facilitators of breastfeeding in women on opioid maintenance therapy. *Journal of Perinatal and Neonatal Nursing*, 38(3), 306-314. doi: 10.1097/JPN.000000000000084
- \*Lemarbe, K., Kusunoki, Y., Seng, J., & **Sperlich, M.** (2024). Continuing education intervention: Trauma-informed pain management in labor and delivery. *The Journal of Continuing Education in Nursing*, 55(1), 1-5. doi: 10.3928/00220124-20231109-01
- \*Zhou, Q., \*Bascug, E., **Sperlich, M.**, \*Bailey, M. (2023). Supporting children and families through trauma: A qualitative exploration of the change promotion aspects of the Co-Creating Well-Being Initiative. *Human Service Organizations: Management, Leadership, & Governance*, 48(1), 75-95. <https://doi.org/10.1080/23303131.2023.2242423>
- Panisch, L. S., **Sperlich, M. I.**, & Fava, N. M. (2022). How adults from the general population define trauma: Highlighting a need for a broader and more inclusive understanding. *Traumatology*. Advance online publication. <https://doi.org/10.1037/trm0000422>
- Sperlich, M.**, & \*Kabilamany, P. (2022). Open pilot of the Survivor Moms' Companion trauma-specific perinatal psychoeducation intervention in a community outreach program. *Journal of Midwifery & Women's Health*. doi: 10.1111/jmwh.13380
- Sperlich, M.**, & Gabriel, C. (2022). "I got to catch my own baby": A qualitative study of out of hospital birth. *Reproductive Health*, 19(1), 1-13. doi: 10.1186/s12978-022-01355-4
- \*Doerzbacher, M., **Sperlich, M.**, Hequembourg, A., & Chang, Y-P. (2022). A scoping review of barriers and facilitators of breastfeeding in women on opioid maintenance therapy. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 51(1), 29-40. <https://doi.org/10.1016/j.jogn.2021.09.004>
- Sperlich, M.**, Logan-Greene, P., & \*Finucane, A. (2022). "If not us, then who?": Frontline social workers' perspectives on gun violence. *Journal of Evidence-Based Social Work*, 19(1), 77-99. doi: /10.1080/26408066.2021.1980478
- Sperlich, M.**, \*Bascug, E.W., Green, S. A., Koury, S., Hales, T., & Nochajski, T. H. (2021). Trauma-informed parenting education support groups for mothers in substance abuse recovery. *Research on Social Work Practice*, 31(7), 742-757. <https://doi.org/10.1177/10497315211007568>
- Mendel, W., **Sperlich, M.**, & Fava, N. (2021). "Is there anything else you would like me to know?": Applying a trauma-informed approach to the administration of the Adverse Childhood Experiences (ACE) questionnaire. *Journal of Community Psychology*, 49, 1079-1099. doi: 10.1002/jcop.22562
- Sturman, S., **Sperlich, M.**, Koury, S., Bakk, L. (2021). Development of an immersive Virtual Reality Learning Environment: Integrating trauma-informed principles into human service agency settings. *Journal of Technology in Human Services*, 39(3), 232-259. doi:10.1080/15228835.2021.1915925

- St. Vil, N. M., **Sperlich, M.**, Fitzpatrick, J., \*Bascug, E., & Elliot, J. (2021). "I thought it was normal": Perspectives of Black nursing students from high-risk communities on causes and solutions to intimate partner violence in the Black community. *Journal of Interpersonal Violence*. doi: 10.1177/0886260521997939
- \*Swan, L., Rouland, R., **Sperlich, M.**, Ely, G., & \*Walters, C. (2021). Looking back, looking forward: Examining the processing of abortion experiences using public abortion narratives. *Affilia: Journal of Women and Social Work*, 36(2), 204-219. doi: 10.1177/ 0886109920944533.
- \*Finucane, A., **Sperlich, M.**, & Mendel, W. (2020). Weaving in wellness: Infographics for mindful self-care. *Journal of Human Services: Training, Research, and Practice*, 6(1),5. ISSN: 2472-131X
- \*Diebold, J., **Sperlich, M.**, \*Heagle, E., \*Marris, W., & Green, S. (2020). *Trauma Talks*: Exploring personal narratives of trauma-informed care through podcasting. *Journal of Technology in Human Services*, 39(1),1-23. doi: 10.1080/15228835.2020.1820425
- Sperlich, M.**, Gabriel, C., & St. Vil, N. M. (2019). Preference, knowledge and utilization of midwives, childbirth education classes and doulas among U. S. Black and White women: Implications for pregnancy and childbirth outcomes. *Social Work in Health Care*, 58(10), 988-1001. doi: 10.1080/00981389.2019.1686679
- Sperlich, M.**, Ely, G. E., Rouland, R. S., \*Walters, C. A., & Carwile, M. (2019). Reflections of stress in US abortion narratives. *Journal of Social Work*, 20(5), 533-556. 1468017319852602
- Mendel, W. & **Sperlich, M.**, & \*Finucane, A. (2019). The doulas of the Priscilla Project: Understanding the experience of refugee women navigating the US maternity care system. *Journal of Refugee Studies*. doi: 10.1093/jrs/fez088
- Sperlich, M.**, Logan-Greene, P., Slovak, K., & Kaplan, M. (2019). Addressing gun violence: A social work imperative. *Health and Social Work*, 44(4), 217-220. doi: 10.1093/hsw/hlz022
- Dayton, C., Brown, S., Goletz, J., Hicks, L., Barron, C., **Sperlich, M.**, & Smith-Darden, J. (2019). Pathways to parenting: Prenatal bonding in a sample of expectant mothers and fathers exposed to contextual risk. *Journal of Child and Family Studies*, 28(4), 1134-1144. doi: 10.1007/s10826-019-01343-6
- Logan-Greene, P., **Sperlich, M.**, & \*Finucane, A. (2018). Social work practice and gun safety in the United States: Are we doing enough? *Advances in Social Work*, 18(4), 1165-1186. doi: 10.18060/21620
- Seng, J. S., Li, Y., Yang, J. J., King, A. P., Low, L. M. K., **Sperlich, M.**, Rowe, H., Lee, H., Muzik, M., Ford, J. D., & Liberzon, I. (2018). Gestational and postnatal cortisol profiles of women with posttraumatic stress disorder and the dissociative subtype. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 47, 12-22. doi: 10.1016/j.jogn.2017.10.008
- Sperlich, M.**, Seng, J., Yang, L., Taylor, J., & Bradbury-Jones, C. (2017). Integrating trauma-informed care into midwifery practice: Conceptual and practical issues. *Journal of Midwifery & Women's Health*, 62(6), 661-672. doi: 10.1111/jmwh.12674
- Sperlich, M.**, Seng, J., Rowe, H., Fisher, J., Cuthbert, C., & Taylor, J. (2017). A cycles-breaking framework to disrupt intergenerational patterns of maltreatment and vulnerability during the childbearing year. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 46(3), 378-389. doi: 10.1016/j.jogn.2016.11.017
- Sperlich, M.**, Gabriel, C., & Seng, J. (2016). Where do you feel safest? Demographic factors and place of birth. *Journal of Midwifery & Women's Health*. doi: 10.1111/jmwh.12498
- Rowe, H., **Sperlich, M.**, Cameron, H., & Seng, J. (2014). A quasi-experimental outcomes analysis of a psychoeducation intervention for pregnant women with abuse-related posttraumatic stress. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 43(3), 282-293. doi: 10.1111/1552-6909.12312.

- Seng, J. S., **Sperlich, M.**, Kane Low, L., Ronis, D. L., Muzik, M., & Liberzon, I. (2013). Child abuse history, posttraumatic stress disorder, postpartum mental health, and bonding: A prospective cohort study. *Journal of Midwifery & Women's Health*, 58, 57-68. doi: 10.1111/j.1542-2011.2012.00237.x. PMID: 23374491
- Seng, J. S., Miller, J. M., **Sperlich, M.**, van de Ven, C. J. M., Brown, S., Carter, S., & Liberzon, I. (2013). Exploring dissociation and oxytocin as pathways between trauma exposure and trauma-related hyperemesis gravidarum: a test-of-concept pilot. *Journal of Trauma & Dissociation*, 13, 40-55. doi: 10.1080/15299732.2012.694594. PMID: 23282046
- Seng, J. S., Lopez, W. D., **Sperlich, M.**, Hamama, L., & Meldrum, C. D. R. (2012). Marginalized identities, discrimination burden, and mental health: Empirical exploration of an interpersonal-level approach to modeling intersectionality. *Social Science & Medicine*, 75(12), 2437-2445. doi: 10.1016/j.socscimed.2012.09.023. Epub 2012 Sep 26. PMID: 23089613.
- Seng, J., Low, L. K., **Sperlich, M.**, Ronis, D., & Liberzon, I. (2012). Post-traumatic stress disorder and birthweight: methodological challenges. *BJOG: An International Journal of Obstetrics & Gynaecology*, 119(1), 111-111. doi: 10.1111/j.1471-0528.2011.03200.x
- Seng, J. S., Kohn-Wood, L., McPherson, M., & **Sperlich, M.** (2011). Disparity in posttraumatic stress disorder among African American pregnant women. *Archives of Women's Mental Health*, 14(4), 295-306. doi: 10.1007/s00737-011-0218-2
- Seng, J. S., Kane Low, L., **Sperlich, M.**, Ronis, D., & Liberzon, I. (2011). Posttraumatic stress disorder, child abuse history, birthweight and gestational age: A prospective cohort study. *BJOG: British Journal of Obstetrics and Gynaecology*, 118, 1329-1339. doi: 10.1111/j.1471-0528.2011.
- Sperlich, M.**, Seng, J. S., Rowe, H., Cameron, H. G., Harris, A., McCracken, A., Rauch, S. A. M., & Bell, S. A. (2011) The *Survivor Moms' Companion*: Safety, feasibility, and acceptability of a posttraumatic stress specific psychoeducation program for pregnant survivors of childhood maltreatment and sexual trauma. *International Journal of Childbirth*, 1(2), 122-135. doi: 10.1891/2156-5287.1.2.122
- Seng, J. S., **Sperlich, M.**, Rowe, H., Cameron, H. G., Harris, A., Rauch, S. A. M., & Bell, S. A. (2011). The *Survivor Moms' Companion*: Open pilot of a posttraumatic stress specific psychoeducation program for pregnant survivors of childhood maltreatment and sexual trauma. *International Journal of Childbirth*, 1(2), 111-121. doi:10.1891/2156-5287.1.2.111
- Hamama, L., Rauch, S., **Sperlich, M.**, Defever, E., & Seng, J. (2010). Previous experience of spontaneous or elective abortion and risk for posttraumatic stress and depression during subsequent pregnancy. *Depression & Anxiety*, 27(8), 699-707. doi: 10.1002/da.20714.
- Seng, J. S., Kane Low, L. M., **Sperlich, M. I.**, Ronis, D. L., & Liberzon, I. (2009). Prevalence, trauma history and risk for PTSD among nulliparous women in maternity care. *Obstetrics & Gynecology*, 114(4), 839-847. doi: 10.1097/AOG.0b013e181b8f8a2.
- Seng, J., King, A., Gabriel, C., Reed, C., **Sperlich, M.**, Dunbar, S., Fraker, E., & Ronis, D. (2008). Ecological salivary cortisol specimen collection: Methodological consideration of yield, error, and effects of sampling decisions in a perinatal mental health study. *Journal of the American Psychiatric Nurses Association*, 14(4), 273-284. doi: 10.1177/1078390308322944.
- Seng, J., **Sperlich, M.**, & Kane Low, L. (2008). Mental health, demographic, and risk behavior profiles of pregnant survivors of childhood and adult abuse. *Journal of Midwifery & Women's Health*, 53(6), 511-521. doi: 10.1016/j.jmwh.2008.04.013.

### **Invited**

- Sperlich, M.** (2025). Large study of childbirth experiences of Russian women shows that those with a history of past abuse are at higher risk for maternal complications, including for caesarean birth,



complications for the baby, and obstetric violence. *Evidence-Based Nursing*, 28(2), 58.  
<https://doi.org/10.1136/ebnurs-2024-104089>

**Sperlich, M.** (2024). A qualitative study with postnatal women in Turkey provides perspectives on the practice of postnatal debriefing as a desired practice that promotes processing of birth experiences and provides benefits for health and well-being. *Evidence-Based Nursing*. doi: 10.1136/ebnurs-2024-104055.

**Sperlich, M.** (2023). Scoping review suggests that reasons for choosing unassisted birth ('freebirth') vary depending on income, previous negative health care experiences, and personal and cultural beliefs. *Evidence-Based Nursing*. <http://dx.doi.org/10.1136/ebnurs-2023-103722>

**Sperlich, M.** (2020). Social determinants of maternal mental health and the need for integrated models of care. *Journal of Women's Health*, 29(8), 1023-1024. doi: 10.1089/jwh.2020.8508

**Sperlich, M.** (2009). Posttraumatic stress disorder, child abuse history, birthweight and gestational age: A prospective cohort study. *Midwifery Today*, 90, 32-4, 67. doi: 10.1111/j.1471-0528.2011.03071.x@10.1002/(ISSN)1471-0528(CAT)VirtualIssues(VI)JournalClub

**Sperlich, M.** (2008). Listening to survivor moms. *Midwifery Today*, 85, 32-5, 63-5. PMID: 18429519

Brennan, P., **Sperlich, M.**, Rush, M., & Hartigan, H. (2000). Midwifery Arts Center: Establishing our vision. *Midwifery Today*, 56, 14-5. PMID: 11984887

### Under Review

Schwartz, S., Lorenz, R., Agbemenu, K., & **Sperlich, M.** (Under review at *Journal of Neonatal-Perinatal Medicine*). Technology to support bonding when separated at birth: An integrated review.

Schwartz, S., **Sperlich, M.**, Lorenz, R., & Agbemenu, K. (Under review at *Archives of Women's Mental Health*). Examining factors affecting bonding among mothers whose newborn is in the NICU during the initial weeks of postpartum: A pilot study.

### Book/Book Chapters

**Sperlich, M.** & Woody, D. J. (2024). Infancy and toddlerhood. In E. D. Hutchinson & L. W. Charlesworth (Eds.), *Dimensions of human behavior: The changing life course*, Seventh Edition (pp. 113-180). Sage Publishing.

**Sperlich, M.**, & Mendel, W. (2023). Screening for child abuse and trauma during the perinatal period. In R. Brunton & R. Dryer (Eds.), *Perinatal care and considerations for survivors of sexual abuse: Challenges and opportunities*. (pp. 125-151). Palgrave MacMillan.

**Sperlich, M.**, Logan-Greene, P., & Finucane, A. (2021). Adopting a trauma-informed approach to gender-based violence across the life course. In C. Bradbury-Jones & L. Isham (Eds.), *Gender-based violence: An essential textbook for healthcare and social work professionals* (pp. 185-202). Springer International Publishing.

**Sperlich, M.**, & Seng, J. (2018). Survivor Moms' Companion: A population-level program for pregnant women who are survivors of childhood maltreatment: The need for a public health approach to addressing unresolved maternal trauma. In M. Muzik & K. Rosenblum (Eds.), *Motherhood in the face of trauma: Pathways towards healing and growth* (pp. 197-211). Springer, Cham.

**Sperlich, M.** (2015). How does focusing on posttraumatic stress disorder shift perinatal mental health paradigms? In J. Seng & J. Taylor (Eds.), *Trauma informed care in the perinatal period* (p. 42-56). Edinburgh: Dunedin Academic Press.

**Sperlich, M.**, & Seng, J. (2015). What does trauma informed perinatal care look like? In J. Seng & J. Taylor (Eds.), *Trauma informed care in the perinatal period* (p. 93-106). Edinburgh: Dunedin Academic Press.

**Sperlich, M. & Seng, J.** (2008). *Survivor moms: Women's stories of birthing, mothering, and healing after sexual abuse*. Eugene, OR: Motherbaby Press.

### **Book Reviews**

Reviewer, *Prenatal development and parents' lived experiences: how early events shape our psychophysiology and relationships* by Dr. Ann Diamond Weinstein, 2016

Reviewer, *The biodynamic heart: Somatic compassion practices for a clear and vital heart* by Michael Shea, 2025

### **PRESENTATIONS**

\*Indicates student co-author

### **Peer-Reviewed**

#### **International**

Sperlich, M., \*Kalu, O., & \*Seong, E. (2024, September). *The Survivor Moms' Companion: Psychoeducation for addressing perinatal PTSD*. [Oral Presentation]. 2024 International Marce Society for Perinatal Mental Health Conference, Barcelona, Spain.

\*Doerzbacher, M., Hequembourg, A., Sperlich, M., & Chang, Y-P. (2020, October). *Barriers & facilitators of breastfeeding in women on opioid maintenance therapy: A scoping review*. [Webinar presentation]. International Nurses Society on Addictions 44<sup>th</sup> Annual Educational Conference, Calgary, Canada.

Sperlich, M. (2020, October). *Advancing a trauma-informed continuum in the perinatal period: Workforce development and support*. [Planned half-day workshop]. International Marcé Society Biennial Scientific Meeting, Iowa City, Iowa. (Seated conference cancelled)

Sperlich, M., & Seng, J. (2019, November). *Implementing the "Survivor Moms' Companion" PTSD-specific intervention for pregnancy and early parenting: Outcomes of participatory research with perinatal agencies serving high-risk communities*. [Paper presentation in symposium, *How Does Trauma Impact Perinatal Health and What Can We Do About It?*]. 35<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Boston, MA.

Law, C., Lowrie, E., Wolfenden, L., Seng, J., & Sperlich, M. (2018, September). *Survivor Mums; Companion: The implementation of a pilot intervention for pregnant women in a socioeconomically disadvantaged community in the UK*. [Poster presentation]. International Marcé Society Biennial Scientific Meeting, Bangalore, India.

Sperlich, M. (2018, June). *Trauma-informed care for maternity care providers: Breaking cycles of abuse and vulnerability*. [Paper presentation in symposium, "Normalizing and responding to the needs of the 1-in-5 survivors?"]. 2018 International Normal Labour and Birth Conference, Ann Arbor, MI.

\*Bascug, E., \*Ciminelli, C., Sperlich, M., Green, S., Koury, S., Hales, T., & Nochajski, T. (2018, June; 2019, April). *Psychoeducational trauma support groups for women with opioid use disorders in a residential setting*. [Poster presentation]. Trauma Talks 2018 conference, "Bridging Brain and Body with Trauma-informed Care," Toronto, Canada. Also presented at the annual University at Buffalo 2019 Celebration of Student Academic Excellence, Buffalo, NY.

Sperlich, M., Seng, J., Cuthbert, C., Fisher, J., Rowe, H., & Taylor, J. (2014, June). *Trauma-informed and trauma-specific maternity services: The CASEY collaboration*. [Symposium presentation]. 14<sup>th</sup> Congress of the World Association for Infant Mental Health, Edinburgh, Scotland. Also presented September 2014 to the Metro Detroit MI-AIMH chapter meeting, Detroit, MI.

Sperlich, M., Rowe, H., Cameron, H., & Seng, J. (2012, October). *The Survivor Moms' Companion: Assessing the effect on posttraumatic stress during pregnancy*. [Paper presentation]. International Biennial Congress of the Marce' Society, Paris, France.

- Seng, J., & Sperlich, M. (2011, November). *Survivor moms: Addressing complex PTSD during the childbearing year*. [Conference presentation]. International Society for the Study of Trauma and Dissociation 28<sup>th</sup> Annual Conference, Montreal, Canada.
- Rowe, H., Harris, A., Sperlich, M., & Seng, J. S. (2010, October). *A psycho-educational program for women with abuse-related posttraumatic stress symptoms during the perinatal period: Phase one/two trial of the "Survivor Moms' Companion"*. [Paper presentation]. International Society for Psychosomatic Obstetrics and Gynecology, Annual Meeting, Venice, Italy.
- Seng, J., Sperlich, M., Kane Low, L., & Liberzon, I. (2010, March). *"Prenatal PTSD: From estimating the effects to integrating interventions into maternity care."* [Paper presentation]. Anxiety Disorders Association of America Annual Meeting, Baltimore, Maryland.
- Sperlich, M., & Gabriel, C. (2010, July). *Finding the invisible option: How women choose physiologic birth*. [Conference presentation]. Normal Labour & Birth: 5<sup>th</sup> International Research Conference, Vancouver, BC, Canada.
- Hairson, I., Wojnar, J., Sperlich, M., Seng, J., Muzik, M. (2009, October). *Sleep difficulty among infants of trauma survivor mothers as a predictor of toddler behavior problems*. [Paper presentation]. Society for Study of Human Development, University of Michigan, Ann Arbor, Michigan.
- King, A. P., Seng, J., Taylor, A., Sperlich, M., Abelson, J., & Liberzon, I. (2009, May). *Effects of childhood adversity, socioeconomic risk, and Triallelic 5-HTTLPR genotype on PTSD, neuroticism, and cortisol in a cohort of Detroit-area trauma-exposed mothers*. [Paper presentation]. Society for Biological Psychiatry, Vancouver, Canada.
- Sperlich, M., & Gabriel, C. (2006, October). *Birth place preference: How do women choose? And how does their preference affect their mental and physical health?* [Paper presentation]. Canadian Association of Midwives Conference, "The Cascade of Normal: Reclaiming Confidence in Birth," Ottawa, Ontario.

## National

- \*Schwartz, S., Lorenz, R., Agbemenu, K., & Sperlich, S. (2025, April). *Examining factors affecting bonding among mothers whose newborn is in the neonatal intensive care unit (NICU) during the initial weeks of postpartum*. [Oral presentation]. Eastern Nursing Research Society 37<sup>th</sup> Annual Scientific Session, Philadelphia, PA.
- \*Seong, E. \*Wlosinski, A., & Sperlich, M. (2025, January). *Trauma-informed parenting education support: A group intervention for parents with trauma histories in substance use recovery*. [Workshop presentation]. Society for Social Work Research 29<sup>th</sup> Annual Conference, Seattle, WA.
- Logan-Greene, P., Speck-Glennon, A., & Sperlich, M. (2025, January). *Social work practitioners training, attitudes, and actions concerning firearm risk assessment with clients: A call for change*. [Poster presentation]. Society for Social Work Research 29<sup>th</sup> Annual Conference, Seattle, WA.
- Collins, C., Speck Glennon, A., Logan-Greene, P., Sperlich, M., & \*Seong, E. (2024, December). *Examining standardized assessments for the prevention of firearm-related injury and death*. [Poster presentation]. 2024 National Research Conference on the Prevention of Firearm-Related Harms, Seattle, WA.
- Sperlich, M., Logan-Greene, P., & Speck Glennon, A. (2024, December). *Social workers' skills to prevent firearm violence: An RCT of a novel intervention* [Oral presentation]. 2024 National Research Conference on the Prevention of Firearm-Related Harms, Seattle, WA.
- Sturman, S., Bakk, L., & Sperlich, M. (2024, October). *Trauma-informed spaces: Using virtual reality to integrate trauma-informed principles into agency settings*. [Oral presentation]. Council on Social Work Education 70<sup>th</sup> Annual Program Meeting, Kansas City, MO.
- Sperlich, M., & Brown, L. (2024, June). *Addressing perinatal PTSD: The Survivor Moms' Companion*. [Poster presentation]. March of Dimes annual summit, "Igniting Impact Together: Nurturing Collaborative Solutions," Chicago, Ill.

- Sperlich, M., \*Kalu, O., & \*Seong, E. (2024, April). *The Survivor Moms' Companion: Psychoeducation and support for people with history of trauma and posttraumatic stress during the childbearing year*. [Breakout session]. National Association of Perinatal Social Workers annual conference, "Moving Mountains: Working Towards Change in Perinatal Social Work," Seattle, WA.
- Panisch, L., & Sperlich, M. (2024, January). *What does the literature say? A content analysis of how trauma is defined in highly cited research articles*. [Poster presentation]. Society for Social Work Research 28<sup>th</sup> Annual Conference, Washington, D.C.
- Logan-Greene, P., Sperlich, M., Glennon, A., & \*Rasnake, R. (2024, January). *Advancing a social work strategy to address the crisis of firearm violence*. [Roundtable]. Society for Social Work Research 28<sup>th</sup> Annual Conference, Washington, D.C.
- Sperlich, M., St. Vil, C., Logan-Greene, P., Lillvis, D., \*Rasnake, R., & \*Kalu, O. (2024, January). *Investigating community-level approaches to prevent firearm violence: A qualitative approach with local experts* [Oral paper presentation]. Society for Social Work Research 28<sup>th</sup> Annual Conference, Washington, D.C.
- Sperlich, M., \*Conrick, K., St. Vil, C., Logan-Green, P., Lillvis, D., \*Kalu, O., & \*Rasnake, R. (2023, November). *Local experts on what could reduce disparities in firearm violence: A qualitative examination in Erie County, New York*. [Poster presentation]. 2023 National Research Conference on the Prevention of Firearm-Related Harms, Chicago, Illinois.
- Logan-Green, P., Glennon, A., & Sperlich, M. (2023, November). *Assessing social work practitioners' attention to firearm violence*. [Poster presentation]. 2023 National Research Conference on the Prevention of Firearm-Related Harms, Chicago, Illinois.
- Logan-Greene, P., Sperlich, M., & Glennon, A. (2023, October). *Educating social workers to prevent gun violence*. [Paper presentation]. Council on Social Work Education 69<sup>th</sup> Annual Program Meeting. Atlanta, GA.
- Gilkerson, L., Palmer Molina, A., Jones Harden, B., Lewis, M., Marchel, M. A. Paris, R., Ribaud, J., Shapiro, J., & Sperlich, M. (2023, October). *CSWE Infant/Early Childhood Mental Health Curricular Guide: Reaching our youngest children and families*. [Partnership presentation]. Council on Social Work Education 69<sup>th</sup> Annual Program Meeting. Atlanta, GA.
- Panisch, L. S., Sperlich, M. I., & Fava, N. M. (2023, January). *How adults from the general population define trauma: Highlighting a need for a broader and more inclusive understanding*. [Poster presentation]. Society for Social Work Research 27<sup>th</sup> Annual Conference, Phoenix, AZ.
- \*Bascug, E., \*Zhou, Q., \*Bailey, M., & Sperlich, M. (2023, January). *Supporting Children and Families through Trauma: A Qualitative Exploration of Co-Creating Well-Being Capacity Building and Community Engagement*. [Paper presentation]. Society for Social Work Research 27<sup>th</sup> Annual Conference, Phoenix, AZ.
- St. Vil, N. M., Sperlich, M., Fitzpatrick, J., \*Bascug, E., & \*Elliot, J. (2023, January). *"I thought it was normal": Perspectives of Black nursing students from high-risk communities on causes and solutions to intimate partner violence in the Black community*. [Paper presentation]. Society for Social Work Research 27<sup>th</sup> Annual Conference, Phoenix, AZ.
- Lombardi, B., Chapman, M. Sperlich, M., Munro-Kramer, M., de Saxe Zeren, L., Jensen, T., & Bledsoe, S. (2023, January). *Reducing birth trauma among high-risk pregnant women: A case study of a community hospital intervention site* [Poster presentation]. Society for Social Work Research 27<sup>th</sup> Annual Conference, Phoenix, AZ.
- Lombardi, B., Jensen, T., Chapman, M., Bledsoe, S., de Saxe Zeren, L., Sperlich, M., & Munro-Kramer, M. (2023, January). *Associations between past sexual victimization and perinatal PTSD: A systematic review and meta-analysis* [Paper presentation]. Society for Social Work Research 27<sup>th</sup> Annual Conference, Phoenix, AZ.

- Bakk, L., Sperlich, M., & Sturman, S. (2022, November). *Developing an Immersive Virtual Reality Learning Environment Integrating Trauma-Informed Principles in an Agency Setting*. [Paper presentation]. Council on Social Work Education 68<sup>th</sup> Annual Program Meeting, Anaheim, CA.
- \*Bascug, E., \*Zhou, Q., Sperlich, M., \*Bailey, M. (2022, November). *Co-Creating Well-Being: Early Effects of Human-Centered Design and Trauma-Informed Care Capacity Building*. [Paper presentation]. Council on Social Work Education 68<sup>th</sup> Annual Program Meeting, Anaheim, CA.
- Logan-Greene, P., Sperlich, M., \*Buchanan, A. (2022, November). *Effects of peer delinquency, history of witnessing violence, and neighborhood crime on weapon-carrying among youth*. [Paper presentation]. American Society of Criminology Meeting, Atlanta, Georgia. (withdrawn)
- \*Doerzbacher, M., Hequembourg, A., Sperlich, M., & Chang, Y-P. (2022, March). *Barriers & facilitators of breastfeeding in women on opioid maintenance therapy*. [Poster presentation]. Eastern Nursing Society (ENRS) 34<sup>th</sup> Annual Scientific Sessions, Providence, Rhode Island.
- Logan-Greene, P., Sperlich, M., \*Buchanan, A. (2022, January). *Weapon carrying among youth: Testing competing hypotheses among risk factors* [Paper presentation]. Society for Social Work Research 26<sup>th</sup> Annual Conference, Washington, DC.
- Logan-Greene, P., Sperlich, M., Slovak, K., & Kaplan, M. (2021, January). *Gun violence as a grand challenge: A call to action* [Roundtable presentation]. Society for Social Work Research 24<sup>th</sup> Annual Conference, virtual conference.
- Logan-Greene, P., Sperlich, M., & \*Finucane, A. (2021, January). *“Oh, we don’t talk about that”: Reports from frontline social workers about assessing and intervening to prevent gun violence* [Paper presentation]. Society for Social Work Research 24<sup>th</sup> Annual Conference, virtual conference.
- \*Bascug, E., Sperlich, M., Green, S., Koury, S., Nochajski, T., Hale, T. (2020, November). *“I’m not a bad mom...I need help.”: Trauma-informed parenting support and recover*. [Paper presentation]. Council on Social Work Education 66<sup>th</sup> Annual Program Meeting, Denver, CO.
- Sturman, S., Bakk, L., Horne, D. M., & Sperlich, M. (2021, April). *Expanding boundaries of synchronous space: Integrating virtual reality into an online DSW program*. [Paper presentation]. 6th Annual Social Work Distance Education Conference, San Antonio, TX. <https://www.ollusa.edu/worden-school/swde/index.html>
- Bakk, L., Sperlich, M., Sturman, S., Horne, D. M., Sage, M., & Hitchcock, L. I. (2020, April). *Using virtual reality in an online DSW program: An exploratory study to increase social presence*. [Paper presentation]. 6th Annual Social Work Distance Education Conference, San Antonio, TX. <https://www.ollusa.edu/worden-school/swde/index.html> (Conference cancelled)
- Ely, G., Sperlich, M., Rouland, R., & \*Swan, L. (2019, October). *Looking Back, Looking Forward: Reflections of Stress in Abortion Narratives*. [Electronic poster presentation]. Council on Social Work Education 65<sup>th</sup> Annual Program Meeting, Denver, CO.
- Ely, G., Sperlich, M., Rouland, R., & \*Swan, L. (2019, October). *Teaching Reproductive Justice from a Social Work Perspective: Strategies for Online Course Development*. [Electronic poster presentation]. Council on Social Work Education 65<sup>th</sup> Annual Program Meeting, Denver, CO.
- Sperlich, M., & Gabriel, C. (2019, January). *“I got to catch my own baby: A qualitative study of out of hospital birth.”* [Paper presentation]. Society for Social Work Research 23<sup>rd</sup> Annual Conference, San Francisco, CA.
- Ely, G., Sperlich, M., Polmanteer, R., & Loeffler, D. (2018, November). *A trauma-informed, interprofessional model for incorporating health justice concepts into online courses*. [Electronic poster presentation]. Council on Social Work Education 64<sup>th</sup> Annual Program Meeting, Orlando, FL.

- Sperlich, M., Guinnee, M., Celano-Ferraro, J., & Mendel, W. (2018, October). *Our best selves: Applying a trauma-informed lens to supporting early childhood educators*. [Conference Session]. Zero to Three Annual Conference, Denver, CO.
- Guinnee, M., Celano-Ferraro, J., & Mendel, Johnson, A., Brown, M., & Sperlich, M. (2018, October). *The way we do things: Promoting preschoolers' social emotional learning through building teachers' reflective capacities*. [Poster presentation]. Zero to Three Annual Conference, Denver, CO.
- Logan-Greene, P., Sperlich, M., Kaplan, M., & Slovak, K. (2018, January). *Are social workers doing enough to prevent gun violence?* [Roundtable presentation]. Society for Social Work Research 22<sup>nd</sup> Annual Conference, Washington, DC.
- Sperlich, M. (2017, April). *Maternal trauma, posttraumatic stress and perinatal depression: New findings with policy implications*. [Paper presentation in symposium, "Parenting infants in the context of socio-demographic risk and maternal trauma experiences"]. 2017 Society for Research in Child Development Biennial Meeting, Austin, TX.
- Mendel, W., & Sperlich, M. (2017, November). *Doulas of the Priscilla Project: Understanding the experience of helping refugee women navigate the US maternity care system*. [Paper presentation]. American Public Health Association 2017 Annual Meeting & Expo, Atlanta, GA.
- Sperlich, M. (November, 2016). *Maternal Trauma, posttraumatic stress and antenatal depression and prediction of postpartum depression*. [Poster presentation]. Council on Social Work Education 62<sup>nd</sup> Annual Program Meeting, Atlanta, GA.
- Sperlich, M. (2015, June). *Trauma, posttraumatic stress, and depression during the childbearing year*. [Poster presentation]. 28th Annual Postpartum Support International (PSI) Conference, Plymouth, MI.
- Sperlich, M. (2015, January). *Bridging the silos: Connections between trauma exposure, posttraumatic stress, and depression in a community sample of first-time mothers*. [Paper presentation]. Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Sperlich, M. (2014, October). *Defining trauma after DSM-5: Theoretical perspectives on trauma exposure in childbearing women*. [Poster presentation]. Council on Social Work Education 60<sup>th</sup> Annual Program Meeting, Tampa, FL.
- Sperlich, M., Seng, J., & King, A. (2014, January, March). *Posttraumatic stress, depression, dissociation, and hypervortisolemia in pregnancy: A cohort study*. [Poster presentation]. Society for Social Work Research 18<sup>th</sup> Annual Conference (January 2014), San Antonio, Texas, and to the Wayne State University Graduate Student Poster Exhibit, Detroit, Michigan (March 2014).
- Sperlich, M. (2012, November). *Empirical exploration of an interpersonal-level approach to modeling intersectionality*. [Paper presentation]. Council on Social Work Education 58<sup>th</sup> Annual Program Meeting, Washington, DC.
- Sperlich, M., & Hartigan, H. (2011, May). *What about birth?* [Workshop presentation]. Unsettling Feminisms Un-Conference, Co-sponsored by Affilia /Journal of Women and Social Work, the UIC/Jane Addams College of Social Work, Chicago, Illinois.
- Sperlich, M., & Gabriel, C. (2010, October). *Trauma, discrimination, and what makes people choose homebirth*. [Conference presentation]. Midwives Alliance of North America annual meeting, Nashville, Tennessee.
- King, A. P., Seng, J. S., & Sperlich, M. (2008, December). *Case-control genetic association study of trauma-exposed mothers: Factors affecting PTSD outcome, personality and neuroendocrine variables*. [Poster presentation]. American College of Neuropsychopharmacology 47<sup>th</sup> Annual Meeting, Scottsdale, Arizona.

- King, A. P., Seng, J., Taylor, A., Sperlich, M., & Liberzon, I. (sponsor Abelson, J). (2008). *Effects of childhood trauma and socioeconomic risk on PTSD, neuroticism, and cortisol in a case-control genetic association cohort of trauma-exposed mothers*. [Poster presentation]. American College of Neuropsychopharmacology (ACNP), Scottsdale, Arizona.
- Sperlich, M. (2008, October). *Caring for survivor moms*. [Workshop presentation]. Midwives' Alliance of North America Annual Conference, Traverse City, Michigan.
- Seng, J., & Sperlich, M. (2008, May). *New research on traumatic stress and childbearing: Implications for caring for survivor moms*. [Conference Presentation]. American College of Nurse-Midwives 53<sup>rd</sup> Annual Meeting, Boston, Massachusetts.
- Sperlich, M. (1998, November). *Beginning midwifery skills*. [Workshop presentation]. Midwives' Alliance of North America Annual Conference, Traverse City, MI.
- Sperlich, M. (1998, November). *Sharing survivors' stories*. [Workshop presentation]. Midwives' Alliance of North America Annual Conference, Traverse City, Michigan.
- State
- Sturman, S., Sperlich, M., Bakk, L., & Heffernan, K. (2024, May). *Trauma-informed spaces: Using immersive VR to build student KSAs for trauma-informed practices*. [Paper presentation]. SUNY's 32<sup>nd</sup> Annual Conference on Instruction & Technology (CIT 2024), SUNY Buffalo, Buffalo, NY.
- Brown, M., Annese, M., Voisin, R., Mendel, M., & Sperlich, M. (2023, November). *Connecting trauma-informed practice, DELAB, and client/ community engagement: The power of co-design*. [Conference workshop]. NYS Trauma Informed Network and Resource Center (TINRC) Join the Journey Conference, Lake George, NY.
- Sperlich, M., & Seng, J. (2022, May). *The Survivor Moms' Companion: Report on progress in the development of a PTSD-specific perinatal intervention*. [Virtual conference presentation]. Michigan Association of Infant Mental Health Biennial Conference.
- Sturman, S., Bakk, L., & Sperlich, M. (2020, May). *Virtual reality in social work: Building knowledge and self-efficacy for tomorrow's thought leaders*. [Paper presentation]. SUNY's 29th Annual Conference on Instruction & Technology (CIT 2020), SUNY Oswego, NY. (Conference cancelled)
- Sperlich, M. (2014, February). *Trauma exposure and depression in a community sample of first-time mothers*. [Paper presentation]. Merrill Palmer Skillman Institute & the Institute for Gerontology's Lifespan Alliance Research Day, Detroit, Michigan. Honored with second place award.
- Sperlich, M. (2013, April). *Promoting emergent literacy: A summative evaluation of Matrix Human Services' "Readers are Leaders" primary prevention program*. [Poster presentation]. University of Toledo Graduate Student Association Midwest Research Symposium.
- Sperlich, M., Seng, J. S., Kane Low, L., Ronis, D., Muzik, M., & Liberzon, I. (2011). *Posttraumatic stress disorder, child abuse history, postpartum mental health and bonding: A prospective cohort study*. [Poster presentation]. Wayne State University Graduate Student Poster Exhibit, Detroit, Michigan.
- Sperlich, M., & Byrne, R. (2011, May). *Survivor Mom's Companion: A novel approach to reflecting on past trauma, current behaviors, preparation for parenting, and prevention of intergenerational abuse*. [Guest lecture]. Michigan Association of Infant Mental Health Biennial Conference, Ann Arbor, Michigan.
- Sperlich, M., Seng, J. S. (2011). *Posttraumatic depression in a community sample of pregnant women*. [Poster presentation]. Wayne State University Graduate Student Poster Exhibit, Detroit, Michigan. Honored with third place award. Also presented to the Michigan Association of Infant Mental Health Conference student poster session, Ann Arbor, MI, May, 2010.

Sperlich, M., \*Cameron, H., & Seng, J. S. (2010). *The “Survivor Moms’ Companion”: A PTSD-specific psychoeducation pilot intervention for childbearing*. [Poster presentation]. Merrill Palmer Skillman Institute at Wayne State University annual student symposium, Detroit, Michigan. Honored with first place award. Also presented to the 22<sup>nd</sup> Annual Albert J. Silverman Research Conference, “Maternal Psychiatric Risk Impact on Public Health,” hosted by the University of Michigan Department of Psychiatry (2011).

\*Cameron, H., Sperlich, M., & Seng, J. S. (2010). *The effectiveness of a pilot intervention program: Trauma and the childbearing year*. [Poster presentation]. University of Michigan School of Public Health poster symposium, Ann Arbor, Michigan.

Sperlich, M. (2010, June). *Survivor moms and breastfeeding*. [Guest lecture]. Healthy Mothers Healthy Babies Coalition annual conference, Mt. Pleasant, Michigan.

Seng, J., & Sperlich, M. (2005, October). *Narratives of trauma-related concerns in childbearing and early mothering*. [Guest lecture]. Michigan Association of Infant Mental Health Conference, Ann Arbor, Michigan.

### **Invited**

#### **Research-based**

Sperlich, M. (2024, October). *Trauma informed care and professional boundaries*. [Virtual keynote presentation]. Association of Perinatal Networks 7<sup>th</sup> Annual Community Health Worker and Home-Visiting Summit.

Sperlich, M., & Logan-Greene, P. (2024, May). *Engaging social workers to intervene to reduce gun violence risk*. [Research continuing education presentation]. Buffalo Center for Social Research Grand Rounds, Buffalo, NY.

Sperlich, M. (2023, October). *Trauma informed care for the perinatal period*. [Virtual presentation]. University at Buffalo Jacobs School of Medicine and Biomedical Sciences/Department of Obstetrics & Gynecology Grand Rounds.

Sperlich, M. (2023, October). *Effects of maternal depression on parent/infant interaction*. [Virtual keynote presentation]. Association of Perinatal Networks 6<sup>th</sup> Annual Community Health Worker and Home-Visiting Summit.

Sperlich, M. (2022, May). *Trauma informed care in the perinatal space*. [Virtual presentation]. University of Illinois Administrative Perinatal Network Annual Conference: Born Unequal – Narrowing the Gap.

Sperlich, M., \*Bascug, E., & \*Zhou, Q. (2022, April). *Co-Creating Well-Being/ Supporting children and families through trauma: A qualitative exploration of capacity building and community engagement*. [Research continuing education presentation]. Buffalo Center for Social Research Grand Rounds, Buffalo, NY.

Sperlich, M. (2022, March). *Advancing trauma-informed care for the childbearing year*. [Guest presentation]. Wayne State University, Merrill Palmer Skillman Institute Winter 2021-2022 Colloquium Series, Detroit, Michigan.

Sperlich, M. (2022, March). *Trauma informed care in the perinatal period: Implications for families with premature and low birth weight infants*. [Opening session presentation]. California Association of Neonatologists 28<sup>th</sup> Annual Conference, Cool Topics in Neonatology, San Diego, CA.

Sperlich, M. (2022, February). *Trauma and trauma-informed care in the perinatal period*. [Featured Virtual Conference Presentation/Panel Member]. University of Minnesota Women’s Health Research Conference.

Sturman, S., Sperlich, M., Bakk, L., & Koury, S. (2021, September). *“Is this the place for me?”: Development of an immersive Virtual Reality Learning Environment that integrates trauma informed principles into human service agency settings*. [Research presentation]. Buffalo Center for Social Research Grand Rounds, Buffalo, NY.



- Sperlich, M., Brown, L., Lyons, A., & Manney, K. (2021, June). *The Survivor Moms' Companion: Trauma-specific perinatal psychoeducation in a community-based setting*. [Virtual conference plenary session]. New York State Perinatal Association Perinatal Partnership (Virtual) Conference: Multidisciplinary Approaches to Perinatal Trauma: Advancing Understanding and Healing.
- Sturman, S., Sperlich, M., Bakk, L., & Koury, S. (2021, March). *"Is this the place for me?": Development of an immersive Virtual Reality Learning Environment that integrates trauma informed principles into human service agency settings*. [Invited virtual presentation]. Digital Scholarship Studio and Network Workshop, University at Buffalo, Buffalo, NY.
- Bakk, L., Sperlich, M., Sturman, S., Horne, D.M., Sage, M., & Hitchcock, L. I. (2021, March). *Using virtual reality in an online DSW program: An exploratory study to increase social presence*. [Virtual presentation]. Digital Scholarship Studio and Network Workshop, University at Buffalo, Buffalo, NY.
- Sperlich, M., & \*Finucane, A. (2021, February). *Defining trauma: A variety of perspectives*. [Research continuing education presentation]. Buffalo Center for Social Research Grand Rounds, Buffalo, NY.
- Law, C., Wolfenden, L., Sperlich, M., & Taylor, J. (2020, November). [Virtual conference presentation]. *Developing trauma informed maternity and perinatal mental health services*. Blackpool Better Start's 2020 Annual Conference: 'Five years of a better start: Our successes, our learning, our vision for the future.
- Sperlich, M. (2020, April). *Addressing childhood trauma through trauma-focused teaching education*. [Keynote address]. New York State Association of Early Childhood Teacher Educators annual higher education conference, Syracuse, NY. <https://www.nysaecte.org/news--events> (Conference canceled)
- Sperlich, M. (2020, February). *Integrating a trauma informed perspective into perinatal care*. [Guest lecture]. Doctorate of Nursing Practice course, WHNM6507: Integrated Women's Health, Nurse Midwifery Theory and Practicum 7, Rutgers University, Newark, New Jersey.
- Law, C. & Sperlich, M. (2019, February). *Trauma matters: Understanding the impact of early adversity*. [Workshop presentation]. Early Years Practitioners, Blackpool, UK.
- Sperlich, M. (2019, March). *Perinatal trauma informed practices for women who have experienced trauma: How listening to women can help us create effective interventions for those in need*. [Online presentation]. Association for Prenatal and Perinatal Psychology and Health's online educational program of experts, funded by the Carol and Kent H. Landsberg Foundation. Association for Prenatal and Perinatal Psychology and Health, USA.
- Sperlich, M. (2018, October). *Into the light: Responding to sexual violence*. [Keynote address]. University of Rochester Medical Center Department of Social Work and Patient and Family Services annual conference, Rochester, NY.
- Sperlich, M. (2018, September). *Adverse childhood experiences: How they impact a child's development*. [Keynote address]. Junior League of Buffalo's Centennial symposium, Buffalo, NY.
- Sperlich, M. (2018, July). *Surviving to thriving: Transforming intergenerational cycles of violence, risk, and vulnerability*. [Webinar address]. American Association of Birth Centers membership.
- Sperlich, M., & \*Finucane, A. (2018, April). *The Survivor Moms' Companion: Psychoeducation and support for the childbearing year*. [Research presentation]. Buffalo Center for Social Research Grand Rounds, Buffalo, NY.
- Sperlich, M., & Law, C. (2017, October). *Trauma-informed care*. [Workshop presentation]. UK's Blackpool Better Start Third Annual Conference for Early Years Professionals, Blackpool, UK.
- \*Walters, C., Sperlich, M., Polmanteer, R., & Ely, G. (2017, October). *The cloak of silence: A qualitative examination of abortion stories*. [Research presentation]. Buffalo Center for Social Research Grand Rounds, Buffalo, NY.

- Sperlich, M. (2017, October). *Surviving to thriving: Transforming intergenerational cycles of violence, risk, and vulnerability*. [Keynote address]. American Association of Birth Centers 11<sup>th</sup> Annual Birth Institute, Anchorage, Alaska.
- Sperlich, M. (2017, October). *Trauma-informed care for midwives*. [Breakout session presentation]. American Association of Birth Centers 11<sup>th</sup> Annual Birth Institute, Anchorage, Alaska.
- Sperlich, M. (2017, March). *Gender and mental health*. [Chair of paper presentation session]. International Conference on Nurturing Global Mental Health, Amrita Vishwa Vidyapeetham University, Coimbatore, India.
- Sperlich, M. (2017, March). *Community mental health/ Social change and mental health*. [Chair of paper presentation session]. International Conference on Nurturing Global Mental Health, Amrita Vishwa Vidyapeetham University, Coimbatore, India.
- Sperlich, M. (2017, March). *LGBT and mental health*. [Panel presentation]. International Conference on Nurturing Global Mental Health, Amrita Vishwa Vidyapeetham University, Coimbatore, India.
- Sperlich, M. (2016, November). *Trauma-informed perinatal interventions: Addressing intergenerational cycles of abuse and psychiatric vulnerability*. [Guest lecture]. University at Buffalo School of Public Health and Health Profession/Department of Epidemiology and Environmental Health's Seminar Series, Buffalo, New York.
- Sperlich, M. (2015, February). *Traumatic stress and the childbearing year*. [Guest presentation]. Wayne State University, Merrill Palmer Skillman Institute Winter 2015 Colloquium Series, Detroit, Michigan.
- Sperlich, M. (2013, September). *The influence of trauma on pregnancy, birth, and the early postpartum period*. [Workshop presentation]. Wayne State University, Merrill Palmer Skillman Institute for Child and Family Development's 2013 Explorations in Development conference, "Reducing Infant Mortality: Emerging Trends in Prevention and Developmentally Informed Care," Lathrup Village, Michigan.
- Sperlich, M. (2012, October). *Addressing the intergenerational transmission of abuse and psychiatric vulnerability*. [Doctoral fellow presentation]. Merrill Palmer Skillman Institute National Steering Committee Meeting.
- Sperlich, M. (2011, 2012, 2013, 2014). *Traumatic stress: Implications for intrapartum nursing*. [Guest lectures]. University of Michigan School of Nursing Intrapartum Graduate Seminar, Ann Arbor, Michigan.
- Sperlich, M. (2011, September). *The Survivor Moms' Companion: A posttraumatic stress-specific psychoeducation program for pregnant survivors of childhood maltreatment and sexual trauma*. [Guest lecture]. Second International Meeting on Indigenous Women's Health, sponsored by the University of New Mexico, School of Medicine, Albuquerque, New Mexico.
- Sperlich, M. (2010, February). *Traumatic stress and childbearing*. [Guest lecture]. Turning Point All Staff meeting in Mt. Clemens, Michigan.
- Sperlich, M. (2010, January). *Traumatic stress and childbearing*. [Guest lecture]. University of Michigan School of Nursing Antepartum Graduate Seminar, Ann Arbor, Michigan.
- Sperlich, M. (2009, October). *Caring for survivor moms during labor and birth*. [Guest lecture]. University of Michigan Labor Support Conference, Ann Arbor, Michigan.
- Sperlich, M. (2009, September). *Survivor moms and breastfeeding*. [Guest lecture]. Michigan Mother-to-Mother Breastfeeding Initiative Program Peer Counselors meeting, Lansing, Michigan.
- Sperlich, M. (2009, March). *Survivor narratives*. [Round Table presentation]. Midwifery Today Conference, Eugene, Oregon.
- Sperlich, M. (2009, March). *Helping in the healing process: The Survivor Moms' Companion*. [Workshop presentation]. Midwifery Today Conference, Eugene, Oregon.

- Sperlich, M., & Tritten, J. (2009, March). *Nurturing a better future through birth*. [Co-presentation]. Opening General Session of the Midwifery Today Conference, Eugene, Oregon.
- Sperlich, M. (2009, March). *New research on traumatic stress and childbearing: Implications for survivor moms*. [Guest lecture]. Washington State University Graduate Psychology Colloquium, Vancouver, Washington.
- Sperlich, M., & Seng, J. (2008, October). *Survivor moms: Women's healing after sexual abuse*. [Co-presentation]. "Perspectives on Healing" series co-sponsored by the University of Michigan's Institute for Research on Women and Gender / School of Social Work, Ann Arbor, Michigan.
- Sperlich, M. (2008, May). *Survivor moms roundtables*. [Round table presentation]. Midwifery Today Conference "Hope and Healing: Collaborating to Bring Midwifery and Mental Health Care to Survivor Moms," Ann Arbor, Michigan.
- Sperlich, M. (2008, May). *Survivor moms: Narratives of both challenges and growth across the childbearing year*. [Workshop presentation]. Midwifery Today Conference "Hope and Healing: Collaborating to Bring Midwifery and Mental Health Care to Survivor Moms," Ann Arbor, Michigan.
- Seng, J., & Sperlich, M. (2008, May). *Hope and healing*. [Co-presenter]. Opening to the General Session for the Midwifery Today Conference "Hope and Healing: Collaborating to Bring Midwifery and Mental Health Care to Survivor Moms," Ann Arbor, Michigan.
- Seng, J., & Sperlich, M. (2007, September). *Perinatal PTSD: What is it? Why does it matter? What can we do?* [Co-presenter]. Western Michigan meeting of Maternity Health Support Services Professionals, Fremont, Michigan.
- Sperlich, M. (2007, September). *Narratives of trauma-related concerns in childbearing and early mothering*. [Guest lecture]. Annual Birth Network Conference and Expo: Mother-Friendly Childbirth; Making Safe, Satisfying Birth a Reality, Oakland University, Rochester, Michigan.
- Sperlich, M. & Seng, J. (2006, October). *Narratives of trauma-related concerns in childbearing and early mothering*. [Guest lecture]. University of Michigan Medical School Annual Child Abuse and Neglect Conference, Ypsilanti, Michigan.
- Sperlich, M. & Seng, J. (2006, May). *Caring for women with a history of sexual trauma*. [Guest lecture]. Center for the Childbearing Year Quarterly Forum series "With Women: Emerging Issues in Care for the Childbearing Year," Ann Arbor, Michigan.
- Sperlich, M. (2003, November). *Sexual abuse and pregnancy*. [Guest lecture]. Healthy Mothers, Healthy Babies Initiative meeting, Detroit, Michigan.
- Sperlich, M. (2003, May). *Caring with women with a history of sexual abuse*. [Guest lecture]. St. John Detroit Riverview Hospital Maternal / Child Services Conference, "Caring with Women," Grosse Pointe, Michigan.
- Sperlich, M. (2003, February). *Sexual abuse and pregnancy*. [Guest presentation]. Center for the Childbearing Year public forum, Ann Arbor, Michigan.
- Sperlich, M. (1998). *Care for the sexually abused midwifery client*. [Workshop presentation]. Michigan Midwives' Association Conference, Lansing, Michigan.
- Midwifery training & professional development
- Sperlich, M. *Getting published*. (2008, October). [Workshop presentation]. Midwives' Alliance of North America Annual Conference, Traverse City, Michigan.
- Sperlich, M. (2009, December, 2008, December, 2007, December, 2002, March). *Community - Based midwifery*. [Guest lectures]. University of Michigan Nurse-Midwifery Program, Ann Arbor, Michigan.
- Sperlich, M. (2007, July). *Neonatal loss*. [Guest presentation]. Center for the Childbearing Year/ Doula Care Program Meeting, Ann Arbor, Michigan.

Sperlich, M. (2004, October). *Negotiating hospital transports*. [Guest lecture]. Michigan Midwives Association Conference, Lansing, Michigan.

Sperlich, M. (2003, December). *Careers in complementary health care*. [Presentation panelist]. The Center for the Education of Women/University of Michigan, Ann Arbor, Michigan.

Sperlich, M. (2001, April). *Current professional challenges*. [Presentation panelist]. Michigan Midwives Association Conference, Lansing, Michigan.

Sperlich, M. (1998, April). *Prenatal skills I*. [Workshop presentation]. Michigan Midwives' Association Conference, Lansing, Michigan.

## **OTHER RESEARCH DISSEMINATION**

### **Reports**

Law, C., Wolfenden, L., **Sperlich, M.**, & Taylor, J. (2021, February). *A good practice guide to support implementation of trauma-informed care in the perinatal period*. White paper for the National Health Service England. <https://www.england.nhs.uk/publication/a-good-practice-guide-to-support-implementation-of-trauma-informed-care-in-the-perinatal-period/>

**Sperlich, M.**, & Mendel, W. (2017). *Surveying services and programs in WNY engaging women and children who have experienced trauma*. White paper for the Health Foundation of Western & Central New York. [https://hfwcnyc.org/wp-content/uploads/110-025\\_HFWCNY\\_TraumaScan\\_Online-2.pdf](https://hfwcnyc.org/wp-content/uploads/110-025_HFWCNY_TraumaScan_Online-2.pdf)

**Sperlich, M.** (2012). Summative evaluation of Matrix Human Services' "Readers are Leaders" primary prevention program: June 2008-June 2011.

### **Newsletters**

Schobert, C. (2023, January 26). *Interviewee for article*, UB experts offer insights on dealing with emotional trauma. UBNOW: The View. <https://www.buffalo.edu/ubnow/stories/2023/01/emotional-trauma.html>

**Sperlich, M.** (1993-1994). Boundary Waters: a series of articles on caring for sexually abused midwifery clients. *Michigan Midwives Association Newsletter*. Reprinted in the *Above a Whisper* newsletter in 1993 and the *Texas Midwives' Association* newsletter, 1994.

### **Blogs & Podcasts**

**Sperlich, M.** Featured guest for Journey to Midwifery podcast (2024, July). <https://open.spotify.com/episode/5tZdPDBeD8prjw751pNE9x>

**Sperlich, M.** Interviewee for Flame Bearers podcast about Paralympian Deja Young-Craddock and her journey with postpartum depression (2022, December). <https://link.chtbl.com/Deja>

Logan-Greene, P., **Sperlich, M.** (2022, April). *Leveraging social work to address gun violence: A call to action*. Blog post for the BulletPoints Project, California Firearm Violence Research Center. Available at: <https://www.bulletpointsproject.org/blog/leveraging-social-work-to-address-gun-violence/>

**Sperlich, M.** (2016, March). *Trauma-Informed care during the childbearing year*. Blog post for Prevention & Treatment of Trauma in Childbirth (PATtCh). Available at: <https://pattch.org/trauma%e2%80%90informed-care-during-the-childbearing-year/>

### **Professional Trainings**

**Sperlich, M.** (2024). Six half-day synchronous online training (June-July) for a variety of staff from perinatal service delivery agencies in Michigan, who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.

- Sperlich, M.** (2023). Six half-day synchronous online training (September-October) for a variety of staff from perinatal service delivery agencies in Michigan and New York, who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.
- Granner, J., & **Sperlich, M.** (2023). Six half-day synchronous online training (April-May) for staff from Michigan's Maternal Infant Health Program, who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.
- McDonald, C., & **Sperlich, M.** (2022). Six half-day synchronous online training (October-November) for staff from Michigan's Maternal Infant Health Program, who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.
- Sperlich, M.** & Seng, J. (2022). Six half-day synchronous online training (September - October) for a variety of staff from perinatal service delivery agencies in Michigan and Blackpool, UK, who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.
- Seng, J., & **Sperlich, M.** (2022). Six half-day synchronous online training (February - March) for a variety of staff from perinatal service delivery agencies in New York and Michigan who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.
- Seng, J., & **Sperlich, M.** (2021). Six half-day synchronous online training (March - April) for a variety of staff from perinatal service delivery agencies in Chicago, Ill., who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings.
- Seng, J., & **Sperlich, M.** (2020). Three-day training (March) for a variety of staff from perinatal service delivery agencies who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings, Ann Arbor, MI.
- Seng, J., & **Sperlich, M.** (2019). Three-day training (November) for a variety of staff from perinatal service delivery agencies who will serve as tutors for the Survivor Moms' Companion intervention in a variety of settings, Ann Arbor, MI.
- Sperlich, M.** (2019). Two-day training (June) for Community Health Workers who will serve as tutors for the Survivor Moms' Companion Implementation project at the Buffalo Prenatal-Perinatal Network in Buffalo, New York.
- Sperlich, M.** (2018). Two-day training (April) for Community Health Workers who will serve as tutors for the Survivor Moms' Companion Implementation project at the Buffalo Prenatal-Perinatal Network in Buffalo, New York.
- Sperlich, M.** (2016). Two-day training (April) for Infant Mental Health Specialists who will serve as tutors for the Survivor Moms' Companion, Postpartum Version pilot intervention at the Guidance Center in Detroit, Michigan.
- Sperlich, M.** (2016). Two-day training (May) for Social Workers who will serve as tutors for the Survivor Moms' Companion, Prenatal Version pilot intervention at the National Society for the Prevention of Cruelty to Children/Better Start Initiative in Blackpool, England.

### **Webinars**

- Sperlich, M.** & Logan-Greene, P. (2022). Webinar (April) on *The Role of Social Workers in Firearm Injury Prevention* for the BulletPoints Project, California Firearm Violence Research Center. Available at: <https://www.bulletpointsproject.org/resource/episode-11-the-role-of-social-workers-in-firearm-injury-prevention/>
- Sperlich, M.** & Mendel, W. (2020). Online Learning Module on *Talking about Trauma with Clients & Community*, as part of the Health Foundation for Western & Central New York's "Co-Creating Well-being: Supporting Children & Families through Trauma" initiative, Buffalo, NY. Available at: <https://www.cocreatingwellbeing.com/module/clients-tic>

**Sperlich, M.**, Mendel, W., Bauer Walker, J, Hassan, D. (2019). Webinar (July) on *Trauma Informed Care, Diversity, Equity, & Inclusion*, as part of the Health Foundation for Western & Central New York's "Co-Creating Well-being: Supporting Children & Families through Trauma" initiative, Buffalo, NY.

**Sperlich, M.** (2019). Guest Interview (December) for New York State Association for Infant Mental Health's Breakfast for Babies quarterly webinar, Roslyn, NY.

### **Television**

**Sperlich, M.** (2023, February 16). Interviewed live for evening news program by Jacquie Walker for WIVB about infant mental health perspectives.

### **Virtual Reality**

Co-inventor with Sturman, S., Bakk, L., & Koury, S., of a Trauma-Informed Virtual Reality Learning Environment (VRLE) (UB Technology Transfer # 030-7448), (2020). This VRLE allows users to be immersed in a human services agency in order to evaluate the application of trauma informed principles.

### **AWARDS**

2025	Award for Excellence, National Association of Perinatal Social Workers
2023	Distinguished Fellow, National Academies of Practice (NAP) in Social Work.
2023	SUNY Effective Online Practices Award, 1 <sup>st</sup> Place. For Sturman, S., Sperlich, M., & Bakk, L. (2023) Making it real: Integrating immersive VR across the University at Buffalo Doctorate of Social Work Program.
2023	SUNY Online Teaching Ambassador, Nominated by the University at Buffalo Educational Design Collaborative
2022	Excellence in Research Award, Faculty Level, Buffalo Center for Social Research, University at Buffalo School of Social Work
2020-2022	Buffalo Center for Social Research Faculty Federal Grant Development Program Selectee
2020	UUP Professional Development Award for conference travel (\$675; declined due to conference cancellation due to COVID-19 pandemic)
2013-2014	Merrill Palmer Skillman Institute Graduate Fellow, Detroit, MI
2013-2014	Wayne State University Graduate School Graduate-Professional Scholarship Award
2014	Wayne State University Graduate School/School of Social Work Doctoral Student Conference Travel Award
2014	Wayne State University Faculty Teaching Travel Grant for the presentation " <i>Defining Trauma after DSM-5: Theoretical Perspectives on Trauma Exposure in Childbearing Women</i> " to the Council for Social Work Education Annual Program Meeting in Tampa, FL
2012-2013	Merrill Palmer Skillman Institute Graduate Fellow, Detroit, MI
2012-2013	Wayne State Thomas C. Rumble University Graduate Fellowship
2010-2011	Pre-doctoral trainee, Merrill Palmer Skillman Institute, Wayne State University
2011-2012	Wayne State Thomas C. Rumble University Graduate Fellowship
2010-2011	Wayne State University Graduate School Graduate-Professional Scholarship
2010-2011	Wayne State University Graduate Research Fellowship

- 2011 Wayne State University Graduate School Fellowship Writing Boot Camp Award for successful submission of federal grant, Ruth L. Kirschstein National Research Service Awards for Individual Predoctoral Fellows (NRSA)
- 2011 Omicron Omicron Chapter of the Phi Alpha National Society for Social Work, December

## **HONORS**

- 2019 2019 Best of JOGNN Award for the article “Gestational and postnatal cortisol profiles of women with Posttraumatic Stress Disorder and the Dissociative Subtype” (Seng, Li, King, Kane Low, Sperlich, Rowe, Lee, Muzik, Ford, & Liberzon, *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 47, 12-22, 2018).
- 2018 Certificate of Achievement as one of the top downloaded papers between January 2017 and December 2018 in *Journal of Midwifery and Women's Health* for the paper “Integrating trauma-informed care into maternity care: Conceptual and practical issues.” (Sperlich, M., Seng, J., Yang, L., Taylor, J., & Bradbury-Jones, C. *Journal of Midwifery and Women's Health*, 62(6), 661-672.)
- 2015 Honorable Mention, Society for Social Work and Research Outstanding Social Work Doctoral Dissertation Award
- 2014 Finalist for the Journal of Midwifery & Women's Health (JMWH) Best Research Article Award, for the article “Child abuse history, posttraumatic stress disorder, postpartum mental health, and bonding: A prospective cohort study” (Seng, Sperlich, Kane Low, Ronis, Muzik, & Liberzon. *Journal of Midwifery & Women's Health*, 58, 57-68.)
- 2012 Wayne State University School of Social Work's Elizabeth N. Brehler Scholar's Award, for the manuscript, *Asking Why: Confronting Child Sexual Abuse*
- 2012 Best Violence Research, *Psychology of Violence* Award for the article “Marginalized identities, discrimination burden, and mental health: Empirical exploration of an interpersonal-level approach to modeling intersectionality,” (Seng, Lopez, Sperlich, Hamama, & Meldrum. *Social Science & Medicine*, 75(12), 2437-2445).
- 2011 Third Place, Wayne State University Graduate Student Poster Exhibit, for the poster, *depression in a community sample of pregnant women* (Sperlich, M., & Seng, J. S.)
- 2010 First Place, Merrill Palmer Skillman Institute Annual Student Symposium, for the poster, *The “Survivor Moms’ Companion:” A PTSD-specific psychoeducation pilot intervention for childbearing* (Sperlich, M., Cameron, H., & Seng, J. S.)
- 2008 Book of the Year, American College of Nurse Midwives and Elsevier Publishing Award for *Survivor Moms: Women's Stories of Birthing, Mothering, and Healing after Sexual Abuse* (Sperlich & Seng)

## **PROFESSIONAL MEMBERSHIPS**

- 2025-Present Board Member, National Association of Perinatal Social Workers
- 2023-Present National Association of Perinatal Social Workers
- 2020-Present Vice President and Director of Programming, Growing Forward Together 501c3
- 2019-Present International Society for Traumatic Stress Studies
- 2016-Present Society for Research on Child Development
- 2014-2015 Suicidality Research Group, Wayne State University

2010-Present	National Association of Social Workers
2013-Present	Michigan Association for Evaluation
2012-Present	Marcé of North America (formerly Perinatal Mental Health Society)
2012-Present	Council on Social Work Education
2013-Present	Society for Social Work Research
2013-Present	Michigan Association for Infant Mental Health
2016-Present	New York State Association for Infant Mental Health
1982-Present	Past Board Member - Michigan Midwives Association
1992-Present	Midwives' Alliance of North America
1992-Present	Midwife, Michigan Midwives' Association
1995-Present	Certified Professional Midwife – North American Registry of Midwives

## **UNIVERSITY TEACHING EXPERIENCE**

### **University at Buffalo School of Social Work, State University of New York, September 2015-current**

- Doctoral Seminar in Research Interventions (SW 664; graduate level, PhD program; hybrid online/seated)
- Doctoral Seminar in Trauma & Human Rights (SW 626; graduate level, DSW program; online with synchronous sessions)
- Perspectives on Trauma and Human Rights: Contemporary Theory, Research, Policy, and Practice (SW 542; graduate level; hybrid online/seated)
- Working with Adult Survivors of Sexual Abuse (SW 589; graduate level; online with synchronous sessions)
- Introduction to Infant Mental Health (SW 727; graduate level; hybrid online/seated)

### **Wayne State University School of Social Work, April 2013-May 2015**

- Application of DSM Assessment System in Social Work Practice (SW 8115; graduate level, seated)
- Research Methods in Social Work 2 (SW 7830; graduate level, seated)
- Research Methods, Data Analysis, and Practice Evaluation I (SW 3810; undergraduate level, seated)
- Research Methods, Data Analysis, and Practice Evaluation II (SW 4810; undergraduate level, seated)
- Using and Conducting Research in Social Work (SW 7810; graduate level, seated)

### **University of Michigan School of Social Work, September 2014-December 2014**

- Statistics in Policy Analysis and Evaluation (SW 673; graduate level, seated)

## **Research Supervision**

### **University at Buffalo/School of Social Work**

Dissertation Committee Chair and Advisor, Social Work PhD student/Graduate Assistant Emily Chambers, September 2024-current.

Dissertation Committee Chair and Advisor, Social Work PhD student/Graduate Assistant EunSook Seong, September 2023-current



Dissertation Committee Chair and Advisor, Social Work PhD student Samantha Williams, September 2022-current, passed oral comprehensive exams, 2/27/2024

Dissertation Committee Chair and Advisor, Social Work PhD student/Graduate Assistant Ogechi Kalu, September 2022-current, passed oral comprehensive exams with distinction, 3/31/2025

Dissertation Committee Member, Social Work PhD student Nicole Capozziello, "Seeding justice: A participatory study of a prison gardening program," September 2021-current, passed oral comprehensive exams with distinction, 5/22/2022, successfully defended December 13<sup>th</sup>, 2024

Dissertation Committee Member, Social Work PhD student Beth Tripi, "Understanding and enhancing collaboration across outpatient children's mental health care service delivery models in a county-level system of care," September 2021-July 2024, passed oral comprehensive exams, 8/16/2022, successfully defended July 19<sup>th</sup>, 2024

Dissertation Committee Chair, & Advisor, PhD Student/Graduate Assistant Connor Walters, July 2018-April 2022 (also Research Assistant, August 2019-December 2019)

Supervisor, Social Work PhD Student/Research Assistant Erin Bascug, August 2019-April 2022

Academic Advising, 10-20 MSW students during each academic year, September 2015-August 2022

#### University at Buffalo/School of Nursing

Dissertation Committee Member, Nursing PhD student Stephanie Durfee, "Evaluating prenatal care utilization through health information exchange: A comparative analysis of rural and urban disparities in access and social need," September 2024-current, passed comprehensive examination December 20, 2024.

Dissertation Committee Member, Nursing PhD student Sabrina Schwartz, "Bonding in neonatal intensive care unit (NICU) among mothers and newborns," 2020-2022, successfully defended on August 27<sup>th</sup>, 2024

Dissertation Committee Member, Nursing PhD student Margaret Doerzbacher, "Barriers and facilitators of breastfeeding in women on opioid maintenance therapy," 2019-2022, successfully defended May 5<sup>th</sup>, 2022

#### University at Buffalo/Department of Educational Leadership and Policy

Dissertation Committee Member, Higher Education PhD student Joshua Hine, "Examining the relationship between discipline-specific culture in graduate education and graduate student-parent experiences," January 2025-current

#### Queen's University, Ontario, CA

Dissertation Committee Member, Health Quality PhD student Kristen Bigelow-Talbert, "Developing quality improvement recommendations based on the lived experiences of birth trauma for mothers in Vermont and New Hampshire (USA). Feminist phenomenology study followed by quality improvement analysis," 2024-current, passed dissertation proposal defence March 13<sup>th</sup>, 2025.

#### Colorado School of Public Health

Dissertation Committee Member, Doctor of Public Health (DrPH) student Chelsea Walker-Mao, "Psychological birth trauma and negative effects on health and well-being," 2024-current, successfully passed comprehensive examination 4/3/2025

#### University of Michigan

Mentor, Doctorate in Nursing Practice student Adrienne Solis-Sherman, DNP residency project to create a training for perinatal professionals regarding trauma-informed self-care, January 2021-April 2022

Mentor, Doctorate in Nursing Practice student Samantha Torres, DNP residency project to create psychoeducational materials for journal clubs for professionals related to perinatal trauma and recovery, January 2021-April 2022

Mentor, Doctorate in Nursing Practice student Kayla Lemarbe, DNP residency project to create psychoeducational materials for professionals related to trauma-informed pain management in labor and delivery, January 2021-April 2022

Clarkson University

Advisor, Kayla Jurchak, Psychology student and McNair Scholar, McNair Fellowship Project, “Congruency adaptations of the Survivor Moms’ Companion/postpartum version,” summer 2018

University of North Carolina at Chapel Hill

Dissertation Committee Member, Brooke Lombardi, Social Work PhD student, “Sexual victimization and the perinatal period: Recognizing and reducing retraumatization,” 2019 – 2021; passed dissertation defence with distinction December 13, 2021

Winston Churchill Memorial Trust

Host for Churchill fellow Clare Law, Development Manager at the Blackpool Centre for Early Child Development, fall 2017

Wayne State University

Advisor, Julie Lupo and Amy Runkle, BSW students, BSW Joint Honors Project, “Challenges for individuals aging out of the foster care system,” 2014-2015

Advisor, Mary Glass, BSW Student, BSW Honors Project, “Developing a resource manual for South Warren area homeless residents,” 2013-2014

Frontier Nursing University

External Content Expert for Lakieta Edwards Doctoral Capstone Project, “Sensitive care during the intrapartum period for multidisciplinary maternity health care providers,” 2014-2015

Seattle University College of Nursing

Reader for Katherine Eilers and Elina Frumkin, MSN Students, Scholarly Project, The antenatal effects of childhood sexual abuse: A systematic review,” 2012-2013

University of Melbourne, Australia

Thesis examiner, Nicola Frances Wylie, Master of Advanced Social Work candidate, “There’s more to care than just healing from incisions: Examining the healthcare experiences of gynaecology patients with a history of trauma,” January 2024.

The International Marcé Society for Perinatal Mental Health

Mentor, Olga Kilstein, psychology PhD doctoral student, International Marcé Society Mentorship Program, 2022-2023

New York State Public Health Corps Fellowship Program

Mentor, Lillian Draganac-Cardona, MACP, NYS Public Health Corps fellow, 2022-2023.

**Specialized Educational Programs**

Curricula

***“Trauma-Informed Parenting Education Support Guide for Use with Seeking Safety (TIPS)”*** by Mickey Sperlich, Erin Bascug, Chelsie Larson (with editing by Lisa Najavits, developer of Seeking Safety).

- Co-authored a manualized 8-module addendum to Seeking Safety for use with pregnant women and mothers with young children who are in recovery from trauma and addiction. (2019)

**“Survivor Moms’ Companion (SMC)”** by Julia Seng and **Mickey Sperlich** with Sara Dunbar.

- Co-authored a manualized 10-module psychoeducational intervention with client materials, including a low-literacy version, tutor manual, training program, learning outcomes, and dose-fidelity measures (2011).
- Spanish version completed (2012).
- MP3 Audioplay version completed (2012).
- SMC Postpartum Version completed 2013 by Rowe H, Fisher JRW, **Sperlich M**, & Seng JS with Elizabeth Nielson.
- Revised SMC prenatal and postnatal/early parenting version completed (2018/2019).

#### Pregnancy and Birth Preparation

- **Sperlich, M.** (2011). Designed a series of childbirth education classes for American Indian Health and Family Services in Detroit, Michigan. The classes were subsequently offered annually at AIHFS with additional sponsorship from the Detroit area *Healthy Start* and also *Alternatives for Girls* organizations.

#### ADDITIONAL EMPLOYMENT EXPERIENCE

2013	Dean’s Assignment, School of Social Work, Wayne State University, Detroit, MI  Summarized instrumentation and survey methodology and updated psychometric data for the CDC-funded project <i>Strengthening supports for healthy relationships: A Gender-sensitive, mixed methods analysis of protective factors for intimate partner violence</i> (Kernsmith, PI)
2011-2012	Internship, The Guidance Center, Kids-TALK Child Advocacy Center, Detroit, MI  Performed intake assessments with new clients and developed individualized treatment plans, and provided therapy for children with disclosed abuse, utilizing trauma-focused cognitive behavioral therapy techniques
2010-2012	Internship, Matrix Human Services, Readers are Leaders (RAL) Program, Detroit, MI  Assisted with mother-baby playgroups and parenting sessions in Southwest Detroit; assisted with home-visiting to perform developmental assessments for infants and toddlers, attended community organizing meetings to learn about issues and actions to promote civil rights for undocumented workers, prepared grant applications for RAL program funding, conducted an overall evaluation of the program.
2005-2011	Childbearing Studies Projects Manager, University of Michigan, Ann Arbor, MI  Project Director and/or Co-Investigator in Dr. Julia Seng’s lab at the Institute for Research on Women and Gender, working on several grant initiatives focused on the effects of traumatic stress on childbearing outcomes.
1987-2004	Certified Professional Midwife, New Moon Midwifery, Ann Arbor, MI  Provided prenatal, birth, and postpartum care in private practice partnership, serving women and families of southeast Michigan. Trained 12 women as midwife apprentices.
1985-1992	Childbirth Educator, Informed Birth and Parenting, Ann Arbor, MI  Taught childbirth classes to expectant families.

1985-1989                      Special Education Teacher, Washtenaw Intermediate School District, MI  
Placed, mentored, supervised and evaluated high-school aged students in district-wide community-based vocational training program. Taught job-seeking skills and fostered community placement sites for student instruction in hands-on employment skills.

## **SERVICE**

### **School of Social Work, University at Buffalo, Buffalo NY**

Member, MSW Admissions committee, University at Buffalo School of Social Work, Fall 2023 – current.

Member, Undergraduate committee, University at Buffalo School of Social Work, Fall 2023 – current.

Member, Research advisory committee, University at Buffalo School of Social Work, Fall 2022 – current.

Faculty Facilitator, University at Buffalo Online Interprofessional Forum (“Confronting Social Determinants of Health: An Interprofessional Strategy”) University at Buffalo, November 7<sup>th</sup>, 2024.

Faculty Facilitator, University at Buffalo Online Interprofessional Forum (“Improving Healthcare through Interprofessional Collaboration”) University at Buffalo, March 7<sup>th</sup>, 2024.

Faculty Facilitator, University at Buffalo Online Interprofessional Forum (“Confronting Social Determinants of Health: An Interprofessional Strategy”) University at Buffalo, November 3<sup>rd</sup>, 2022.

Faculty Facilitator, University at Buffalo Online Interprofessional Forum (“Confronting Social Determinants of Health: An Interprofessional Strategy”) University at Buffalo, November 4<sup>th</sup>, 2021.

Faculty Facilitator, University at Buffalo Online Interprofessional Forum (“Meet Fred Santiago”: Improving Healthcare through Interprofessional Collaboration) University at Buffalo, March 4<sup>th</sup>, 2021.

Faculty Facilitator, University at Buffalo Online 2020 Interprofessional Forum (“Confronting Opioid Use Disorder: An Interprofessional Strategy”) University at Buffalo, November 5<sup>th</sup>, 2020.

Interviewee, inSocialWork® podcast, *See Me, Feel Me, Touch Me, Heal Me: Virtual Reality and Social Work*. Drs. Louanne Bakek and Mickey Sperlich and Steven Sturman (released March 21<sup>st</sup>, 2023).

Interviewee, inSocialWork® podcast, *Social Work Practice and Gun Safety in the United States: Can Social Workers prevent gun violence?: Drs. Patricia Logan-Greene & Mickey Sperlich* (released September 11, 2020).

Interviewer, inSocialWork® podcast, *Trauma in the Age of the #MeToo Movement*, with Dr. Judith Herman (released August 26<sup>th</sup>, 2019 for fall anniversary episode).

Presenter, *Trauma and early attachment: An infant mental health perspective*. Three-hour continuing education workshop for the University at Buffalo School of Social Work Alumni, Hayes Hall, University at Buffalo, Buffalo, NY. (2019, February).

Interviewer, inSocialWork® podcast, *New Perspectives on Complex Posttraumatic Stress Disorder (PTSD) and Its Treatment* with Dr. Julian Ford (released July 30, 2018).

Faculty Facilitator, University at Buffalo Online Interprofessional Forum (“Meet Fred Santiago”: Improving Healthcare through Interprofessional Collaboration) University at Buffalo, March 12<sup>th</sup>, 2020.

Faculty Facilitator, University at Buffalo Interprofessional Education Day (“Confronting Opioid Dependence”) University at Buffalo, November 7<sup>th</sup>, 2016.

Panel Member, Reproductive Justice Round Table, University at Buffalo School of Social Work, April 19<sup>th</sup>, 2016.

Member, ad hoc committee on University at Buffalo School of Social Work Trauma-Informed Teaching, January 2016 – May 2016.

Member, Personnel committee, University at Buffalo School of Social Work, January 2016 – 2023.

**Clinical and Translational Science Institute, University at Buffalo, Buffalo NY**

Reviewer for the 2022 Cohort of Early-Stage Investigator Training Program review exchange program between the Pennsylvania State University Clinical and Translational Science Award and the Clinical and Translational Science Institute (CTSI) K-Scholar Program, University at Buffalo. January-February, 2022.

**Professional Service**

Member, 2025 Outstanding Social Work Doctoral Dissertation Award Review Committee. Society for Social Work Research (SSWR). October 2024.

Promotion and Tenure Reviewer, External Reviewer – Promotion to Associate Professor; Western University, July 2024.

Ad hoc reviewer, NIH study section, Special Emphasis Panel on Firearm Injury Prevention and Training. May-June 2024.

Guest Lecturer, Trauma Seminar (Dr. Nicole Fava, instructor), Robert Stempel College of Public Health & Social Work, Florida International University, March 12<sup>th</sup>, 2024

Guest Lecturer, Professional Development doctoral course (Dr. Gretchen Ely, instructor), University of Tennessee School of Social Work, Knoxville, February 20<sup>th</sup>, 2024

Chair, Pregnancy and Childbirth Panel, for [Our Bodies Ourselves \(OBOS\) Today](#), October 2024-current

Member, Content Expert in pregnancy and childbirth, for [Our Bodies Ourselves \(OBOS\) Today](#), January 2024-current

Invited participant, *Summit on Social Work's Role in Gun Violence Prevention*, to launch the agenda for a Grand Challenge related to firearm violence prevention. Sponsored by the University of Chicago Crown Family School of Social Work, Policy, & Practice, the University at Buffalo School of Social Work and the New York University Silver School of Social Work. Chicago, Ill., November 5, 2023.

Featured storyteller, Conference closing session, for the NYS Trauma Informed Network and Resource Center (TINRC) Join the Journey Conference, Lake George, NY, November 3, 2023.

Member, 2024 Outstanding Social Work Doctoral Dissertation Award Review Committee. Society for Social Work Research (SSWR). October 2023.

Reviewer of research submission, 2023, Swiss National Science Foundation.

Member, 2023 Outstanding Social Work Doctoral Dissertation Award Review Committee. Society for Social Work Research (SSWR). October 2022 – current.

Member, Technical Expert Panel, for systematic review, “Respectful Maternity Care (RMC): Dissemination and Implementation of Perinatal Safety Culture to Improve Equitable Maternal Healthcare Delivery and Outcomes.” This topic was nominated and funded by the Agency for Healthcare Research and Quality (Dr. Amy Cantor, PI). September 2022 – current.

Member, National Steering Committee to develop the *Specialized Practice Curricular Guide for Infant and Early Childhood Mental Health*. This guide is part of the 2015 EPAS Curricular Guide Resource Series, October 2019 – November 2022. Available at: [https://www.cswe.org/getattachment/a6144b4a-f7ea-4025-adb1-61a6d1de64bb/SpecializedPracticeCurricularGuide\\_IECMH\\_2015EPAS.pdf?lang=en-US](https://www.cswe.org/getattachment/a6144b4a-f7ea-4025-adb1-61a6d1de64bb/SpecializedPracticeCurricularGuide_IECMH_2015EPAS.pdf?lang=en-US)

**Journal Reviewing**

Reviewer, *Child & Youth Services*, January 2025-current

Reviewer, *BMC Health Services Research*, December 2024-current

Reviewer, *Maternal Child Health*, September 2024-current

Reviewer, *Cogent Arts & Humanities*, April 2024-current

Reviewer, *Frontiers in Psychiatry*, April 2024-current

Reviewer, *Depression & Anxiety*, March 2024-current

Reviewer, *Journal of Health Care for the Poor and Underserved*, March 2024-current

Reviewer, *Infant Mental Health Journal*, March 2024-current

Reviewer, *General Hospital Psychiatry*, March 2023-current

Reviewer, *BMC Pregnancy & Childbirth*, April 2023-current

Reviewer, *Journal of Trauma & Dissociation*, February 2023-current

Reviewer, *International Journal of Environmental Research and Public Health*, December 2022-current

Reviewer, *Plos One*, December 2022-current

Review Panel, *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, March 2022-current

Reviewer, *Midwifery*, September 2021-current

Reviewer, *Violence and Victims*, March 2021-current

Reviewer, *Western Journal of Nursing Research*, April 2021-current

Reviewer, *Families in Society*, December 2020-current

Reviewer, *Journal of Technology in Human Services*, December 2020-current

Reviewer, *Psychological Trauma: Theory, Research, Practice, and Policy*, November 2020-current

Reviewer, *Journal of Abnormal Psychology*, September 2020-current

Reviewer, *Archives of Women's Mental Health*, December 2019-current

Reviewer, *Social Work in Health Care*, July 2019-current

Reviewer, *Journal of Midwifery & Women's Health*, June 2019-current

Reviewer, *Developmental Psychobiology*, November 2018-current

Guest Co-Editor, *Health & Social Work* special issue on Social Work and Gun Violence, January 2018-November 2019

Reviewer, *Psychiatry Research*, April 2018-current

Reviewer, *Journal of Affective Disorders*, December 2016-current

Reviewer, *Journal of Women's Health*, September 2016-current

Reviewer, *Assessment*, September 2016-current

Reviewer, *Trauma, Violence, & Abuse*, September 2016-current

Reviewer, *Infant and Child Development*, September 2015-current

Reviewer, *Journal of Social Work Education (JSWE)*, July 2015-current

Reviewer, *BMC Women's Health*, May 2015-current

Reviewer, *Birth (Issues in Perinatal Care)*, January 2015 – current

Reviewer, *Journal of Clinical Psychiatry (JCP)*, March 2013-current

Graduate Student/Postdoctoral Fellow Editorial Review Board Member, *Child Maltreatment*, January 2012-Dec 2013

Reviewer, *Journal of the American Psychiatric Nurses Association (JAPNA)*, April 2011-current

**Community Service**

Member, Community Health Worker Allies and Academics Advisory Group, Erie County.

Sperlich, M. (2024, June). *Trauma in the perinatal period*. Invited presentation to the Chautauqua County Postpartum Mental Health Coalition.

Sperlich, M., Mendel, W., & Solis-Sherman, A. (2023, October). *Trauma informed self-care for perinatal health workers*. Presentation to the Starting Line Healthy Births and Thrive by Five Coalition “Starting with Ourselves” self-care design teams/hosted by United Way of Buffalo/March of Dimes.

Sperlich, M. (2023, January). *Trauma-informed and antiracist care for the perinatal period*. Invited presentation to the inaugural UZAZI Let’s talk about black maternal health “unconference,” Harriman Hall, University at Buffalo, Buffalo, NY.

Sperlich, M., Mendel, W., & Solis-Sherman, A. (2023, February). *Trauma informed self-care for perinatal health workers*. Presentation to the Erie County Medical Center Kensington Ob/Gyn clinic staff.

Sperlich, M. (2023, January). *Impact of violence during pregnancy and beyond*. Invited presentation to the staff at Resources and Help Against Marital Abuse (RAHAMA), Buffalo, NY.

Sperlich, M., Logan-Greene, P., St. Vil, C., & Lillvis, D. (March 2022 – current). Environmental scan of Erie County programs to prevent gun violence for the Erie County Task Force on Gun Violence Prevention.

Sperlich, M. (2023, January). *Trauma-informed care during pregnancy*. Invited presentation to the Perinatal Clinical Nurse Specialist Network second annual virtual conference.

Sperlich, M. (2022, October). *Impact of violence during pregnancy*. Invited presentation to the Niagara Falls Medical Center and the Child Advocacy Center of Niagara’s Safe at Home conference, Niagara, NY.

Sperlich, M., Finucane, A., & Amber, D. (2022, October). *Prenatal IMH: Supporting Infant and Early Childhood Mental Health - before the baby is even born!* Invited half day online training for the New York State Association for Infant Mental Health.

Sperlich, M. (2022, April). *Survivor Moms’ Companion; One approach to addressing perinatal trauma*. Invited virtual presentation to the WNY Postpartum Connection Quarterly Provider Meeting.

Sperlich, M., & Finucane, A. (2022, January). *The effects of trauma in the perinatal period*. Invited half day online training for the Iowa Association of Infant Mental Health.

Sperlich, M., & Finucane, A. (2021, September). *The impact of trauma: Mothers and babies in the perinatal period*. Invited half day online training for the Association of Infant Mental Health in Tennessee.

Sperlich, M. (2021, August). *Trauma and its effects on caregivers*. Invited training for the Praying Hands Ministries Church, Buffalo, NY.

Sperlich, M., & Finucane, A. (2020, November). *The impact of trauma: Mothers and babies in the perinatal period*. Invited full day online training for the New York State Association for Infant Mental Health.

Mendel W., & Sperlich, M. (2018, October). *Children, families, and trauma: What we need to know to support healing and resilience*. Two full-day trainings delivered as part of the Health Foundation for Western & Central New York’s “Co-Creating Well-being: Supporting Children & Families through Trauma” initiative, Ellicottville, NY and Buffalo, NY.

Sperlich, M. (2018, April). *Screening and panel discussion of documentary, “Resilience: The Biology of Stress & the Science of Hope.”* Panel discussion for Buffalo Child Care Resource Network’s “Week of the Young Child” public event, Buffalo, NY.

- Sperlich, M. (2018, March). *Pathways to School Readiness*. Panel discussant for joint public event focusing on barriers and opportunities facing young girls in WNY. Hosted by WNY Women's Foundation and the Health Foundation for Western and Central New York, Buffalo, NY.
- Sperlich, M. (2017, November). *Disrupting cycles of violence and psychiatric vulnerability during the childbearing year*. Three-hour presentation for the University at Buffalo School of Social Work Office of Continuing Education, Center for Tomorrow, University at Buffalo, Buffalo, NY.
- Sperlich, M. (2017, April). *Perinatal mental health*. Guest lecture to SUNY/University at Buffalo School of Social Work SW578/Gender Issues Seminar, Buffalo, NY.
- Sperlich, M. (2014-Present). Advisory Board Member, Prevention & Treatment of Trauma in Childbirth (PATTCh)
- Sperlich, M. (2016, September). *Overview of traumatic stress and pregnancy*. Guest Lecture for Michigan Childbirth Connections membership meeting, Troy, MI.
- Sperlich, M. (2016, February). *Overview of trauma-informed care*. Guest lecture for New York Harbor Health Care System, Department of Veterans Affairs, Buffalo, NY.
- Sperlich, M. (2016, February). *Trauma-informed care in the perinatal period*. Guest speaker to March of Dimes of Western New York Advisory Board Meeting, Buffalo, NY.
- Sperlich, M. (2015, October; 2016, October; 2017, October). *Family nursing with childbearing families: Considering the effects of trauma*. Guest lecture to SUNY/University at Buffalo School of Nursing Family Nursing Seminar, Buffalo, NY.
- Kubiak, S., & Sperlich, M. (2015, September; 2015, June; 2016, June). *Advancing clinical care of women affected by trauma, stress, substance use, and co-occurring mental health disorders*. Full-day presentations to the Wayne County Mental Health Authority and the Michigan Association of Community Mental Health Board.
- Sperlich, M. (2015, May). *Intrapartum care for survivors of abuse*. Presenter to the La Vida Partnership/Community Health and Social Services staff, CHASS Southwest Center, Detroit, Michigan

Updated: May 21<sup>st</sup>, 2025