

CURRICULUM VITAE

CONTACT

Tonya Myles-Day, DSW, LMSW
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EDUCATION

2024 Doctor of Social Work, Simmons University
Boston, Mass

2015 Master of Social Work, University at Buffalo,
State University of New York
Buffalo, N.Y.

2014 Bachelor of Science, Buffalo State University,
State University of New York, Cum Laude

PROFESSIONAL CREDENTIALS

2025-Present Minnesota State Licensed Graduate Social Worker (LGSW)

2016 - Present New York State Licensed Master Social Worker (LMSW)

EMPLOYMENT HISTORY

Academic Experience

8/2023 – Present Clinical Assistant Professor
University at Buffalo School of Social Work, Buffalo, NY

8/2019 – 5/2023 Full-time Lecturer/Field Faculty Liaison
Buffalo State University Social Work Department, Buffalo, NY

8/2018 – 8/2023 Adjunct Professor
University at Buffalo School of Social Work, Buffalo, NY

2/2019 – 8/2019 Research Specialist
University at Buffalo Jacobs School of Medicine, Buffalo, NY

8/2018 – 2/2019 Academic Counselor
University at Buffalo Science Technology Enrichment Program,
Buffalo, NY

1/2016 – 8/2018 Executive Director
University at Buffalo Buffalo-Area Engineering Awareness for
Minorities (BEAM), Buffalo, NY

Social Work Practice Experience

8/2018 – 8/2018 Individualized Care Coordinator
Child and Family Services, Buffalo, NY

- Evaluated client's medical, emotional, and social needs through comprehensive assessments.
- Coordinated with healthcare provider, client, and family to create a personalized care plan addressing both immediate health needs and long-term wellness goals. Maintained a caseload of 10-15 families.
- Tracked the progress of clients and families regarding goal attainment and monitored the effectiveness of the care plan.

6/2015 – 8/2018 Clinical Therapist
Best Self Behavioral Health, Buffalo, NY

- Conducted comprehensive assessments and diagnosed mental health conditions using standardized diagnostic criteria (DSM-5).
- Conducted weekly individual and family psychotherapy sessions for children and adolescents diagnosed with anxiety, depression, and family issues. Maintained a caseload of 50 or more clients.
- Delivered evidence-based interventions (trauma-informed care) to implement personalized treatment plans.
- Collaborated with interdisciplinary teams to ensure holistic care.

3/2012 – 6/2013 Child and Adult Care Food Program (CACFP) Supervisor
Child Care Resource Network, Buffalo, NY

- Oversaw the implementation and management of federally funded CACFP within childcare centers, adult care centers, and after-school programs.
- Managed meal count documentation, financial reporting, and claim reimbursement.
- Submitted timely and accurate reports to appropriate state agencies.
- Trained and supervised a staff of 7 on CACFP requirements.

AWARDS

- 2015 Minority Fellowship Program
 Council on Social Work Education
- 2014 Arthur A. Schomburg Fellowship
 University at Buffalo School of Social Work
- 2013 Rev. Dr. Robert E. Baines Scholarship
 Sandara Baines
- 2012 John R. Oshei Scholarship
 Community Foundation of Greater Buffalo

HONORS

- 2014 Nominated for President’s Medal of Outstanding Undergraduate Student,
 Buffalo State University
- 2014 Nominated for Excellence in Social Work Award
 Buffalo State University
- 2014 Phi Alpha Social Work Honor Society Inductee
 Buffalo State University
- 2009 Women Working to Save The Planet Award
 Unlimited Possibilities Overcoming Poverty Ministry Inc.

PROFESSIONAL MEMBERSHIPS

- 2015 – Present Council on Social Work Education (CSWE)
- 2015 – Present National Association of Social Workers (NASW)

SERVICE

Service to the University

- 2021 Faculty Facilitator, Interprofessional Forum. *Improving Healthcare
 Through Interprofessional Collaboration.*

Service to the School

- 2024 – Present Diversity Sequence Chair

- 2024 Faculty Facilitator, UB Students of Color/International Student Panel Discussion
- 2023 – Present Faculty Liaison for Racially Underrepresented Students
- 2023 – Present Master of Social Work Orientation
- 2021 Panelist, Global to Local Racial Justice Series, *America's Great Divide*.

Service to the Profession

- 2023 – Present Council on Social Work Education, Diversity and Justice Practice

Service to the Community

- 2024 – Present Member, Board of Directors
Breast Cancer Network of WNY
- 2024 – Present Sisters in Survival (Facilitator)
- 2022 – Present Mental Health Clinic, Zion Missionary Baptist Church (Facilitator)
- 2020 – Present Youth Mentor, Zion Missionary Baptist Church
- 2011 Obesity Initiative, Administrator, community collaboration with Kinesiology Department at Canisius College to promote structured physical activity for Head Start students through the utilization of interns. In-kind services valued at \$10,000 July 20, 2011 by Dr. Jeff Lindell.
- 2011 Obesity Initiative, Administrator, a community partnership with Dietetic Department at D'Youville College to promote nutritious food choice and healthy eating using interns. In-kind services valued at \$15,000 August 25, 2011, by Meghan Whelan R.D.

TEACHING

University at Buffalo

2023-2024

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| SW 555: Field Seminar | MSW, Online |
| SW 199: UB Seminar | Undergraduate, Seated |
| SW 505: Theories of Human Behavior and Development | MSW, Seated |
| SW 527: Interventions with Groups | MSW, Seated |

SW 130: Black Lives Matter: Building Racial Justice and Solidarity	Undergraduate, Seated
SW 503: Diversity and Oppression	MSW, Seated
SW 506: Theories of Organizational Behavior and Development	MSW, Seated and Online
SW 520: Intervention I	MSW, Seated
SW 520 Interventions I Lab	MSW, Seated

Buffalo State University

2020-2023

SW 496: Integrative Seminar I	Undergraduate, Seated
SW 493: Field Practicum I	Undergraduate, Seated
SW 494: Field Practicum II	Undergraduate, Seated
SW 422: Assessment and Engagement	Undergraduate, Seated
SW 423: Intervention Methods	Undergraduate, Seated

2019-2020

SW 422: Assessment and Engagement	Undergraduate, Seated
SW 423: Intervention Methods	Undergraduate, Seated
SW 424: Groups	Undergraduate, Seated
SW 220: Introduction to Social Work	Undergraduate, Seated
SW 301: Poverty and Public Policy	Undergraduate, Seated
SW 493: Field Practicum I	Undergraduate, Seated

RESEARCH

Grants Received

2019	Tonya Myles-Day (Principal Investigator). Ralph C. Wilson Jr. Foundation, “STEM 2035.” (\$50,000)
2019	Tonya Myles-Day (Principal Investigator) Say Yes Buffalo “Summer Program Grant.” (\$8,000)
2019	Tonya Myles-Day (Principal Investigator) Primetime Grant “At-Risk Summer Program.” (\$5,000)
2018	Tonya Myles-Day (Principal Investigator) Praxair Inc. “Robotics Grant.” (\$10,000)
2018	Tonya Myles-Day (Principal Investigator) Praxair Inc. “CAMP Girls Grant.” (\$6,000)
2018	Tonya Myles-Day (Principal Investigator) NASA “Rookie Robotics

Grant.” (\$6,000)

Manuscripts in Progress

1. **Myles-Day, T.**, (in progress) Advancing DEI in Academia: Anti-Racist Strategies for Breaking Down Implicit and Explicit Racism.

PRESENTATIONS

National Peer-Reviewed Presentations

1. Miller, B., Ball, A., **Myles-Day, T.**, Microaggressions Experienced by Employees of Human Service Agencies. Individual Presentation at 2022 NASW National Conference, Washington, D.C.

Other Presentations

Invited

1. **Myles-Day, T.** (2025, April). Diversity and why it matters [Presentation]. WNY Region, American Red Cross, Henrietta, NY.
2. **Myles-Day, T.** (2025, February). Bridging the Gap: Merging Indigenous Wisdom and Contemporary Perinatal Care. Presentation at Metropolitan State University of Denver. 6th Annual Mental & Behavioral Conference, Clashing Worldviews: Weaving Narratives of Healing and Well-being from an Indigenous Perspective.
2. Braden, L., **Myles-Day, T.** (2024, June). Listen: Aligning the Trauma-Informed Approach with Accessibility, Belonging, Diversity, Equity, Inclusion, and. *CTIPP*.
<https://www.ctipp.org/post/listen-aligning-the-trauma-informed-approach-with-accessibility-belonging-diversity-equity-incl>
3. Miah, T. & **Myles-Day, T.** (Mentor), (2021, May). Improving Mental Health for Inmates at the Erie County Holding Center. <https://digitalcommons.buffalostate.edu/srcc-sp21-hlthsw/1/>
4. TR Inaugural Site, **Myles-Day, T.** (2018, June). A Century of Social Work: From Jane Addams to Today Retrieved from <https://www.youtube.com/watch?v=LCEmSQ0t4Oc>