

## CURRICULUM VITAE

### CONTACT

Tonya Myles-Day, DSW, LMSW  
School of Social Work, University at Buffalo  
646 Baldy Hall  
Buffalo, New York 14260  
E: [tonyamyl@buffalo.edu](mailto:tonyamyl@buffalo.edu) P: 716-645-1275

### EDUCATION

2024 Doctor of Social Work, Simmons University  
Boston, Mass

2015 Master of Social Work, University at Buffalo,  
State University of New York  
Buffalo, N.Y.

2014 Bachelor of Science, Buffalo State University,  
State University of New York, Cum Laude

### PROFESSIONAL CREDENTIALS

2025-Present Minnesota State Licensed Graduate Social Worker (LGSW)

2016 - Present New York State Licensed Master Social Worker (LMSW)

### EMPLOYMENT HISTORY

#### Academic Experience

8/2023 – Present Clinical Assistant Professor  
University at Buffalo School of Social Work, Buffalo, NY

8/2019 – 5/2023 Full-time Lecturer/Field Faculty Liaison  
Buffalo State University Social Work Department, Buffalo, NY

8/2018 – 8/2023 Adjunct Professor  
University at Buffalo School of Social Work, Buffalo, NY

2/2019 – 8/2019 Research Specialist  
University at Buffalo Jacobs School of Medicine, Buffalo, NY

8/2018 – 2/2019	Academic Counselor University at Buffalo Science Technology Enrichment Program, Buffalo, NY
1/2016 – 8/2018	Executive Director University at Buffalo Buffalo-Area Engineering Awareness for Minorities (BEAM), Buffalo, NY

### **Social Work Practice Experience**

8/2018 – 8/2018	Individualized Care Coordinator Child and Family Services, Buffalo, NY
	<ul style="list-style-type: none"><li>• Evaluated client's medical, emotional, and social needs through comprehensive assessments.</li><li>• Coordinated with healthcare provider, client, and family to create a personalized care plan addressing both immediate health needs and long-term wellness goals. Maintained a caseload of 10-15 families.</li><li>• Tracked the progress of clients and families regarding goal attainment and monitored the effectiveness of the care plan.</li></ul>
6/2015 – 8/2018	Clinical Therapist Best Self Behavioral Health, Buffalo, NY
	<ul style="list-style-type: none"><li>• Conducted comprehensive assessments and diagnosed mental health conditions using standardized diagnostic criteria (DSM-5).</li><li>• Conducted weekly individual and family psychotherapy sessions for children and adolescents diagnosed with anxiety, depression, and family issues. Maintained a caseload of 50 or more clients.</li><li>• Delivered evidence-based interventions (trauma-informed care) to implement personalized treatment plans.</li><li>• Collaborated with interdisciplinary teams to ensure holistic care.</li></ul>
3/2012 – 6/2013	Child and Adult Care Food Program (CACFP) Supervisor Child Care Resource Network, Buffalo, NY
	<ul style="list-style-type: none"><li>• Oversaw the implementation and management of federally funded CACFP within childcare centers, adult care centers, and after-school programs.</li><li>• Managed meal count documentation, financial reporting, and claim reimbursement.</li><li>• Submitted timely and accurate reports to appropriate state agencies.</li><li>• Trained and supervised a staff of 7 on CACFP requirements.</li></ul>

**AWARDS**

2015                    Minority Fellowship Program  
                          Council on Social Work Education

2014                    Arthur A. Schomburg Fellowship  
                          University at Buffalo School of Social Work

2013                    Rev. Dr. Robert E. Baines Scholarship  
                          Sandara Baines

2012                    John R, Oshei Scholarship  
                          Community Foundation of Greater Buffalo

**HONORS**

2014                    Nominated for President's Medal of Outstanding Undergraduate Student,  
                          Buffalo State University

2014                    Nominated for Excellence in Social Work Award  
                          Buffalo State University

2014                    Phi Alpha Social Work Honor Society Inductee  
                          Buffalo State University

2009                    Women Working to Save The Planet Award  
                          Unlimited Possibilities Overcoming Poverty Ministry Inc.

**PROFESSIONAL MEMBERSHIPS**

2015 – Present        Council on Social Work Education (CSWE)

2015 – Present        National Association of Social Workers (NASW)

**SERVICE****Service to the University**

2021                    Faculty Facilitator, Interprofessional Forum. *Improving Healthcare  
Through Interprofessional Collaboration.*

**Service to the School**

2024 – Present        Diversity Sequence Chair

2024	Faculty Facilitator, UB Students of Color/International Student Panel Discussion
2023 – Present	Faculty Liaison for Racially Underrepresented Students
2023 – Present	Master of Social Work Orientation
2021	Panelist, Global to Local Racial Justice Series, <i>America's Great Divide</i> .

### **Service to the Profession**

2023 – Present	Council on Social Work Education, Diversity and Justice Practice
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### **Service to the Community**

2024 – Present	Member, Board of Directors Breast Cancer Network of WNY
2024 – Present	Sisters in Survival (Facilitator)
2022 – Present	Mental Health Clinic, Zion Missionary Baptist Church (Facilitator)
2020 – Present	Youth Mentor, Zion Missionary Baptist Church
2011	Obesity Initiative, Administrator, community collaboration with Kinesiology Department at Canisius College to promote structured physical activity for Head Start students through the utilization of interns. In-kind services valued at \$10,000 July 20, 2011 by Dr. Jeff Lindell.
2011	Obesity Initiative, Administrator, a community partnership with Dietetic Department at D'Youville College to promote nutritious food choice and healthy eating using interns. In-kind services valued at \$15,000 August 25, 2011, by Mehgan Whelan R.D.

### **TEACHING**

#### **University at Buffalo**

##### 2023-2024

SW 555: Field Seminar	MSW, Online
SW 199: UB Seminar	Undergraduate, Seated
SW 505: Theories of Human Behavior and Development	MSW, Seated
SW 527: Interventions with Groups	MSW, Seated

SW 130: Black Lives Matter: Building Racial Justice and Solidarity	Undergraduate, Seated
SW 503: Diversity and Oppression	MSW, Seated
SW 506: Theories of Organizational Behavior and Development	MSW, Seated and Online
SW 520: Intervention I	MSW, Seated
SW 520 Interventions I Lab	MSW, Seated

## **Buffalo State University**

### 2020-2023

SW 496: Integrative Seminar I	Undergraduate, Seated
SW 493: Field Practicum I	Undergraduate, Seated
SW 494: Field Practicum II	Undergraduate, Seated
SW 422: Assessment and Engagement	Undergraduate, Seated
SW 423: Intervention Methods	Undergraduate, Seated

### 2019-2020

SW 422: Assessment and Engagement	Undergraduate, Seated
SW 423: Intervention Methods	Undergraduate, Seated
SW 424: Groups	Undergraduate, Seated
SW 220: Introduction to Social Work	Undergraduate, Seated
SW 301: Poverty and Public Policy	Undergraduate, Seated
SW 493: Field Practicum I	Undergraduate, Seated

## **RESEARCH**

### **Grants Received**

2019	<b>Tonya Myles-Day</b> (Principal Investigator). Ralph C. Wilson Jr. Foundation, “STEM 2035.” (\$50,000)
2019	<b>Tonya Myles-Day</b> (Principal Investigator) Say Yes Buffalo “Summer Program Grant.” (\$8,000)
2019	<b>Tonya Myles-Day</b> (Principal Investigator) Primetime Grant “At-Risk Summer Program.” (\$5,000)
2018	<b>Tonya Myles-Day</b> (Principal Investigator) Praxair Inc. “Robotics Grant.” (\$10,000)
2018	<b>Tonya Myles-Day</b> (Principal Investigator) Praxair Inc. “CAMP Girls Grant.” (\$6,000)
2018	<b>Tonya Myles-Day</b> (Principal Investigator) NASA“ Rookie Robotics

Grant.” (\$6,000)

## Manuscripts in Progress

1. **Myles-Day, T.**, (in progress) Advancing DEI in Academia: Anti-Racist Strategies for Breaking Down Implicit and Explicit Racism.

## PRESENTATIONS

### National Peer-Reviewed Presentations

1. Miller, B., Ball, A., **Myles-Day, T.**, Microaggressions Experienced by Employees of Human Service Agencies. Individual Presentation at 2022 NASW National Conference, Washington, D.C.

### Other Presentations

#### Invited

1. **Myles-Day, T.** (2025, April). Diversity and why it matters [Presentation]. WNY Region, American Red Cross, Henrietta, NY.
2. **Myles-Day, T.** (2025, February). Bridging the Gap: Merging Indigenous Wisdom and Contemporary Perinatal Care. Presentation at Metropolitan State University of Denver. 6<sup>Th</sup> Annual Mental & Behavioral Conference, Clashing Worldviews: Weaving Narratives of Healing and Well-being from an Indigenous Perspective.
2. Braden, L., **Myles-Day, T.** (2024, June). Listen: Aligning the Trauma-Informed Approach with Accessibility, Belonging, Diversity, Equity, Inclusion, and. *CTIPP*.  
<https://www.ctipp.org/post/listen-aligning-the-trauma-informed-approach-with-accessibility-belonging-diversity-equity-incl>
3. Miah, T. & **Myles-Day, T.** (Mentor), (2021, May). Improving Mental Health for Inmates at the Erie County Holding Center. <https://digitalcommons.buffalostate.edu/srcc-sp21-hlthsw/1/>
4. TR Inaugural Site, **Myles-Day, T.** (2018, June). A Century of Social Work: From Jane Addams to Today Retrieved from <https://www.youtube.com/watch?v=LCEmSQ0t4Oc>