

TAKE CARE

Welcome to our new Take Care section, where we will share self-care resources — starting with this coloring page, designed by Front Porch Collaborative, depicting Baird Point and Lake LaSalle on UB North Campus. Take a break, get creative and share your work with us [@ubssw](https://twitter.com/ubssw) on social media. For more resources, check out our Self-Care Starter Kit at socialwork.buffalo.edu/self-care-kit.

