

## Trauma & Trauma-Informed Care Podcasts

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### [Dr. Sandra Bloom: The Sanctuary Model: A Trauma-Informed Approach to Treatment and Services](#)

Sandra L. Bloom, M.D., co-creator of the Sanctuary Model, discusses a trauma-informed approach to treatment and systems change. Dr. Bloom describes the paradigm shift needed to understand the psychobiology of trauma and its impact on recovery from mental illness.

### [Brian Farragher: The Sanctuary Model: Changing the Culture of Care](#)

Brian Farragher, executive vice president and chief operating officer of the Andrus Children's Center, discusses the impact of trauma and repetitive stress on staff and organizations and the quality of service they provide. Mr. Farragher presents the Sanctuary Model as an antidote to trauma and describes the process and outcomes of the organization-wide transformation to reflect Sanctuary Model principles at Andrus.



### [Dr. Nikki Wooten: Gender Differences Among Army Service Members in Substance Use Treatment Utilization During the Year Prior to Deployment](#)

In this episode, Dr. Nikki Wooten, herself an Army officer, describes her current research into the gender differences related to substance use treatment utilization of Army members in the year prior to their deployment. Her findings reveal the unique needs of women in our military, especially as they play an increasing role in our armed services.

### [Eda Kauffman: Clinical Supervision: Integrating a Trauma-Informed Lens](#)

In this episode, Eda Kauffman explains how she came to incorporating a trauma-informed lens into her work as a clinical supervisor. She describes how trauma-informed clinical supervision is different from traditional supervision. She also explores its use in social work field education.



### [Dr. Charles Figley: Veterans and PTSD: Time for a New Paradigm?](#)

In the one-year anniversary episode of our series, Dr. Charles Figley discusses the mental health and support needs of veterans and their families. Dr. Figley calls for a change in the way we conceptualize the deleterious psychological effects of combat on soldiers, from stress disorder to stress injury.



**Professor Susan Green and Dr. Thomas Nochajski: The Institute on Trauma and Trauma-Informed Care (ITTIC)**

In this episode, UB School of Social Work faculty members and co-directors Susan Green and Thomas Nochajski introduce the new Institute for Trauma and Trauma Informed Care. They describe the series of events and experiences that led to the development of the Institute and how the needs of the service delivery systems in the Buffalo area led to the development of, and continue to inform, the Institute's mission. Current activity and future plans are discussed.

**Dr. Carol Tosone: Shared Traumatic Stress: Challenges and Opportunities for Clinicians Living and Working in a Post-Disaster Environment**

Dr. Carol Tosone discusses shared traumatic stress, the experience of mental health clinicians dually exposed to a traumatic experience, both primarily as citizens and secondarily through the trauma narratives of their clients. Dr.



Tosone discusses results and implications of her research examining the long-term impact of 9/11 and Hurricane Katrina on Manhattan and New Orleans clinicians respectively. Implications include possible shifts in professional boundaries, including increased self-disclosure and therapeutic intimacy, as well as the need for training and self-care for clinicians living and working in a traumatogenic environment.



**Elaine Hammond: Burnout and Self-Care in Social Work** Burnout and compassion fatigue are significant concerns in professional social work. Either can leave social workers feeling angry, overwhelmed, drained, and/or powerless. This can lead to disengagement from client systems as well as the work.

To be effective and professional and develop in their work, social workers must learn the skills necessary to take care of themselves. In this podcast, Elaine Hammond uses a trauma-informed perspective to provide a paradigm for the creation of an individualized self-care strategy.

**Dr. Lenore Walker: The System is Broken: Challenges to Trauma-Informed Approaches with Parents and Children Affected by Domestic Violence**

In this episode, Dr. Lenore Walker discusses the current social, political, and legal dynamics that challenge a trauma-informed approach to the health and safety of children affected by domestic violence. Dr. Charles Ewing of the University at Buffalo Law School joins in the conversation.



**Lesley Barraball and Carlos Neves: Carizon: One Agency's Experience Integrating Trauma-Informed Care**

In 2013, two agencies (Kidslink, a children's mental health provider, and Mosaic Counseling, which offered a variety of services to children, men, and women) merged to form Carizon Family and Community Services. Our guests in this podcast explore the newly-formed agency's experience incorporating trauma-informed care into its treatment philosophy and provision of service.