BIBLIOGRAPHY on PROFESSIONAL SELF-CARE for SOCIAL WORKERS
(Adapted from materials very generously provided by Sandra A. Lopez, LCSW, ACSW)

Strategies for Promoting Professional Self-Care and Resilience


Impact of Helping:
Secondary/Vicarious Trauma and Retraumatization


(** A PDF of this article is available on the UB-SSW UBLearns Self-Care Website)


(** A PDF of this article is available on the UB-SSW UBLeans Self-Care Website)

**Impact of Helping: Burnout and Stress**


**Impact of Helping: Compassion Fatigue**


(** A PDF of this article is available on the UB-SSW UBLearns Self-Care Website)
Social Work Education


Social Work Settings

Child Welfare/Sexual Abuse


(** A PDF of this article is available on the UB-SSW UBLearns Self-Care Website)


**End of Life/Hospice/Grief**


**Family Social Work/Family Therapy/Family Violence**


**Gerontology/Health Care/Hospital/APS/AmS**


(** A PDF of this article is available on the UB-SSW UBLearns Self-Care Website)


**Mental Health/Natural Disasters/Terrorism**


Saakvitne, K. W. & Hudall-Stamm, B. (ND). Fostering resilience in response to terrorism among mental health workers. **APA Task Force on Resilience in Response to Terrorism**

(**A PDF of this article is available on the UB-SSW UBLearns Self-Care Website**


**Military**


**Schools**


**Standards of Practice**


(** A PDF of this article is available on the UB-SSW UBLearns Self-Care Website)**